

Wasilat I. Ekoh, BSN, RN

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PROFESSIONAL SUMMARY

As a diligent and compassionate registered nurse with experience in the inpatient rehab and cardiovascular surgical units, I am seeking the opportunity to obtain more advanced skills and gain more knowledge and experience professionally. My focus is to provide exceptional patient care and education, and my strengths include:

- Ability to maintain composure and perform tasks under high levels of pressure while exhibiting good problem solving and decision making skills.
 - Ability to multitask and maintain good time management skills as well as work well with others.
 - Consistent display of critical thinking skills, attention to details, effective communication, advocacy for patients, as well as passion for the field of nursing.
 - Ability to build positive relationships with patients, family, and staff.
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EDUCATION

The University of Texas at Arlington, Arlington, TX
Bachelor of Science in Nursing

May 2018

LICENCES/ CERTIFICATIONS

Registered Nurse in the state of Texas
Basic Life Support (AHA)
Advanced Cardiovascular Life support

June 2018- Present
January 2021- Present
January 2021- Present

PROFESSIONAL EXPERIENCE

SnapNurse- Adventist Health and Rideout (Contract) March 2022-April 1)
(*Medical Surgical/ Telemetry*)

- Responsible for caseload of 4-5 patients on multiple medurg floors including 2 East, 3 west, 3 east.
- Patient populations consisted of Covid, ortho, neuro, and cardiac.
- Tasks were the same as those listed in prior assignments

SnapNurse – Adventist Health Delano (Contract) February 2022- March 2022
(*Medical Surgical/Telemetry unit and COVID unit*)

- Responsible for caseload of 2-5 medurg/tele patients/ 2-3 COVID
- Patient population consisted of pre/post op knee replacement, hip replacement, bariatric surgery patients, GI surgery patients, and general med surg patients.
- COVID patients were tele with additional health issues included above
- Tasks include tele monitoring with strip labeling and identification, medication management, pain management, woundcare, diabetes management and education, incision care, etc.

Alliant Healthcare Staffing- Methodist Richardson Medical Center (Contract) November 2021- January 2022)
(*Medical Surgical/ Telemetry Float RN*)

- Responsible for caseload of 4 -5 medurg/telemetry patients on four different units

- 2 med west and 2 med East which are predominantly covid and general medical surgical tele
- 3 med west which is predominantly cardiac and stroke patients
- 6 surgical which are general surgical patients with knee/ hip replacements, Laminectomies, etc.
- Patient populations vary on each unit which requires me to adapt quickly each shift as I rotate regardless of whether shifts are in a row
- Tasks include assessment, charting, medication administration, utilization of PPE, patient education, rounding, bowel and bladder management, foley care, wound care, monitoring of labs and vital signs, electrolyte replacements, tele monitoring, diabetes management, and BP management.

Houston Methodist Hospital

February 2021- October 2021

(Surgical and Liver Intensive Care Unit)

- Responsible for the caseload of 2 critically ill patients. The patient population consists of pre liver/ kidney transplant, ENT, orthopedic, colorectal, and general surgery patients as well as post liver and kidney transplant/ plastic surgery patients.
- Tasks include: hemodynamic monitoring of patients on and off of ventilators, pain management (PCA Pump's and IV push), EKG monitoring, blood draws, art line reading and management, assistance of line placements (art, swan, cvc), management of multiple drips including pressors, sedatives, initiation and management of continuous renal replacement therapy (CRRT) nXstage system, flap checks and monitoring, fresh trach management, assist with sedation and intubation, BIS monitor setup and management, titration and management of paralytic agents, Cortrak system NGT insertion, monitoring of labs, and electrolyte replacements.

CHI Baylor St. Luke's Medical Center

July 2020-February 2021

(Cardiovascular Surgical /tele)

- Responsible for a caseload of 4-6 patients with cardiac issues such as those recently diagnosed with CHF requiring cardiac drips such as milrinone, amiodarone, and dobutamine, MI, new onset chest pain, heart rhythm changes, pre/ post cath lab, pre/ post CABG (depending on how quick patients were extubated post op day 1-3) and PCI stent placement, mitral valve repairs, patients requiring IV diuresis, strict I&O, transplant patients Covid rule out prior to transfer to transplant unit, incision care, external pacemaker wire wrapping, newly placed permanent pacemaker, etc (population varied as unit consisted of a combination of CV surgical tele and stepdown patients. Grid for unit was 1:4 but regular caseload was 1- 5/6)
- Cared for patients that require heparin drips, tube feeds, wound care for pressure ulcers, pre transplant patients, diabetes management, diuresis, incision care, chest tube management,

St. David's Medical Center Rehabilitation Hospital

July 2018- July 2020

- Responsible for caseload of 6-8 patients with medical conditions including CVA, TBI, SCI, MI, post CABG, hip and knee replacements, BKA, AKA, CHF, laminectomies, as well as patients with general debilities from cancer, tumor resections, craniotomies, COPD, falls, Parkinson's disease, failure to thrive, dementia, post covid rehab (June 2020) and more.
- Utilize assessment and evaluation skills to determine proper action and prioritization of patient care. Incision care, suture/staple management and removal, tube feeding initiation and management, Peg/ NG tube management, diabetes management, TPN administration, diabetic ulcer care, general woundcare, stump incision care, pain management, bowel programs, utilization of equipment including hooyer lift, BSC, gait belts, and walkers, and telemetry monitoring (not all patients were placed on telemetry).
- Collaborate with team and other healthcare professionals to provide patient centered individualized care.

- Ensure patient and family members are aware of the plan of care as it pertains to what my role is as the nurse caring for them and encourage them to ask questions as they see fit.
- Trained nurses new to the unit as well as give nursing students an opportunity to do certain tasks and teach different skills as well as providing encouragement.
- Participated on the fall prevention committee where falls on the unit were evaluated and different ideas for prevention on the unit were discussed.
- Served on the multi unit council where nurses from different units discussed issues on the unit for nurses with the CNO and other nursing leaders, made recommendations and requests.

SKILLS

- TPN/ PEG/NGT management, antibiotic administration, urine output monitoring with and without diuretic administration, telemetry and hemodynamic monitoring, IV diuresis, CRRT, portacath management, central line management, foley catheter management, pain management, insulin drip management, patient/family education, BIS monitoring, paralytic agent titration and administration, sedation management and titration, ETT suction, oral care, incision management, chest tube management, staple/suture removal, wound care, stump care, colostomy management, lab/ specimen collection, patient education, medication administration, bowel programs

SYSTEMS

- Meditech
- Epic
- Cerner

References

Gabrielle Egbe RN- (713) 256-8809

Beth Poffenberger Charge RN- (979) 472-1917

Jessica Lale RN Supervisor SDMC- (512) 217-8383

Terrie Mitchell MSN, RN Manager SLICU- (708)- 228-7250