

# Kimberly Garster

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## Objective:

To become part of a great healthcare team that serves the people of our community and to continue to grow and learn as a Registered Nurse while being an important part of people's lives by providing a loving Nurse-patient relationship and providing excellent nursing care.

Authorized to work in the US for any employer

## Work Experience

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### **Charge RN**

Heartland Continuing Care - Portales, NM

January 2021 to Present

Assess and monitor resident's health status, communicate resident's health status to various members of healthcare team; including physicians, pharmacists, PT, OT, ST, and case management personnel, admit and discharge residents, pronounced death, administer IV medications, obtain blood from Residents for lab values, insert IV catheters, administer medications, perform wound care and assessment, and supervise nursing assistant personnel.

### **Staff RN II**

Covenant Medical Center - Lubbock, TX

August 2014 to October 2019

Assess and monitor patient health status, communicate patient health status to various members of healthcare team; including physicians, pharmacists, PT, OT, ST, and case management personnel, admit and discharge patients, administer IV therapy, monitor heart rate and rhythm through cardiac telemetry, closely monitor patients to and from procedures with a portable monitor, obtain blood from patients for lab values, insert IV catheters, remove post angiogram sheaths, remove central lines and other types of arterial access, administer medications, perform wound care, and supervise nursing assistant personnel. HCAHPS monitoring and co-creator/ implementer of Patient Experience Enhancement Program (PEEP). Pathways to Excellence Champion for South 4, Jan 2017. Magnet Ambassador for South 4, January 2018-Oct 2019. Preceptored new Nurse orientees and students for Capstone Preceptorship for Covenant School of Nursing.

### **RN Charge Nurse**

Heartland Continuing Care Center - Portales, NM

September 2013 to July 2014

Assessed and monitored resident's health status, communicated resident's health status to various members of healthcare team; including physicians, pharmacists, PT, OT, ST, and case management personnel, admitted and discharged residents, pronounced death, administered IV medications, obtained blood from patients for lab values, inserted IV catheters, administered medications to up to 40 residents per day, performed wound care and assessment, and supervised nursing assistant personnel. Came to facility PRN during off hours to administer IV medications when no other RN was available.

**Assistant Store Manager**

Family Dollar - Portales, NM

June 2008 to December 2009

Opened and closed store six days a week. Experience supervising employees, managing cash registers, store safe, transporting deposits, calculating earnings, and customer service.

**Biology Lab Assistant**

Work-study Eastern New Mexico University - Portales, NM

September 2004 to December 2006

Experience keeping inventory of chemicals in a neurophysiology lab as well as creating MSDS reference folders

**Owner/Operator**

King's Pet Paradise - Portales, NM

June 2005 to June 2006

Pet grooming and boarding services. Pet supply sales.

**Cashier/ Sales Associate/Customer Service Associate**

Walmart - Portales, NM

March 2004 to March 2005

Caring for customers at customer service center, working in housewares, fabric, and domestics, and checking people out at the register.

**Department Manager**

Dunlap's - Carlsbad, NM

September 2002 to March 2003

Housewares department, organizing, ordering, and displaying merchandise, customer service and occasionally checking customers out at a register.

**CNA**

Heartland Continuing Care Center - Portales, NM

March 2001 to May 2001

Cared for dependent residents assisting them with activities of daily living.

**Education**

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**Bachelor of Science in Nursing in Nursing**

Chamberlain college of nursing

Present

**Associates Degree in Nursing in Nursing**

Clovis Community College

May 2013

**Graphic Design**

Eastern New Mexico University

March 2008 to March 2009

## **Pre Med**

Eastern New Mexico University

September 2004 to September 2007

## Skills

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- Cardiac monitoring
- Telemetry strip interpretation
- Sheath removal
- Central Line removal
- Head to toe assessment
- Care plan initiation and monitoring
- IV insertion
- IV medication administration
- Oral medication administration
- Rectal medication administration
- Blood product administration
- TPN administration
- Cardiac gtt, Dopamine gtt, Heparin gtt administration
- Pronouncement of death
- Blood draws
- Admitting and discharging patients
- Chronic wound care
- Post-surgical wound care
- Post-procedural wound care
- Trach care
- Suction equipment use
- Biphasic AED use
- NG Tube insertion
- NG, J Tube, and Gastric tube feeding
- Bariatric care
- Hospice Care
- Pet Grooming
- Critical Care Experience
- Nursing
- EMR Systems
- Caregiving
- Acute care
- Home care
- Hospital experience

- Phlebotomy
- Supervising Experience
- Home health
- Communication skills

## Certifications and Licenses

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### **CPR/ACLS**

### **RN**

### **BLS Certification**

## Assessments

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### **Nursing Skills: Clinical Judgment — Expert**

January 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Expert](#)

### **Direct Care — Highly Proficient**

December 2019

Showing sensitivity and enthusiasm while providing care to patients.

Full results: [Highly Proficient](#)

### **Electronic Medical Records: Best Practices — Expert**

January 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

### **Reliability — Expert**

February 2020

Tendency to be dependable and come to work

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.