

# Navdeep Kaur

**Licensed RN seeking to strengthen patient care through proven skills in daily patient care and problem solving.**

Mountain House, CA 95391

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Dedicated registered nurse with the ability to multitask and work well with others. Patient care oriented and friendly attitude. Highly organized and skilled in written and verbal communication. Committed to utilizing my skills to help others, while working toward the mission of a company. A strong leader who works well under pressure and exudes positivity.

Willing to relocate to: Tracy, CA - -

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse (RN)**

Pleasanton Nursing and Rehabilitation Center - Pleasanton, CA

October 2021 to Present

### **Front end services host TA**

Walmart - Tracy, CA

January 2020 to Present

- Make total and also itemize products purchased.
- Record departments and prices of items, and also record both taxable and nontaxable items.
- Operate cash register.
- Record changes in price using special sales bulletins and price sheets as references.
- Redeem coupons to discount purchases.
- Receive payment from customers via charge payment, check or cash.
- Provide change on items sold to cash customers.
- Operate authorization systems for credit card and record the number on driver's license to verify credit acceptance.
- Count cash received at the start and end of work shift in order to balance cash drawer.
- Ensure clean and safe working environment and report to superior any challenge unable to handle in the course of work.
- Comply with all procedures and policies lay down by the store management.
- Provide money services like money transfers, check cashing, paying bills and money orders.
- Leading the team by managing their daily schedules, dispensing and collecting all tills.

### **Crew Member/Cashier**

McDonald's - Bakersfield, CA

November 2019 to December 2019

- Handled money transactions and issue receipts
- Communicate with customers in a fast and friendly manner.
- Interpreted orders in timely manner and assembled food to ensure fast service.

- Showed proactive good numeracy skills and effective communication during rush sales hours.

### **Sandwich Artist**

Subway - Bakersfield, CA

June 2019 to December 2019

- Consistently provided friendly guest service and heartfelt hospitality.
- Demonstrated integrity and strong communication skills while interacting with guests, team members and managers.
- Prepared all food orders within a 2-3 minutes of work frame.
- Performed Cash-In Procedure- accounting for all forms of money, bread, etc., during the shift.
- Maintained daily responsibilities such as food storage, preparation, cleaning tasks assigned.
- Understood and adhered to all quality standards, formulas and procedures as outlined in the Subway® Operations Manual.

### **Staff Nurse in Government Sector**

Government hospital - IN

April 2017 to April 2018

- Performed initial assessment of patients vital signs and recording observations.
- Performed admissions of new patients.
- Performed IV line setups and IV drug administration and Blood transfusions.
- Evaluated laboratory and diagnostic tests as necessary.
- Cleaning and dressing of wounds and administered Medication and injections.
- Handled medico-legal cases i.e. emergency care for injured in accidents.
- Performed Normal vaginal deliveries in hospital settings and provided new born care.
- Interpretation of vital signs and monitoring of gauge labor progression and overall stability of patient and fetus.
- Provided a calm reassuring presence during labor and delivery and instructed mothers on helpful breathing techniques.
- Prepared mothers and delivery room for birth including setup trays and equipment.
- Educated new mothers regarding lactation techniques and guidance during feedings when needed.
- Provided direct care of up to 10-12 patients per shift.
- Carried out the care planning

### **Clinical Instructor**

Public Khalsa college

May 2013 to April 2017

- Demonstrated and taught patient care in classrooms and clinical units to nursing students.
- Instructed students in principles of physical, biological and psychological subjects related to nursing.
- Conducted and supervised lab work, issued assignments and direct seminars and panels.
- Taught nursing subjects in curriculum to Bsc nursing and GNM students.
- Conducted practical and theory tests in hospital and college and evaluated students in curriculum.
- Maintained classroom, equipment, supplies and teaching aids.

### **Staff Nurse, RN**

NASA brain & spine center, Jalandhar, Punjab - Jalandhar, Punjab

February 2013 to May 2013

- Provided patient care in brain and spine injury hospital.
- Significant knowledge of neurological damage and diseases.

- Comprehensive understanding of acute care procedures.
- Handled emergencies and critical care situations independently.
- Provided direct care of up to 5 patients per shift
- Directed and managed critical care patients
- Monitored and documented patient's vitals
- Administered cardiac drips and injections
- Provided education and discharge instructions
- Supervised student nurses
- Provided end of life care to the patients.
- Provided family support in end of life care.

## Education

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### **BSN in Nursing**

Baba Farid University of health sciences - Faridkot, Punjab  
September 2008 to August 2012

## Nursing Licenses

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### **RN**

Expires: September 2023

State: CA

## Skills

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- Microsoft Powerpoint
- Customer Service (2 years)
- Teaching Experience (3 years)
- Critical Care Experience
- Nursing (2 years)
- ICU Experience (Less than 1 year)
- Medication Administration
- Experience Administering Injections
- Guest Services
- Vital Signs
- Hospital Experience (1 year)

## Languages

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- English - Expert
- Punjabi - Expert

Certifications and Licenses

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**BLS for Healthcare Providers**