**ASHLEY S. D. SHORT**

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# OBJECTIVE

Obtain a position as a Registered Nurse that will expand my nursing education, enhance my clinical skills and build interpersonal relationships in order to provide patient- centered and competent nursing care.

# EDUCATION

# Prince George’s Community College, Largo, MD

*Associate of Science in Nursing*

*December 2015*

***Aspen University,*** Denver, CO

*Bachelor of Science in Nursing*

*Expected Spring 2022*

# PROFESSIONAL WORK EXPERIENCE

**Fort Belvoir Community Hospital-** Fort Belvoir, VA July 2020- Current

*Triage/Labor & Delivery/Postpartum Registered Nurse*

*36- 48 Hours/Week*

* Assess fetal well-being by means of electronic fetal monitoring and other standard parameters.
* Initiate parent/infant bonding by promoting a baby-friendly environment while assessing the needs of the patient and family.
* Educating parents on proper newborn care, providing breastfeeding assistance, and monitoring the mother and baby's well-being while still in the hospital.
* Administer intravenous fluids and medications.
* Respond to life-saving situations, using nursing standards and protocols for treatment as well as order diagnostic tests as needed.
* Evaluate Mother-Baby and Labor and Delivery patients; administering care and recognizing complications.
* Coordinate with other members of the Mother Baby Care team or a Labor and Delivery Unit.
* Provide nursing care to babies born prematurely or seriously ill.
* Answer incoming triage calls and provide support. Educating patient on true signs of labor or emergency.
* Consulting with doctor on call to manage triage patients in the field and on the unit.
* Performing triage labs and examinations to determine stage of labor.

**Medstar Southern Maryland Hospital-** Clinton, MD September 2019- July 2020

*Labor & Delivery Registered Nurse*

*24 Hours/Week*

* Interpret plan of care to patients and family members.
* Perform emergency and resuscitative measures; basic life support (BLS) and neonatal resuscitation program (NRP).
* Perform ante-partum, intra-partum, postpartum, and neonatal care; normal course of treatment, anticipated complications, and indicated therapeutic intervention.
* Provide high risk care in both the intrapartum and antepartum setting.
* Provide postpartum couplet care and immediate neonatal assessment as needed.
* Manage complex machinery such as fetal monitors and radiant warmers.
* Select appropriate monitoring techniques through maternal-fetal assessment methods.
* Apply knowledge of fetal heart rate regulation to the interpretation of fetal monitoring strip.
* Recognizing and managing maternal complications appropriately.
* Demonstrate proficiency in the use of: Fetal monitoring equipment, PCA/epidural administration pumps, cardiac monitors, infant resuscitation equipment, infusion pumps, Radiant warmers, isolettes and transport incubators.
* Maintain electronic health records (Cerner and Centricity); Pyxis (medication retrieval systems) and utilize Windows-based systems.

**Anne Arundel Medical Center-** Annapolis, MDJanuary 2019- August 2019

*Labor & Delivery Registered Nurse*

*36 Hours/Week*

* Perform assessment of the laboring patient by checking cervical progression and dilation.
* Assist in deliveries via vaginal and cesarean routes.
* Monitor fetal heart rate via OBIX throughout delivery.
* Obtain and record vital signs of both laboring mom and baby.
* Insert IV access and obtain ordered labs.
* Administer blood and medications as prescribed.
* Educate patients and their support system on subsequent activities and expectations toward optimal readiness in progression to delivery.
* Manage antepartum patients by following direct physician orders. Maintain electronic health records (Epic and OBIX); Pyxis (medication retrieval systems) and utilize Windows-based systems.

**Sibley Memorial Hospital**- Washington, DC August 2018- September 2020

*Women and Infant Services Float Pool Registered Nurse*

*8-16 Hours/Week*

* Evaluate and document bed-side assessment findings for mother and baby to include vital signs, physical assessment, and observations; report abnormal findings to appropriate personnel.
* Educates patient/family based upon assessed learning needs; considers patient’s age, developmental level, cultural background and preference for learning.
* Complete Congenital Heart Screenings, Car Seat Challenge and Metabolic Screening of newborns.
* Assist mother and baby in the latching process during breastfeeding and provide teaching on the breastfeeding process.
* Administer medications to mother and baby (non- narcotic and narcotic analgesics, antibiotics and maintenance meds)
* Monitor patient input/ output of fluids, vomit, urine, and stool.
* Communicate labor progression and complications to provider.
* Manage antepartum patients by following direct physician orders.
* Manage labor patients with oxytocin, IUPC, internal fetal monitors and comorbidities.
* Manage antepartum patients by following direct physician orders. Maintain electronic health records (Epic and OBIX); Pyxis (medication retrieval systems) and utilize Windows-based systems.

**Washington Adventist Hospital-** Takoma Park, MD February 2018- August 2018

*Labor & Delivery Registered Nurse II*

*36 Hours/Week*

* Perform assessment of the laboring patient by checking cervical progression and dilation.
* Assist in deliveries via vaginal and cesarean routes.
* Monitor fetal well-being via external and internal fetal monitors throughout delivery.
* Obtain and record vital signs of both laboring mom and baby.
* Insert IV access and obtain ordered labs.
* Administer medications as prescribed.
* Educate patients and their support system on subsequent activities and expectations toward optimal readiness in progression to delivery.
* Manage antepartum patients by following direct physician orders. Maintain electronic health records (Cerner and Fetal Link); Pyxis (medication retrieval systems) and utilize Windows-based systems.

**Children’s National Medical Center-** Washington, DC September 2017- January 2018

*NICU Registered Nurse II*

1. *ours/Week*

* Perform assessment of neonates, report findings to appropriate provider and document, in a timely fashion, in the electronic medical record.
* Maintain airway of intubated patients through assessment, suctioning, troubleshooting and collaboration with respiratory therapist.
* Provide support, comfort and education to families as pertaining to the care of the neonate.
* Perform admission, discharge and transfer of neonates.
* Assist in bedside surgical procedures.
* Administer oral and IV medications/ fluids in a safe manner.
* Obtain blood specimens via heel stick, PICC line or arterial line.

**George Washington University Hospital-** Washington, DC August 2016- January 2018

*Postpartum/ Nursery Registered Nurse*

*36 Hours/Week (August 2016- September 2017)*

*12-20 Hours/Week (October 2017- January 2018)*

* Evaluate and document bed-side assessment findings for mother and baby to include vital signs, physical assessment, and observations; report abnormal findings to appropriate personnel.
* Assist mother and baby in the latching process during breastfeeding and provide teaching on the breastfeeding process.
* Administer medications to mother and baby (non- narcotic and narcotic analgesics, antibiotics and maintenance meds)
* Monitor patient input/ output of fluids, vomit, urine, and stool.
* Monitor jaundice levels, blood glucose levels, weight and weight percent change in newborn.
* Initiate, monitor and assess newborn on phototherapy.
* Complete Congenital Heart Screening, Car Seat Challenge and Metabolic Screening of newborns.
* Function as Newborn Admission Nurse: Completing a newborn head-to-toe assessment, newborn medications (erythromycin, Vitamin K and Hepatitis B), initiating protocol based on weight and gestational age and entering newborn orders.
* Maintain electronic health records (Cerner and Fetal Link); Pyxis (medication retrieval systems) and utilize Windows-based systems.

**SKILLS & CERTIFICATIONS**

Certifications:

​-**Registered Nurse,** Maryland Board of Nursing, *License # R220725*

​-**Registered Nurse,** District of Columbia Department of Health, *License # RN1041274*

-**Healthcare Provider (BLS) CPR,** American Heart Association (Expires November 2021)

​-**Neonatal Resuscitation Program (NRP)** (Expires April 2023)

​-**S.T.A.B.L.E Certification**

-**Intermediate Fetal Monitoring,** AWHONN (Renewed December 2020)

***References available upon request***