

## **ADCHARA WALTERS, RN BSN**

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### **EXPERIENCE**

**GRANDBURY, TX**

#### **NOMADHEALTH: TRAVEL NURSE FOR MED/SURG, MED/SURG ORTHO, MED/SURG TELE - DAY SHIFT**

04/2022 – present (13 weeks)

- Age specific admission and ongoing assessments are completed, documented and used to develop a plan of care.
- Collaborates with members of the health care team/patient/family to develop, implement, and evaluate an age-specific interdisciplinary plan of care. Revises plan according to changes in patient status.
- Assesses, plans, implements, and evaluates patient care in order to achieve optimum patient outcomes for patients of all ages as appropriate to service area.
- Treatments and medications for patients of all ages are accurately administered and documented utilizing automated computer systems, including electronic medical records.

**AUSTIN & ROUND ROCK, TX**

#### **MEDELY (PER DIEM): TRAVEL NURSE MED/SURG, MED/SURG ORTHO, DETOX - NIGHT SHIFT**

03/2022 – present

- Completes medical screening and/or assessment of new clients immediately upon admission, according to level of care protocols
- Delivers quality client care through assessment, monitoring and communicating observations and findings with physicians and other members of the medical and as needed clinical treatment team.
- Coordinates admissions with medical team, obtains admission orders from physicians for appropriate level of care and medical needs.
- Create care plans & treatment plans with clients suffering from Substance Use Disorders and related medical conditions.
- Monitor medication process for individuals in detox and residential services
- Prepares Medication Administration Record (MAR)
- Promotes restoration of health, client and family education and serves as a client advocate.
- Maintains compliance with all program policies and procedures, as well as all state and accreditation standards.
- Follow medical detoxification protocols and associate medical needs.

**ROUND ROCK, TX**

#### **HCA (ST.DAVID'S ROUND ROCK MEDICAL CENTER): RN MED/SURG, MED/SURG ORTHO - NIGHT & DAY SHIFTS**

05/2021 – 04/2022

- Participates in admission and/or discharge planning
- Assessing, planning, implementing, and evaluating patient care plans in consultation with healthcare professionals.
- Performs patient assessments/reassessments on a regular basis in accordance with established policy
- Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre-and post-surgery patients.
- The plan provides for continuity of care
- Creates and maintains accurate, detailed reports and records
- Can organize work and utilize time efficiently based on knowledge of nursing theories and procedures
- Performs nursing care in an organized and systematic manner
- Provides individualized education for the patient, family, and or caregiver throughout the continuum of care
- Adapts to a rapidly changing work environment
- Preparing, administering and recording prescribed medications.
- Changing dressings, inserting catheters, and starting IVs.
- Adjusting specialized medical equipment as needed, as well as interpreting and recording measurements.
- Monitoring patients' vitals and reporting adverse reactions to medications in a timely manner.
- Collaborating on discharge planning with the healthcare team.
- Maintaining and updating patient files, medical charts, and health records.
- Adhering to best nursing practices, standards, and protocols.

**AUSTIN, TX**

#### **HCA (ST. DAVID'S REHABILITATION HOSPITAL) - RN REHAB**

09/2019 – 04/2021

- Performs complete and accurate nursing assessment on assigned patients.
- Completes admission/discharge in assigned patients.
- Priorities of care are established and based on presenting medical history, past medical history, nursing observations, and assessments.

- Administer medications and treatments per physician's orders in timely and accurately matters.
- Provides nursing services to patients with a variety of medical conditions such as SCI, Stroke, MI, TBI, post fall/injuries, post surgical, debility, etc.
- Provide the primary patient care with assistance from patient care techs and liaising with interdisciplinary team such as general practitioners, pharmacy, laboratory, and other health professionals to ensure that patients' health needs are met.
- Ensuring all care related quality monitoring audits (CAUTI/CLABSI audits) are completed and recorded according to the company audit schedule.
- Assisting team members in effective working relationships to maintain and to ensure that patient care & medication administration flows are finished in timely, efficiently, and together as a team.
- Assisting the CNCs with administrative duties.
- Delegating clinical coordination role to another registered nurse and PCTs in the working setting.

**MADAM MAM'S THAI RESTAURANT AT BRODIE LANE**

**AUSTIN, TX**

08/2017 – 09/2019

While working on NCLEX & RN Licensure

**SODALIS SENIOR LIVIONG**

**AUSTIN, TX**

06/2017 – 12/2017

While working on NCLEX & RN Licensure

**HEALTH INSURANCE COMPANIES: BUPA INTL. & MITSUI SUMITOMO**

**BANGKOK, THAILAND**

08/2011-03/2017

Registered nurse - Claim Adjuster

**GENESIS HEALTHCARE & THE READING HOSPITAL AND MEDICAL CENTER**

**READING, PA**

05/2007-06/2011

Patient Care Assistant

**SIRIRAJ HOSPITAL & BANGKOK NURSING HOME (BNH) HOSPITAL**

**BANGKOK, THAILAND**

04/2004-10/2006

Registered nurse

**EDUCATION**

**MAHIDOL UNIVERSITY – BANGKOK, THAILAND**

**BACHELOR'S DEGREE IN NURSING**

**SAPPRAWITTHAYAKHOM SCHOOL – TAK, THAILAND**

**HIGH SCHOOL DIPLOMA**

**LICENSES/CERTIFICATIONS**

- Texas Registered Nurse License No. 979111 (Expires 3/31/2024)
- New York Registered Nurse License No. 770101 (Expires 02/28/2025)
- Thailand Nursing and Midwifery License No. 111565 (Expires 7/25/2024)
- BLS (Expires 03/2024)
- ACLS (Expires 03/2024)
- PALS (Expires 03/2024)
- NIHSS

**ADDITIONAL SKILLS**

- Meditech & Medhost system
- Bilingual Thai/ English
- Pain management
- Administration of blood and blood products, obtaining blood from central venous line
- IV Therapy, TPN, PPN, Antibiotic, Heparin Drip
- Care of drains/tubes (i.e. Jackson Pratt drains, Wound Vac, etc.)
- Telemetry Monitor

**REFERENCES**

- Yvonne Sullivan, Registered Nurse/Charge Nurse Tel. 512-749-4054 Email : ygsullivan@sbcglobal.net
- Julia Maddox, Registered Nurse/Nurse Supervisor Tel. 512-851-9338 Email : JuliaBSNRN@gmail.com
- Madison Gameon, Registered Nurse/Charge Nurse Tel. 406-590-8100 Email : madisongameon@gmail.com
- Tsechoe Dolma, Register Nurse Tel. 512-826-5209 Email : dolmatsechu143@gmail.com

- Lauren Richter, Registered Nurse Tel. 512-587-1548 Email : schaefer.lauren@yahoo.com
- Cassandra Tovar, Registered Nurse Tel.956-975-9409