# BRITTANY VILLARAMA

## CONTACT

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# SKILLS

- Patient/Family Education
- Medication Administration
- Critical thinking
- Planning and Coordination
- Leadership
- Multitasking abilities
- Crisis Intervention
- Patient Care
- Patient Safety
- Clinical interventions
- EMR / EHR
- Treatment Preparation/Administration
- Decision Making
- Immunizations and Vaccinations
- Rehabilitation Assistance
- Test Interpretations
- Treatment Plan Modification
- Care Coordination

### CERTIFICATIONS

Basic Life Support IV and Blood Withdrawal Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

# **EDUCATION**

February 2022 **Associate Degree In Nursing International College of Health Sciences**, Boynton Beach, FL

October 2020 Associates of Science Vocational Nursing Gurnick Academy of Medical Arts, Fresno, CA

September 2017 Program Completion Vocational Nursing Fresno Adult School, Fresno, CA

# WORK HISTORY

January 2021 to Current Clinical Professional /LVN Optum Serve/National Staffing Solutions , Fresno, CA

- Collected patient samples to test for COVID-19 infection.
- Evaluated nursing practices and processes and made changes.
- Performed anterior nasal and nasopharyngeal specimen collections.
- Protected patients and healthcare team members from infection by sterilizing equipment and reusable supplies.
- Evaluated patient histories, complaints and current symptoms.
- Developed rapport to create safe and trusting environment for care.

#### REFERENCES

Available upon request.

- Maintained clean, safe and well-organized patient environment.
- Developed and implemented performance improvement strategies and plans to promote continuous improvement.

#### February 2018 to April 2021

Licensed Vocational Nurse Sunny Side Convalescent Hospital, Fresno, CA

- Responded to patient requests with appropriate clinical and personal assistance.
- Worked with multidisciplinary team to carry out successful treatment plans for diverse acute and chronic conditions.
- Cared for wounds, provided treatments and assisted with procedures.
- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Documented patient information obtained from interviews concerning symptoms, medications and prior treatment.
- Helped long-term care residents with bathing, dressing, feeding and other daily living activities.
- Took samples such as blood and urine to complete diagnostic and routine assessment tests.
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
- Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.
- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Collaborated with primary care physicians and staff members to individualize patient's plan of care.

#### March 2013 to July 2018

#### Certified Nursing Assistant Golden Cross Health Care -Fresno Post Acute Care , Fresno, CA

- Supported ambulation and physical therapy needs by conducting planned exercise routines.
- Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.
- Delivered individualized patient care by recording vital signs, documenting observations, administering treatments

and evaluating patient needs.

- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Transported patients between rooms and appointments or testing locations.
- Monitored and reported observations to appropriate staff members

#### March 2016 to April 2018

# Mental Health Worker Exodus Recovery Crisis Stabilization Center, Fresno, Calfornia

- Delivered individualized counseling services to clients working through issues such as mental illness and substance abuse.
- Evaluated patients based on mental and physical parameters discovered through interviews and standardized assessments.
- Devised and enhanced treatment strategies to promote continued progress.
- Documented client progress in confidential files.
- Developed goal-oriented psychoeducational and activity therapy groups to improve clients' level of functioning.
- Directed family-centered, strengths-based, culturally competent and individualized intakes and assessments.
- Consulted with other staff members regarding treatment plans as deemed appropriate by team leader.