

Nursing Resume

Rose Obita,RN

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Professional Summary

A healthcare professional who is ready to make a difference in the lives of others. I have experience with Long Term Care, Long Term Acute Care, Geriatric care, Medical-Surgical and Pediatrics nursing. My profession has taught me the importance of holistic care, and I plan to ensure that I provide my patients with all faucets of care they need.

Skills

- I am computer literate.
- I am also CPR certified.
- Have excellent basic nursing skills.
- I also have developed great medical administration skills.
- I can also perform G-tube feedings as needed.
- Foley insertion and care.
- Trach care.
- Injections
- Wound care as prescribed by provider.

- Pain management
- Diabetic care.
- IV therapy
- Assist in emergency situations
- Assist with initial and ongoing health assessments and maintenance of patients
- Collect samples such as urine, blood, and sputum, from patients for testing and perform routine laboratory tests on samples.

Education

University of Texas at Arlington (2020) RN-MSN (expected graduation date 2023)

Temple College- Associates Diploma of Nursing ADN (May 2020)

Temple College- Vocational Nursing (2019)

University of Texas at Arlington (2017-8) Lower BSN

Alamo Colleges- Palo Alto, Northwest Vista College (2015-6)- Pre Nursing

Southwest Minnesota State University (2009)- Bsc. International Business Management

Experience

Travel Medical Surgical assignment (Jan 2022- March 2022) Prolink Healthcare

- Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans.
- Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications by a licensed RN.
- Educates patients on surgical procedures.
- Monitors and adjusts specialized equipment used on patients, and interprets and records electronic displays.
- Initiates corrective action whenever the patient displays adverse symptomatology.
- Provides bedside care of for a wide variety of medical patients, including pre- and post surgery patients.

- Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs.
- Changes dressings, inserts catheters, starts IVs.
- Participates in admission and discharge planning.
- Direct care provided by licensed practical nurses and nursing aides.
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
- Float to different units that are medical surgical based.

Contract Medical Surgical/ Rehab Nurse (Sept 2021- Present): Kupplin Soal Tech

- Provide care and treatment to ill, injured and recovering adults.
- Assess patient's condition and chart accordingly.
- Prepares and administer (orally, subcutaneously, through an IV) and records prescribed medications. Reports adverse reactions to medications or treatments in accordance with the policy regarding the administration of medications by a licensed RN.
- Change wound dressings, inserts catheters, start IVs.
- Prepares equipment and aids physician during examination and treatment of patient.
- Responds to life saving situations based upon nursing standards and protocol.
- Participates in discharge planning and admission process.
- Consult and coordinate with healthcare team members to assess plan, implement and evaluate patient care plans.

Agency Registered Nurse (Sept 2020- Present): Evins Healthcare staffing

- Assist facilities in need by being the substitute nurse where there is need.
- Monitor patient's/resident's condition and assess their needs to provide the best possible care and advice
 - May assist in caring for non-COVID and/or COVID positive patients, your choice
 - Deliver medication as allowed by medical direction
 - Respond to medical emergencies for patients/residents as needed
 - Communicate with providers and families of patients/residents, as needed
- Provide vaccinations for flu clinics, and regular TB screenings, cholesterol or health screenings for clients

Med/Surg Nurse (August 2019- 2021) Scott and White, Temple

- Monitor patient Vital signs
- Administered medication vis IV/PO/SQ/IM
- Establish IV access to take blood samples
- Monitored and recorded input and output in patients with CHF, renal failure and gastroenteric.
- Removed secretions using aspiration techniques in pts with trachs and also monitor patients in ventilators.
- Process admissions and discharges.
- Ensure that pt's have assessments done prior to pre-op and post-op.
- Insert IVs, foley catheters and administer blood products accordingly to physician orders.
- Verify medications prior to administration using the 10 rights of medication administration.
- Ensure that physician orders and fulfilled accordingly.

Registered Nurse (May 2020- May 2021) Ageless Living Home Health LLC

Licensed Vocational Nurse (May 2019- May 2020)

- ADLs.
- Medication administration
- GB and Trach care

-Monitoring Vital Signs

-Skin Care including wound care.

-e-charting

Licensed Vocational Nurse (May 2019- 2020): HMG Park Manor Bee Cave

- Reviewing staffing patterns and census of nursing units; reassigning personnel when necessary to ensure residents care needs are met
- Managing and analyzing patient care following admission/readmission; conducting initial head to toe assessment for newly admitted or readmitted patients
- Assist in creating and implementing care plans that address individual residents' needs
- Administering medications, including IV therapy, gastrostomy tube management, diabetic management and wound care management
- Monitoring residents for changes in condition and communicating changes to physicians
- Ensuring appropriate documentation of resident care and maintaining medical records to ensure safe, efficient and therapeutic care to residents