**OBJECTIVE:**

I am seeking a position as a Clinical Nurse in a healthcare environment to provide care to patients in an attempt to improve their quality of life. As a nurse, I interact well with various healthcare professionals and I am very familiar with healthcare settings. I would prefer working with adults or geriatric patients, but I am comfortable caring for patients of all types. I promise to be a respectful, hard-working, and patient focused individual. I will provide and dedicate the optimal patient-centered care by integrating my nursing skills, knowledge, ability, and professional ethics to ensure this promise.

**EDUCATION:**

* Tennessee State University, Nashville, TN - August 2011 to May 2015

-Bachelor of Science in Nursing (BSN) - Graduation Date: May 9, 2015

*\*Honors:*Dean's List 8 Semesters. GPA: 3.2

* Germantown High School, Memphis, TN - August 2008 to May 2011

-Diploma received: May 2011

**WORK EXPERIENCE:**

***Middle Tennessee Mental Health Institute (MTMHI)***

**1.) PSYCHIATRIC ADMISSIONS NURSE/UNIT CHARGE NURSE** July 2019 - Current Employee/ **v**  (Total hours worked per week: 37.5 hours) August 2018 - November 2018

* Assessed patients prior to admission for any major or minor medical conditions, which included A full body skin assessment, complete set of vital signs, and a pre-admission questionnaire.
* Ensured compliance with faculty’s admission policies and guidelines.
* Performed the initial Pre-Admission Nursing Bundle Assessment for evaluation of the patient’s up-to-date health information and data.
* Provided Nurse hand-off report to patient placement units in continuation of patient care.
* Provided direct care to mentally ill patients in an attempt to help them sustain a positive outcome on their mental health through special treatments and therapies.
* Responsible for carrying out psychiatrist doctor orders in relation to a patient’s action of treatment.
* Administered drug therapy medications to psychiatric patients related to specific diagnosis and personalized plan of care.
* Carried out specific nursing interventions and implementations to establish optimal patient centered care.

***Memphis Mental Health Institute (MMHI****)*

**1.) PSYCHIATRIC NURSE SUPERVISIOR**  December 2018 – May 2019

 (Total hours worked per week: 50 hours)

* In charge of overseeing the hospital as a whole. Lead, managed, and operated in nursing settings.
* Handled hospital related issues/situations within the faculty, between employees, patients, and other disputes.
* Validated adequate staffing for proper hospital needs.
* Involved in panel interviews with potential employees for career opportunities.

**2.) PSYCHIATRIC ADMISSIONS NURSE** December 2018 – May 2019

(Total hours worked per week: 50 hours)

* Initiated the pre-admission intake process.
* Accepted/Declined referral calls from outside facilities.
* Assessed patients prior to admission for any major medical conditions.
* Gathered all acquired preadmission paperwork, such as medical clearance, lab results, diagnostic test results, etc.
* Worked with psychiatrists to properly diagnosis psychiatric conditions and disorders amongst patients.

***Parthenon Pavilion (Centennial Medical Center)***

**1.) PSYCHIATRIC BEHAVIOR HEALTH NURSE** October 2017 – November 2018

(Total hours worked per week: 37.5 hours)

* Provided direct care to psychiatric patients on various units: Dual Treatment Program, Adult Treatment Program, Memory Care Program (dementia; Alzheimer's unit), as well as Senior Treatment Program.
* Carried out doctor’s orders effectively in relation to the patient’s plan of care and mental health needs.
* Assisted patients with activities of daily living by helping them bathe, dress, groom, and prepare for meals..

***Centennial Medical Center***

**1.) NEUROSURGICAL/ORTHOPEDICS NURSE** September 2016 – November 2018

(Total hours worked per week: 37.5 hours)

* Provided care to postoperative brain and spinal patients following surgery.
* Provided bedside care to a 5:1 patient ratio, which included administration of prescribed medications, initiation of intravenous fluids, documentation of updated care into patients’ charts, etc.
* Provided individualized education for the patient and family throughout the continuation of care as well as provided discharge teaching upon discharge and departure from the hospital.

**2.)** **PRN FLOAT NURSE** October 2017 - November 2018

(Total hours worked per week: 37.5 hours)

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* Provided excellent patient care on all nine floors: Adult Psychiatric Med-Surg (7 South), Cardiac/Telemetry, Clinical Decision Unit (CDU), Emergency Room, Gastrointestinal/Genitourinary, Orthopedic Surgery, Neurology, Women’ Health Overflow (8th floor of women’s hospital), Acute Medical Surgical, etc.
* Collaborated effectively with other interdisciplinary team members to provide optimal patient-centered care.
* Served as a resource nurse to help other employees with patient loads, which included completing the admission process for new patients arriving to the unit, administration of prescribed medication, and all other physical bedside care needs to individual patients.

***Methodist University Hospital***

**1.) NEUROLOGY CRITICAL-CARE STEP-DOWN NURSE** January 2016- September 2016

 (Total hours worked per week: 37.5 hours)

* Demonstrated critical thinking skills, careful nursing judgment, and organized procedure to provide care to critically ill patients.
* Closely monitored the status and condition of critical ill patients and reported changes and abnormal findings to the appropriate physician for top proactive care.
* Assisted patients who recently received tPA (Tissue Plasminogen Activator) with daily living activities to maintain a safe and fall free environment.

**2.) NEUROLOGY MEDICAL SURGICAL NURSE** January 2016- September 2016

(Total hours worked per week: 37.5 hours)

* Applied advanced nursing skills which included a detailed stroke assessment involving the National Institutes of Health Stroke Scale (NIHSS) and a full head-to-toe neurological exam, which focus on key points in relation to any neurological change for proper advanced nurse implementation.
* Coordinated with other medical team members to provide nursing input when deciding and developing an accurate plan of care towards patient treatment.
* Provided stroke education to patients, family members, and or caregivers by making them aware of the signs and symptoms of stroke, factors that cause a stroke as well as factors that prevent a stroke, and actions to take when possibly experiencing a stroke.

**CERTIFICATIONS:**

* -Advanced Stroke Life Support- Certified
* -American Red Cross First-Aid and CPR – Certified
* -Federal Emergency Management Agency- Certified
* -Therapeutic Guided Imagery Training – Certified

**VOLUNTEER WORK:**

* Collegiate Health Service Corps: General training orientation on worldwide health services
* Schrader Lane Church of Christ: Children Daycare Assistant
* Nashville CARES: Making care packages for individuals living with HIV/AIDS

**ACTIVITIES:**

* *My Sister's Keeper (MSK) Inc.* - This is a Christian-based organization made up of empowering women who aim to give back to the community through Christ. Active Member at Tennessee State University.

**SKILLS SUMMARY:**

* **Critical Thinking Skills** - I have demonstrated the ability to apply reasoning and logic to new or unfamiliar ideas, opinions, and situations. This skill has given me the ability to make quick and efficient decisions even when working under pressure.
* **Problem Solving Skills** - I have acquired a good set of problem-solving skills and techniques through my years of experience as a nurse. I have the ability to use the Problem-Solving Process in various situations. I have used it to resolve conflict between interdisciplinary teams and patient family issues affecting me in delivering safe patient-care. I will use these skills in conjunction with the Nursing Process to resolve clinical and non-clinical problems.
* **Organization and Planning Skills** - I relate this skillset to my ability to manage my classes, study time, living arrangement, and work time while attending nursing school. I have used strong organizational skills to manage these things through wise planning, time optimization, detail orientation, and prioritization.
* **Communication and Charisma Skills** – Nurses are considered leaders in a clinical environment. As a nurse, I will spend a large amount of time communicating with others. To this end, I have worked to develop strong and effective communication skills. As a leader, I try to generate inspiration and motivation in others. I display a charismatic behavior because people tend to respect, follow, and listen to you. I tend to be fully energized when I express ideas or share a vision.
* **Technical Skills** - I have carried out clinical duties as a nurse under the direction of skilled supervision. I am familiar with various nurse/patient procedures and have demonstrated an ability to successfully carry out assigned procedures and measure results. I have worked with clinical instruments and supplies used in nursing to care for patients and are knowledgeable of their proper use.

**REFERENCES:**

1. NAME: Candace Harris

 JOB TITLE: Patient Care Coordinator Nurse at Lebonheur Outpatient Clinics.

 PHONE: (901)-334-8773

 RELATIONSHIP: Mrs. Harris is my Nurse Life Coach; I have known Mrs. Harris over 12 years.

 E-MAIL: Candace.harris@lebonheur.org

1. NAME: Karolyn Maclin

JOB TITLE: Physician at St. Francis Hospital, Memphis, TN

PHONE: (901)-417-1779

RELATIONSHIP: Mrs. Maclin is my Nurse Advisor as well as a family friend; I have known Mrs. Maclin for over 10 years.

E-MAIL: kcb6934@hotmail.com

1. NAME: Myron Myers

 JOB TITLE: Charge Nurse at Memphis Veterans Affairs Medical Center, Memphis, TN

 PHONE: (901)-216-4325

 RELATIONSHIP: Mr. Myers is my Nurse Mentor; I have known Mr. Myers over 8 years.

 E-MAIL: Myron.myers@gmail.com