***Wenda DeCent, RN***

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*Summary*

Talented, dedicated registered nurse with extensive experience delivering top quality patient care. Adhering to nursing standards of care and regulations: evaluates patients; completes clinical documentation employing an EMR; gives medications, fluids, treatments, and injections; assures patient safety; and carries out pain management and wound care. Leveraging strong critical thinking, interpersonal, communication, and collaboration skills, advocates for patients and provides patient education, generating high levels of patient satisfaction. Passion for skincare, aesthetic dermatology, and facial plastic surgery with experience using injectables and dermal fillers, microneedling, handheld LED light therapy, and microcurrent treatments; and applying lash extensions.

*Experience*

**Kaiser Permanente San Rafael Medical Center, San Rafael, CA**2008 to Present

*Staff Nurse II/Relief Charge Nurse*

* Utilizing the nursing process and policies and procedures, evaluates patient health status, medical problems, risk factors, and needs to deliver exceptional, evidence-based, compassionate acute care to cardiac, stroke, and medical/surgical patients in collaboration with the multidisciplinary team as a *Staff Nurse II*.
* Prepares a Plan of Care using Epic and performs charting in compliance with HIPAA.
* Conducts physical assessments; checks vital signs; safely administers prescribed PO/IV/IM medications and supplemental oxygen; inserts NG tubes and catheters; cares for and draws labs from PIC and central lines; oversees drains; furnishes feedings, infusions, and blood products; and interprets EKG rhythms.
* Manages treatment side effects and pain, monitoring signs of infection; and completes wound care.
* Advocates for patients by updating physicians and the multidisciplinary team, documenting changes in patient status and making needed alterations to the Plan of Care.
* Provides comprehensive teaching and discharge instructions to patients and/or family members.
* Mentors and develops less experienced nurses as a preceptor.
* Oversaw nursing assignments, admissions, discharges, transfers, room assignments, and care delivery for a 16-bed unit as a *Relief Charge Nurse* during 2008 to 2018.

**Essentia Health-St Joseph's Medical Center, Brainerd, MN** 1991 to 2008

*Per Diem Nurse, Postpartum Care, Newborn Nursery & Psychiatry* 1994 to 2000

*Registered Nurse, Orthopedics/Bariatrics & Telemetry Units* 2000 to 2008; 1991 to 1994

* Worked closely with the multidisciplinary team to furnish top caliber acute care to Telemetry and Orthopedic/Bariatric patients as a *Registered Nurse*.
* Read patient charts, took histories, assessed patient health status, and performed physical examinations. Created, implemented, and updated the Plan of Care for each patient; and executed charting.
* Administered PO/IV/IM medications; cared for central lines; inserted NG tubes and catheters; delivered specialized feedings, blood products, and oxygen; and interpreted EKG rhythms. Monitored treatment and medication side effects and laboratory results, notifying physicians.
* Placed orthopedic devices on patients including immobilizers and leg braces, initiated ice therapy, and safely ambulated patients. Evaluated and alleviated pain and provided wound care.
* Gave comprehensive patient and/or family teaching.
* Floated to: the Postpartum Care unit and Newborn Nursery, monitoring new mothers and educating them how to breastfeed; and the locked Psychiatry unit, assessing patient suicidal ideation as a *Per Diem Nurse*.

*Education, Licensure & Certification*

* *Education:* Associate of Science degree in Nursing, St. Catherine University, Saint Paul, Minnesota.
* *Licensure:* Registered Nurse: California Board of Registered Nursing, expires November 2022; Minnesota Board of Nursing, expires October 2023.
* *Certification:* Medical Aesthetics Injectables and Dermal Fillers, National Laser Institute, 2022. Lash Extensions, Lash Girl Studios, 2021.Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS), expires February 2023. Telemetry Interpretation, Kaiser Permanente, expires 2022. National Institutes of Health Stroke Scale (NIHSS).