GLORIA CLARK

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PROFESSIONAL SUMMARY

Result-focused Intensive Care Nurse with 3 years of nursing experience. Exceptional background in providing complex clinical care for acutely ill Neuro and Medical ICU patients. Seeking a nursing position in an acute critical care setting where I can utilize my education and clinical experience while contributing to a growing organization and giving my all to take care of patients.

SKILLS

- BLS instructor
- Detail Oriented
- EPIC, MEDITECH, Cerner
- Experience
- Patient advocator
- Ventilation and Trach Care

- Precepting
- Triaging
- Extensive COVID crisis
- CRRT
- Critical Thinking

WORK HISTORY

Medical ICU - Travel Nurse / Angel Staffing - Chi St. Luke - Houston, TX / 01.2022 - 03.2022

- Conducted patient assessments, recorded vitals and analyzed records and charts to define care requirements.
- Delivered age-appropriate medical care for adult, adolescent and geriatric ICU patients.
- Monitored patients' respiratory status and ventilator operation and made adjustments to promote stabilization.
- Observed patients' vital signs and administered physicianprescribed medications and treatments.
- Delivered outstanding patient care in 2 critical care units.
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Trauma ICU - Travel Nurse / ProLink Healthcare - Community Regional - Fresno, CA / 08.2021 - 12.2021

• Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission.

- Triage multiple GSW within a 12 hour shift. Administered massive blood transfusions.
- Recorded patients' medical status and treatment details in electronic charts to accurately document medical care.
- Monitored patients' respiratory status and ventilator operation and made adjustments to promote stabilization.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Participated in evidence-based practice project implementation, nursing competency development and nursing simulation activities.

Cardiac ICU - Travel Nurse / AMI Travel - Monroe, LA / 08.2021 - 09.2021

- Assisted in diagnosis and treatment of conditions such as unstable angina, cardiomyopathy, coronary artery disease, and cardiac dysrhythmia.
- Administered medication, pain management and analysis of patient responses to interventions to improve individual performance.
- Conducted initial assessments, documented findings in patient records and notified physicians of abnormal findings.
- Liaised with patients following cardiothoracic surgical procedures, providing support and education on post-surgical care.
- Changed dressings, cleaned wounds and monitored vital signs of up to 2 patients concurrently with focus on quality care.
- Performed 1 on 1 care for CRRT patients.
- Cared for patients post op day1, remove sheath and central lines.
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Medical ICU- Travel Nurse / Michael E DeBakey Veteran's Affairs - Houston, TX / 04.2021 - 07.2021

- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence

- Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care
- Performed ongoing assessments to evaluate mental health needs, working with multidisciplinary team to develop, initiate, manage and modify individualized plans of care
- Monitored patient reactions after administering medications and IV therapies.

Neuro ICU- Travel Nurse / ICU / Memorial Hermann - Angel Staffing - Houston, TX / 08.2020 - 03.2021

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion
- Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns
- Monitored patients' respiratory status and ventilator operation and made adjustments to promote stabilization
- Developed and implemented patient care plans based on physicians' instructions and generally accepted nursing practices
- Documented all elements of care and updated patient charts and confidential files to reflect changes in care plans, interventions applied and observations
- Maintained respectful treatment environment that honored patients' and families' cultural and religious traditions and preferences.

Travel Nurse / ICU / Lincoln Medical And Mental Health - Bronx, NY / 01.2003 - 02.2021

- Updated patient charts using EPIC with data such as medications to keep records current and support accurate treatments
- Observed and reported patient condition, progress and medication side effects to accurately document updates
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches
- Operated critical care equipment to keep patients stable and promote recovery

- Responded rapidly to critical codes to coordinate stabilization treatments and restore vital functions
- Worked with intubated and ventilated COVID patients, monitoring and reporting on conditions to maintain stats within optimal levels.

Covid ICU- Travel Nurse / Memorial Hermann - Angel Staffing -San Antonio, TX / 01.2008 - 05.2020

- Assessed and managed various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress
- Triaged Covid patients and delegated treatment needs to qualified staff and specialized departments
- Observed and reported patient condition, progress and medication side effects to accurately document updates
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity
- Gathered lab specimens, ordered testing and interpreted results to diagnose patients
- Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.

ICU Staff Nurse / HCA Kingwood Medical Center - Kingwood, TX / 01.2004 - 10.2019

- Explained health care issues and ramifications to patients and families to promote informed medical care choices
- Maintained respectful treatment environment that honored patients' and families' cultural and religious traditions and preferences
- Developed and implemented patient care plans based on physicians' instructions and generally accepted nursing practices
- Followed all HCA ethical values and principles and adhered to
- HIPAA medical record regulations to promote patients' privacy
- Conducted patient assessments, recorded vitals and analyzed records and charts to define care requirements
- Guided and educated patients and caregivers on diagnoses,

disease management, preventative measures, medication use and self-care to foster consistency in care administration.

Engineering Technical Aide / US Navy Seabees - Port Hueneme, CA / 06.2012 - 06.2017

- Gathered relevant data from various sources and developed comprehensive reports for leadership review
- Managed testing equipment, including ongoing maintenance and storage
- Analyzed lab results against field standards to inform project decisions
- Created Bills of Materials (BOM) and certifications
- Compiled, processed and analyzed test data and results to improve product quality.

EDUCATION

South College - Nashville, TN Bachelor of Science: Nursing

Awarded Daisy Student Award, GPA: 3.4, Dean's List 2017-2018

University of Maryland - Global - College Park, MD Associate of Arts: Psychology Minored in Spanish GPA: 3.6, Received Active Duty Volunteer Scholarship

CERTIFICATIONS

ACLS BLS NIHSS CCRN-Anticipated July 2022