

Alexandria Tellez
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Education and Training

12/2019 Bachelor of Science: The University of Texas At El Paso – Nursing El Paso, TX

05/2016 Associate of Arts: El Paso Community College - General Studies El Paso, TX

Objective

Pursuing a nursing position in a department that will enable me to use detail oriented, strong analytical skills and provide compassionate patient-centered care.

Skills

- Patient care delivery
- Health promotion
- Regulatory compliance
- Medication administration
- Broad medical terminology knowledge
- Medication and IV administration
- Care planning
- Significant experience with nursing procedures and processes
- Strong familiarity with automated clinical information systems
- Excellent organizational abilities
- Superb people skills

Experience

Snap Nurse

09/2021-Current: Snap Nursing- Fema Contract LADH St. Francis Cabrini

Emergency staff nurse to Telemetry COVID 19 unit/ ED Med-Surg patients. Adaptation to new facility protocols paired with split-second decision-making skills ensured continuity in care. Assist unit with patient needs due to COVID. Collaborate with a team to ensure the patient has best possible outcome. High sense of responsibility for the performance of job duties in the safest possible manner, to assure personal safety and that of coworkers, patients, and families. Use of available safety equipment and PPE. Reporting of all observed preventable hazards and unsafe practices to manager. Demonstrated critical thinking skills through excellent problem-solving skills, and ability to set priorities.

Home Health

07/2021- 09/2021: Matrix Home Health/PRN

Compassionate Home Health Nurse providing a stable environment for patients requiring home health nurse. Adept at tailoring care options to individual needs and abilities. Specialize in meeting the home health care needs of patients in a timely efficient manner. Prepared updates on patient progress to determine extent of home health care needs. Identified patient discharge needs and assisted with care recommendations. Provided customized home health care to patients. Implemented home health care procedures in accordance with employer guidelines. Worked various shifts to ensure that each patient received proper care. Coordinated efforts with licensed vocational nurses and home health aides.

05/2021- 08/2021: Guardian Angel Home Health/PRN

Organized and motivated employee applied time management and organizational skills in various environments. Created safe environment for patients with a need of services inside of home. Managed life vest and post pacemaker care to patients. Administered critical medications to patients in home. Coordinated care with attending physicians and DON to establish a plan of care for patients under my care. Recognized & interpreted significant change in health status and reported findings appropriately to physician, Home Health Manager & other individuals involved in care of patient. Demonstrated critical thinking such as problem-solving, reflective practice, clinical reasoning, and prioritizing.

04/2021- 04/2021: Favorite Staffing

Experienced COVID Shot Nurse compassionately providing COVID shots in clinical settings. Adept at following physician instructions carefully reviewing patient information and monitoring patient reactions to shots. Specialize in making patients feel at ease before and during the process of administering shots.

Registered Nurse Emergency Responder

12/2020 – 04/2021: Krucial Staffing Telemetry Amarillo, Texas

Emergency staff nurse to Telemetry COVID 19 unit. Assist unit with patient needs due to COVID. Collaborate with a team to ensure the patient has best possible outcome Demonstrated the ability to interact with patients from diverse cultures and backgrounds. Commended for

multitasking abilities. Learned the basics of assessing patient vital signs under the tutelage of the Registered Nurse. Assisted nurse and staff with all aspects of daily care, including bathing, feeding, and dressing. Helped to ensure patients stay as comfortable, dignified and enriching as possible.

Registered Nurse/Telemetry

02/2020-12/2020: Del Sol Medical Center, El Paso Texas

Received "exemplary" and "exceeds expectations" ratings on all performance reviews. Cited for excellence in interpersonal communications, teamwork, customer service, flexibility and reliability. Demonstrated the ability to interact with patients from diverse cultures and backgrounds. Commended for multitasking abilities. Learned the basics of assessing patient vital signs under the tutelage of the Registered Nurse. Assisted nurse and staff with all aspects of daily care, including bathing, feeding and dressing. Helped to ensure patients stay as comfortable, dignified and enriching as possible.

Clinical Student Nov-2019- Dec 2019 Del Sol Medical Center

Performed thorough physical assessments, vital signs and ADL's while using safe transfer techniques. Under supervision and hospital policies: Conducted medicinal administration and acute care healing procedures such as IV therapy, patient- controlled analgesia, glucose monitoring, wound care and fluid management. Excellent track record of meeting academic goals and excelling in clinical placements. Commended for history as a hardworking, punctual team player. Enthusiastic and excellent people skills and dedicated work ethic. Bilingual in English and Spanish.

Certifications

CPR Certified- American Heart Association

BLS Certification 2022

ALS Certified 2022

Fema Course 100, 200, 700