

# Jessica Barnes

Walls, MS 38680

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To obtain position as a Registered Nurse in a Health Care facility where I can make the most of my nursing education and training, acquire new skills, and continue my professional growth.

## Work Experience

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### **Local Travel and PerDiem Registered Nurse**

OR Nurses International - Germantown, TN

June 2019 to Present

Methodist Buttonholer Healthcare, Intra-facility Float, Multispecialty RN

Emergency Room, 1:3-1:5 ratio, 60 bed unit, Level II trauma

- Administered medication, cleaning lacerations, taking blood work, foley catheter insertions, inserting peripheral IV's and assisting physicians in and out of the emergency room along with many other tasks related to their field.
- Prevented further injuries from life-threatening conditions.
- Analyzed client ABGs, CBC/metabolic profiles, radiological results, and EKG readings.
- Collaborated with nurse and rapid response team for patient transfers to ICU or Tertiary Hospitals.
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation, and interdisciplinary team participation.
- Multitasking and prioritizing responsibilities based on patients conditions in timely manner maintaining confidence in critical situations.
- Proactive in coordinating care of stroke patients; utilized a standardized stroke scale to assess neurological changes thus reducing delays in care and TPA initiation.
- Coordinated quality and timely care of patients presenting with a STEMI to ensure their safe and expedient transfer to the Cath Lab for further intervention.
- Monitored patient telemetry for rhythm and heart rate changes, collaborating with the physician as needed.
- Provided safe care of psych patients - collaborating with social work, providing community resources/ referrals and coordinating transfer as necessary.
- Member of the code team - assisting with rapid sequence intubation, ventilator management and initiation of critical drips per hospital protocol.

Overflow Unit, 1:5 ratio, 10 bed unit,

- Provided total patient care including assisting patients and families.
- Assisted the physician during diagnostic and therapeutic procedure to promote optimum patient outcomes.
- Provide direct nursing care to all age groups and served a broad range of general nursing care in areas of vital signs, catheters, feeding, drawing blood for lab specimens, dressing, and intravenous access.
- Managed, and handed information and records pertaining to patients.
- Administered and evaluated pharmacological therapeutic treatment.
- Monitored consistency between patient plan of care and actions of medical staff.

- Educated patients and family about patient's health and wellness situation.

#### Progressive Cardiology 1:6-1:8 ratio, 36 bed unit

- Assessed patient health problems and needs, developed, and implemented nursing care plans, and maintained medical records.
- Worked under the supervision of a cardiologist, and cardiovascular surgeons treating critically ill cardiovascular patients including those recovering from bypass, pacemaker or angioplasty heart surgery.
- In addition to regular nursing duties, monitored cardio and vascular readings for patients.
- Educated postoperative cardiovascular rehabilitation activities to the patient, such as postoperative home care needs; necessary changes in diet, nutrition and exercise to improve heart health; and how to administer heart medication and recommended physical therapy at home.
- Demonstrated strong clinical assessment Knowledge, skills, abilities and interventions on surgical procedures
- Adequate knowledge of hemodynamic, Basic IV, and understanding of cardiac monitoring equipment and central line skills, Phlebotomy skills

#### General MedSurg 1:6-1:8 ratio, 40 bed unit

- Provided nursing services to help maintain appropriate staffing levels
- Delivered safe, high quality clinical services and patient care in accordance with facility standards
- Conducted comprehensive patient assessments, evaluation of laboratory findings, and developed plans of care specific to patient needs and desired outcomes
- Continuously evaluates patient outcomes to improve patient care and experience
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained
- Liaised with providers and families to ensure optimal patient outcomes

#### Critical Care/ICU Holding 1:2 ratio

- Assessed, planned, implemented and evaluated patient care and performed patient education in accordance to unit standards for all patient types and age groups.
- Collaborated with professionals across the organization to formulate an integrated care plan.
- Worked closely with in house- unit cardiologists with accurate reporting recording of laboratory values with follow up treatment.
- Administered Critical care medications and titrated drips based on physician orders
- Recognized life threatening arrhythmias and means of treatment for patients in cardiac monitors, caring for A-lines, monitoring Swan-Ganz catheters, drawing ABG's and other labs, interpreting and reporting results for proper medical management.
- Provided direct nursing care to critically ill patients, post-surgical including trauma and coronary artery bypass graft cases.
- Set up, operate, or monitor invasive equipment and devices such as endotracheal tube and tracheotomy equipment, mechanical ventilators, catheters, central lines, nasogastric and orogastric tubes.
- Perform administrative duties that facilitate admission, transfer, or discharge of patients.
- Distinguish between normal and abnormal developmental and age-related physiological and behavioral changes in acute, critical, and chronic illnesses.
- Manage patients' pain relief and sedation by providing pharmacological and non-pharmacological interventions, monitoring patients' reactions, modifying as needed.
- Perform emergency medical procedures, such as BLS, ACLS, and other condition stabilizing interventions.

- Document data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.

St.Jude Children's Research Hospital

Contract Occupational Health Nurse/ Covid Workforce Clinical Response Nurse

- Collaborated with Infectious Disease specialist to develop and implement protocols and procedures to aid in the prevention of the spread of COVID19
- Served as a member of the COVID19 Workforce team to help prevent the spread of the coronavirus by informing employees daily of multiple changes in policy and procedures, and providing the most up to date information available
- Managed and supervised the day to day operations of COVID19 testing center, including testing, screening and follow-up
- Maintained a safe environment for patients and employees during a global pandemic

### **Registered Nurse, Contract**

Regional One Medical Center - Memphis, TN

April 2021 to July 2021

Emergency Room, 1:3-1:5 ratio, 25 bed unit, Level I trauma

- Served as member of interdisciplinary healthcare teams in providing critical care and performing life-saving interventions.
- Closely monitored E.R. patients, alerted Physicians/Charge nurse with any changes in patient status.
- Efficiently and knowledgeably provided care for all patients, administered medication, cleaning lacerations, taking blood work, sterile procedures, inserting peripheral IV's, assisting with rapid intubations, splinting, and conscious sedation.
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained
- Reacted effectively in emergency scenarios, demonstrating sound decision making that helped save patient lives.
- Administered critical IV medications such as Cardaziem, Dopamine, Insulin, Nitroglycerin, and Adenosine
- Demonstrate exemplary documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff
- Administered IV fluids and medications including antibiotics, packed RBC's, TPN, and narcotics, while carefully monitoring for side effects or any adverse reactions
- Multitasking and prioritizing responsibilities based on patient conditions in timely manner maintaining confidence in critical situations.

### **Intra Facility Registered Nurse**

Baptist Memorial Healthcare Corporation - Memphis, TN

April 2018 to June 2020

Baptist East- Clinical Resource Nurse/Charge Nurse

Nephrology Med Surg 1:6-1:9 ratio, 40 bed unit

- Served as mentor and team builder of inexperienced licensed and unlicensed staff
- Managed scheduling and staffing grids to ensure adequate staffing to optimize patient care
- Medication administration and documentation utilizing E-Mar.
- Documented the patient's plan of care using identified nursing diagnoses, expected patient outcomes, and selected nursing interventions.

- Assessed signs and symptoms indicating physiologic and psychosocial changes in the patient's condition.
- Supervision of patient care assistants.
- Participated in routinely scheduled discharge planning meetings with utilization review board
- Communicated with the patient and patient's family regarding hospital policies and procedures
- Monitored the changing needs of patients in timely manner and respond accordingly
- Performed assessments; provided intravenous therapy; complex wound care; monitored various drainage devices, etc.
- Collaborated daily with physicians and health care team to achieve optimum patient care.
- Established strong relations with physicians built on trust and knowledge of patient care.
- Responsible to monitoring staff and maintaining efficiency

#### Baptist Crittenden- Registered Nurse/Charge Nurse

Emergency Department 1:4 ratio, 20 bed unit, unlevelled trauma facility

- Administered critical IV medications such as Cardizem, Dopamine, Insulin, Nitroglycerin, and Adenosine
- Assisted in the care of multiple traumas, cardiac arrests, stroke codes, and conscious sedations
- Provided care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly
- Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment
- Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care was given to patients in a timely manner
- Interaction with patient and family members often from pain, stress, shock or grief.
- Efficiently and knowledgeably provided RN care for all ER patients, handled intubations, defibrillations, auto transfusions, Medlock insertions, splinting, conscious sedation and hypothermia protocol.
- Charge nurse experience

#### Baptist Desoto- Registered Nurse/Charge Nurse

Emergency Department 1:4-1:5 ration, 70 bed unit, Level II trauma

- Served as member of interdisciplinary healthcare teams in providing critical care and performing life-saving interventions.
- Closely monitored E.R. patients, alerted Physicians/Charge nurse with any changes in patient status.
- Efficiently and knowledgeably provided care for all patients, administered medication, cleaning lacerations, taking blood work, sterile procedures, inserting peripheral IV's, assisting with rapid intubations, splinting, and conscious sedation.
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained
- Reacted effectively in emergency scenarios, demonstrating sound decision making that helped save patient lives.
- Administered critical IV medications such as Cardizem, Dopamine, Insulin, Nitroglycerin, and Adenosine
- Demonstrate exemplary documentation skills by accurately maintaining nurses' notes and promoting sufficient communication among care staff
- Administered IV fluids and medications including antibiotics, packed RBC's, TPN, and narcotics, while carefully monitoring for side effects or any adverse reactions
- Multitasking and prioritizing responsibilities based on patient conditions in timely manner maintaining confidence in critical situations.
- Charge nurse experience

Baptist Desoto- Registered Nurse

Neuro Medsurg 1:6-1:8 ratio, 48 bed unit

- Provided total patient care including assisting patients and families.
- Provide direct nursing care to all age groups and served a broad range of general nursing care in areas of vital signs, catheters, feeding, drawing blood for lab specimens, dressing, and intravenous access.
- Managed, and handed information and records pertaining to patients.
- Administered and evaluated pharmacological therapeutic treatment.
- Monitored consistency between patient plan of care and actions of medical staff.
- Educated patients and family about patient's health and wellness situation.

### **Private Duty Caregiver**

Bryant Family - Hernando, MS

October 2015 to January 2017

- Performed direct patient care
- Administration and management of medication
- Provided transportation to activities
- Assisted with Daily Living Activities
- Scheduled physician appointment in accordance with health needs

### **Nursing Assistant II**

Methodist South Hospital - Memphis, TN

June 2016 to September 2016

- Responsible for the management of the patient's applications.
- Input the patient's details and records in the database.
- Responsible for the maintenance of equipment.
- Prepared schedules and kept updates of the equipment and resources.
- Other general duties assigned by manager.
- Performed direct patient care

### **Quality and Compliance Manger/Assistant General Manager**

Integrity Transportation - Senatobia, MS

October 2014 to March 2016

- Responsible for the execution of daily operations in accordance to Medicare/Medicaid policies
- Responsible for the setup and implementation of new software
- Created and designed training manual for office staff
- Responsible for executing the onboarding process and training programs
- Created, compiled and delivered reports a week, using Excel, PowerPoint and Microsoft word.
- Composed and edited correspondence from knowledge of established department/division policies
- Assist clients with any concerns or questions they may have.
- Assisted with payroll preparation by calculating time details and other duties
- Responsible for conducting interviews and screening potential new hires
- Created and implemented new policies and procedure to ensure the office operated efficiently
- Maintained files and carried out data entry
- Responsible for accounts payable/receivable and budget creation

### **Care Coordinator**

PremierChoice, LLC - West Memphis, AR

June 2013 to October 2014

- Created advertising and informational material
- Coordinating recruiting events
- Built and established client base
- Matched clients to caregivers
- Entered client information and coordinated home visits
- Assisted with hiring process, conducted interviews and screenings
- Supervised and Managed CNA staff
- Conducted company in-services
- Other duties as assigned

### **Certified Medication Technician/CNA Staff Supervisor**

Points of Light - West Memphis, AR

September 2012 to June 2013

- Perform direct patient care
- Administration of medication and documentation of medicine received
- Performed assessments of living quarters
- Ensured the safety of resident by following policy and procedures
- Performed INT and blood glucose test
- Performed end of shift reports
- Scheduled staffing based on census
- Conducted facility in-services
- Led group counseling sessions

### **Medial Clerical Assistant**

Methodist North Hospital - Memphis, TN

December 2010 to June 2012

- Responsible for the management of the patient's applications.
- Input the patient's details and records in the database.
- Responsible for the maintenance of equipment.
- Prepare the schedules and keep updates of the equipment and resources.
- Other general duties assigned by manager.
- Perform direct patient care

### **Administrative Nursing Assistant**

Broadway Healthcare - West Memphis, AR

January 2010 to August 2011

- Responsible for dealing with the queries from patients regarding medical insurance.
- Kept records of scheduled patient appointment with manager regarding insurance.
- Coordinated transportation for patient appointments outside the facility
- Scheduled and coordinated patient care with physicians
- Conducted in-service evaluations
- Performed direct patient care

## Education

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### **Associates Degree in Nursing**

Concorde Career College

March 2018

### **Certificate**

Mid-South Community College

2003

## Nursing Licenses

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### **RN**

Expires: December 2022

State: MS

## Skills

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- Reliable, ethical healthcare provider with the ability to stay calm and intervene during crises
- Proficient in Epic and Cerner EMR
- Great ability to analyze the problem and identify the solution.
- Excellent communication skills both verbally and written
- Extremely detail oriented
- Monitor essential daily functions of a hospital unit
- Experience in the medical care of patients is more than 7 years, including knowledge of the administration of medication, proper documentation, and excellent quality service and care
- Experienced Charge nurse
- Experience supervising
- delegating
- mentoring
- Medication Administration
- EMR Systems
- Critical Care Experience
- Medical Management
- Occupational Health Experience
- Patient Care

## Certifications and Licenses

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### **Advanced Cardiovascular Life Support (ACLS)**

### **Basic Life Support (BLS)**

**NIHSS**

**TNCC**

**PALS**

**First Aid Certification**

**CPR Certification**