Sirmara Perkins

Licensed in IL, and CA

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Lpn of 16yrs currently traveling with a wide variety experience in different setting including LTAC, MED-SURG. CORRE TIONS LTC and etc.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

LPN Charge Nurse

ProLink Staffing - California January 2022 to Present

Currently working Subacute and Er. Setting. Gilbert trach meds etc. Using cerner email system

Travel Nurse

AMN Healthcare - California March 2021 to August 2021

Worked with a wide variety of patients from pediatric to adults. Covid swapping and vaccinating in clinics, urgent care and Tent settings. Floating to different facilities and cities during the pandemic. Work a variety of different shifts to fit the client's needs.

Including employee health, Utilization Review , emergency room, Covid clinics, urgent care, Corrections. Worked with public health assisting with setup and training on covid protocol and infection control prevention.

Travel NY and Um nurse/ Pre-certification nurse

Staffing Unlimited - Chicago, IL February 2019 to March 2021

Perform on-site/ remote medical record reviews to evaluate delivery of care in relation to companies clinical practice guidelines. Over Read and abstraction of medical records for hedis quality measurements. Worked with Illinicare and Meridian Healthcare system.

- 1. Responsible for facilitating and monitoring of assigned quality improvement projects, including the following:
- Consult with network physicians, Medical Group/IPAs, providers, members, and other resources, as appropriate, to assess, plan, facilitate implement, coordinate, monitor and evaluate options to meet clinical quality improvement project objectives and to promote high quality and cost-effective outcome.
- Over Reading and abstracting quality measures, analyzes and communicates it, and develops recommendations regarding clinical quality improvement projects and Hedis project.
- Assist in addressing issues related to clinical quality improvement projects for the managed care programs to assure compliance with contractual arrangements, accreditation requirements, government regulations and employer group expectations.

- Assist in coordinating internal support functions for assigned clinical quality improvement projects.
- Analyze statistical reports to evaluate effectiveness of quality improvement projects as well as to identify opportunities for improvement.
- Cooperate with other members of the department and interfacing departments as a team to increase overall efficiencies in an effort to maintain or decrease administrative costs.
- Provide ongoing documentation of clinical quality improvement project interventions for quarterly and annual Quality Improvement Reports, and for accreditation reviews ensuring reporting accuracy and timeliness.
- Present clinical quality improvement project results to the Quality Improvement Workgroups and Managed Care QI Committees.
- Participate in physician and Medical Group/IPA trainings such as Managed Care Roundtables, Administrative Forums, and MG/IPA QI Fund Trainings.
- Assist in meeting and interfacing with outside agencies and organizations such as Illinois Department of Public Health, American Academy of Pediatrics, American Diabetes Association, etc.
- 1. Maintain and enhance knowledge of clinical nursing and regulatory standards by attending seminars, training sessions, etc.
- 2. Attend internal/external meetings to keep apprised of quality improvement and managed care issues/information.
- 3. Assist in day-to-day activities in an effort to achieve HCM annual divisional goals.
- 4. Practice within the scope of licensure and/or certification
- 5. Maintain communication with management regarding development within areas of assigned responsibilities and perform special projects as required or requested. Using INTERQUAL policy and insurance plan guidelines.

Chronic Care Coordinator

Infinity Healthcare - Chicago, IL August 2009 to May 2020

- Perform on-site/remote medical record reviews to evaluate delivery of care in relation to companies clinical practice guidelines.
- Assess Residents for rehab potential when Medicare minutes are complete.
- Knowledge of Raps, RAI manual and MDS. Ability to conduct Care plan meeting.
- Knowledge of Medicare and Medicaid filing. Ability to assess and input resident required and approved for restorative programs.
- Supervised and manage restorative programs.
- Provide all necessary training to staff regarding restorative programs followed up with resident to assess progression in programs.
- Identifies candidates for potential therapeutic intervention through assessment and interview with staff
- Works with skilled therapist in conjunction with their treatment plan and goals.
- Coordinates the services of nursing and ancillary services to enhance the well-being of each resident.
- Works to provide a safe and comfortable environment for the residents.
- Monitors that restorative programs are occurring and their progress.

Restorative Nurse Manager/Utilization Review Nurse

Evergreen Healthcare Services - Evergreen Park, IL February 2012 to August 2014

Assesses physical functioning of the resident to assure each resident attains his\her maximum functional potential.

- Completes the physical functioning section of the MDS.
- Documents assessments in the clinical record.
- Makes a minimum of one assessment note per month or more often if resident is not progressing.
- Reviews weekly notes made by CNA's. If improvement or decline is noted in the progress of a resident's restorative program, a referral to rehab is made.
- Identifies candidates for potential therapeutic intervention through assessment and interview with staff
- Works with skilled therapist in conjunction with their treatment plan and goals.
- Coordinates the services of nursing and ancillary services to enhance the well-being of each resident.
- Works to provide a safe and comfortable environment for the residents.
- Monitors that restorative programs are occurring and their progress.
- Monitors documentation of all disciplines to be certain plan, goals, and target dates are addressed.
- Work in consultation with Director of Nursing to assure the resident has the proper devices and that nursing is facilitating the use of them.
- Participate in the care conference and communicate with families regarding changes in the interdisciplinary care plan as needed.
- Assists with state inspections and agencies: maintains and provides information required and retains copies of the same.
- Working with insurance companies on Prior Authorization for equipment and services the patient needs
- Function as preceptor for orientation of new employees.
- 1. Coordinate and provide interface with medical groups and other practitioners regarding existing and proposed clinical quality improvement initiatives.
- 2. Maintain and enhance knowledge of clinical nursing and regulatory standards by attending seminars, training sessions, etc.
- 3. Attend internal/external meetings to keep apprised of quality improvement and managed care issues/information.
- 4. Assist in day-to-day activities in an effort to achieve HCM annual divisional goals.
- 5. Practice within the scope of licensure and/or certification and accreditation standards.
- 6. Communicate and interact effectively and professionally with co-workers, management, customers, etc.
- 7. Comply with HIPAA, Diversity Principles, Corporate Integrity, Compliance Program policies and other applicable corporate and departmental policies.
- 8. Maintain complete confidentiality of company business.
- 9. Maintain communication with management regarding development within areas of assigned responsibilities and perform special projects as required or requested.

Licensed Practical Nurse

Kindred Hospital - Chicago, IL January 2007 to March 2009

- Worked in Icu, Er and Med Surg/Tele
- Handling Ventilated patients
- Giving medication as prescribed by a physician
- Taking vital signs, such as blood pressure, temperature, and weight
- Basic wound care including cleaning and bandaging injured areas
- Giving injections of medication

- Immunizations/Managing Ivs
- Taking medical histories
- Entering information into computer systems
- Ensuring patients and their families understand release instructions
- Supervising CNAs (Certified Nursing Assistants)
- Monitoring fluid and food intake and output/ Moving patients safely

Education

High school diploma in General Studies

Jones Commerial - Chicago, IL September 1992 to June 1994

Nursing Licenses

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Expires: January 2023

State: IL

Skills

- Utilization Review
- HEDIS
- Medication Administration
- MDS
- Case Management
- Epic
- Cerner

Certifications and Licenses

Intravenous. Certification

May 2008 to Present

Restorative Certification

August 2009 to Present

MDS Certification

June 2009 to Present

BLS Certification