EDUCATION

Bachelor of Nutrition and Exercise Science University of Missouri GPA: 3.1/4.0

Bachelor of Science in Nursing Mercy College of Health Sciences GPA: 3.7/4.0

Doctor of Nursing Practice Candidate – Family Nurse Practitioner Clarkson College

PROFESSIONAL/CLINICAL EXPERIENCE

City Mobile Group - Hendrick Medical Center, *Abilene, TX* Travel Registered Nurse – Progressive Cardiac Care Unit Float Pool

Continually care and adapt to a wide patient population requiring cardiac t	elemetry and surgical interventions
St. Luke's Hospital, Kansas City, MO	September 2021 – February 2022
<u> Registered Nurse – Intensive Care Float Pool</u>	
• Assessed complex medical cases to deliver high quality patient care to criti	cally ill patients
Mercy Medical Center, Des Moines, Iowa	May 2021 – July 2021
<u> Nursing Preceptorship – Intensive Care Float Pool</u>	
Utilized critical thinking and evidenced-based nursing practice to strengthe	en nursing knowledge
University of Iowa Hospitals and Clinics, Iowa City, Iowa	January 2019 – July 2020
Cardiac Rehabilitation Specialist	
• Provided exercise assessments, coronary artery disease education, and sup	pervision of stress tests
Mercy Medical Center, Cedar Rapids, Iowa	September 2018 - January 2019
Cardiac Imaging Technician	
• Interpreted 12-lead electrocardiogram cardiac stress tests in collaboration	with nurse practitioners
Mercy Medical Center, Cedar Rapids, Iowa	June 2018 – January 2019
Exercise Specialist - Cardiac/Pulmonary Rehabilitation	
Constructed individualized exercise prescriptions based on diagnosis, elect	rocardiography, and vitals
Boone Hospital Center, Columbia, Missouri	January 2018 – May 2018
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Cardiac Rehabilitation Intern

• Monitored cardiac rehab patients utilizing electrocardiography, heart rate, and perceived exertion scale

CERTIFICATIONS

- AHA NIH Stroke Scale
- Iowa Board of Nursing Registered Nurse Multi State
- Advanced 12-lead Electrocardiogram Training
- American College of Sports Medicine Exercise Physiologist
- American Heart Association Basic Cardiac Life Support
- American Heart Association Advanced Cardiac Life Support

Graduation date: May 2018 Columbia, Missouri

Graduation date: August 2021 Des Moines, Iowa

February 2022 – Present

Anticipated graduation date: August 2025 Omaha, Nebraska