

Sonya Zargami

Registered nurse/ medical surgical nurse since 2001 provided direct patient care as a charge and staff nurse

San Antonio, TX 78251

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Experienced in many aspects of nursing, including medical surgical, Neurosurgical rehabilitation, telemetry, wound care and detox behavioral nursing

Authorized to work in the US for any employer

Work Experience

Med surge/tele nurse

NuWest Group - El Paso, TX

September 2021 to Present

Coved - crisis assignment in university medical center in Elpaso

Night shift/ med surge -tele. Floating to different floors every night to help out with pandemic and take care of patient with respiratory distress on high flow, bipap and oxygen. Transfusing convalescent plasma, inserting IV , drawing labs, and many other nursing procedure that will help speed up patients recovery in this crisis situation in Elpaso.

Registered nurse

Loyal Source - New Orleans, LA

January 2021 to July 2022

Working at ochsner medical center main campus at tele/med surge, Pcu units taking care of patients with covid, transfusing convalescent plasma, administering respiratory treatments and in a mean time floating to different units in hospital including cardiac step down and progressive and oncology units. Working 60 hrs a week night shift.

Charge Nurse

Fairfax Behavioral Health - Kirkland, WA

July 2020 to October 2020

Here in Fairfax hospital as a traveler nurse through Newest company for 13 weeks assignment as a Charge nurse at night. My duties are providing guidance for staff at night. Making assignment for night shift. Taking care of patients going through detox and crisis related to that. Also taking care of patients with mental illnesses , personality and mood disorders.

Infection Control Nurse

San Antonio Behavioral Healthcare Hospital - San Antonio, TX

April 2020 to July 2020

Filled a infection control position for couple of months when company's infection control nurse was deployed to NY fro work in hospital there. Was a new experience for me. learned a lot about Covid and covid testing. I did infection tracking and testing for covid during that time.

Nursing Supervisor

City of Corpus Christi, TX - Corpus Christi, TX
October 2019 to July 2020

Inserting Iv, helping other nurses with their duties including blood transfusion, wound vac application, Iv meds , trach care, tube feedings, admissions, discharges

Charge Nurse

Laurel Ridge Treatment Center - San Antonio, TX
September 2016 to April 2020

Charge nurse at night shift. Working in military unit with combat officers suffering from ptsd and struggling with Detox and depression , and overseeing LVN's and mental health technician.

Registered Nurse, Medical/Surgical

American mobile
December 2015 to August 2016

Worked as a travel nurse/ Med surge nurse at Shannon medical center . My traveling contract was renewed twice by hospital administration due to providing excellent care to their patients.

Charge Nurse/ medical surgical nurse

Select Specialty Hospital - San Antonio, TX
March 2011 to August 2015

Charge nurse, staff nurse taking care of patients with vent . Stroke. Multiple wounds, wound vac dressing change, G tube . J tube , colostomy , urostomy.... Seizure and neurological. Disorder , hep lock Iv insertion, blood draw from central lines and other nursing skills including many computer charting skills

Registered Nurse, Medical/Surgical

Wilfred hall medical center - San Antonio, TX
March 2009 to August 2011

Staff nurses,medical surgical unit/Imcu
Working with medical/ surgical patients

Travel Nurse Assignment

American mobile
June 2008 to November 2008

Travel assignment christus Santa Rosa as a registered nurse/medical surgical nurse

Registered Nurse

Spaulding Hospital-Boston Cambridge associated with Harvard university - Boston, MA
September 2001 to March 2008

Staff and charge nurse at neuro stroke unit

- Evaluated nursing care delivered by other non-licensed student workers
- Assessed patient physical, social, language or mental needs
- Provided support services regarding treatments and administration of medication as ordered
- Continuously monitored patients' conditions
- Provided life-saving interventions
- Provided discharge planning

Education

Associated

Bunkerhill

Nursing Licenses

RN

Expires: May 2023

State: TX

RN

Skills

- Worked on med surge floor as charge and staff nurse for more than 5 years. Worked at pediatric home care in Massachusetts for more than a year. Worked at Nuro stroke units more than 10 years.. (10+ years)
- Worked as a traveler nurse/med surge nurse with American mobile nursing company for more than a year (1 year)
- Basic life support and advanced life support certification
- Detox nurse , working with opioid and alcohol addiction using ciwa and cows protocol for alcohol and opioid withdrawal (2 years)
- RN (10+ years)
- Staff Nurse/ med surge nurse (10+ years)
- Basic Math (10+ years)
- Acute Care (5 years)
- Nursing Experience (10+ years)
- Tube Feeding
- EMR Systems (5 years)
- PTSD Care (5 years)
- Experience Administering Injections (10+ years)
- Laboratory Experience (5 years)
- Critical Care Experience (4 years)
- Medication Administration (10+ years)
- Hospital Experience (10+ years)
- Nurse Management (2 years)
- Vital Signs (10+ years)
- Epic (2 years)
- Phlebotomy (6 years)
- Medical Records (1 year)
- Employee Orientation (2 years)
- Venipuncture (5 years)

- Home Care (5 years)
- Patient Care (10+ years)
- Nursing
- Behavioral Health
- Management
- Infection Control Training (1 year)
- Medical Imaging
- Transcription
- Crisis Intervention
- Cerner (3 years)
- Supervising Experience
- Caregiving
- Travel nursing
- Medical Office Experience
- Motivational interviewing
- English
- Multilingual
- Discharge planning

Languages

- Farsi, Turkish - Fluent

Certifications and Licenses

BLS for Healthcare Providers

September 2020 to October 2022

Basic life support

Advanced Cardiovascular Life Support (ACLS)

November 2022 to November 2024

BLS Certification

Assessments

Nursing Skills: Clinical Judgment — Proficient

November 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Proficient](#)

Nursing Aide Skills — Highly Proficient

November 2019

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Highly Proficient](#)

Nursing Skills: Clinical Judgment — Proficient

November 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Proficient](#)

Medical Terminology — Highly Proficient

November 2019

Understanding and using medical terminology

Full results: [Highly Proficient](#)

Electronic Medical Records: Best Practices — Highly Proficient

November 2019

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

First Aid — Highly Proficient

November 2019

Treating common medical emergencies.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SAMA training certificate

BLs

AcIs

Nihss