

Telisha Lindsey

Certified Nursing Assistant - Park River Estates Care

Minneapolis, MN

-Email me on Indeed: <http://www.indeed.com/r/Telisha-Lindsey/9e3d377336c0f81d>

I am a very qualified Certified Nursing Assistant and I am also current in my BLS certification. I have assisted nurses with patient care, treatments and procedures for over three years. I am able to take orders from nurses, and I am able to take initiative to perform cares when necessary, all within my scope of practice. I am a self motivated team leader and team player by nature making it possible for me to work efficiently and effectively alone or with teamwork. I have worked with many different patients

and residents. There were some patients I transported with wheel-chairs and some I have assisted with walkers. I have acquired extensive experience with long term residents and short term residents. After I received my nursing assistant certification, and before I got my first nursing assistant nursing assistant job, I volunteered in a hospital setting. Communication skills, empathy, patience and respect is something I use in every patient encounter. I am physically strong, emotionally strong, and a very hard worker. I stay focused on my job and task at hand. I am able to adapt and I am aware of how to address people of different ethnicity, gender, religion, sexuality, or disability, without discrimination. A patients dignity is a very important thing to care for and be aware of. I am very sanitary when assisting residents with cares, I frequently wash my hands and encourage patients and residents to do the same. I maintain a clean working environment. After I perform cares they are accurately charted in a timely manner.

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

North Memorial Hospital - Robbinsdale, MN

August 2019 to Present

Certified Nursing Assistant

Park River Estates Care - Minneapolis, MN

November 2017 to April 2020

My job duties for all of my certified nursing assistant jobs are the same

Certified Nursing Assistant

Golden Living - Anoka, MN

August 2015 to April 2016

My job duties for all of my certified nursing assistant jobs are the same

Store Manager

Friends And Family Auto Repair - Anoka, MN

March 2015 to April 2016

- Trained and mentored new employees to maximize team performance and achieve daily performance objectives

- Led employee performance reviews and discussed improvement strategies with each team member
- Recruited and hired qualified candidates to fill team vacancies by posting openings in local newspapers, using job boards and sharing details via social media platforms
- Implemented merchandising plans to drive profitability, collaborating with visual merchandising team to develop strategy
- Facilitated exceptional sales and performance results by focusing on continuous improvement approaches and capitalizing on emerging market opportunities
- Cleaned work areas regularly to keep team efficient and eliminate any safety concerns
- Maintained open and professional team relationships to quickly identify and resolve issues
- Trained current employees on additional job positions to maintain coverage of roles at all times

Certified Nursing Assistant

Park River Estates Care - Minneapolis, MN

December 2013 to January 2015

- Consulted with nurses to develop patient care plans and evaluate treatment options
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets
- Collected specimens, monitored vitals and maximized patient comfort
- Provided hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures
- Responded to patient alarms and needs-assessment requests to identify course of treatment
- Documented patient intake and dietary requirements and assisted with feeding
- Preserved patient dignity and minimized discomfort by carrying out duties such as bedpan changes, diapering and bathing
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status
- Exhibited compassionate care and communication regarding issues surrounding death and dying
- Volunteered to work additional shifts and overtime during busy periods to maintain proper staffing and floor coverage
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness
- Facilitated activities of daily living, including personal hygiene management, feeding and ambulation
- Provided personal nursing assistance in pre- and post-operative situations
- Collaborated with interdisciplinary healthcare teams to provide high-quality patient care

Hospital Volunteer

United Hospital - Saint Paul, MN

December 2012 to December 2013

- Helped transport patients and assisted with discharges
- Communicated with patients with compassion while keeping medical information private
- Transported laboratory results, biological specimens and patient records to correct locations
- Delivered personal items such as newspapers and flowers throughout hospital
- Managed reception and lobby area, greeted visitors and responded to requests for information
- Received and screened high volume of internal and external communications
- Offered diverse clerical support to office team members, including managing correspondence, answering telephone calls and tracking documentation
- Organized files, faxed reports and scanned documents
- Cleaned rooms to occupant ready status while working in fast-paced environment with multiple

interruptions

- Cleaned and sanitized rooms and equipment using aseptic technique to prevent infection and cross-contamination
- Hand dusted and wiped clean office furniture, fixtures and window sills
- Managed client laundry with proper care and attention to needs of different linens and articles of clothing

Education

High school or equivalent

Nursing Licenses

CRNA

Expires: March 2021

State: MN

Skills

- Charting
- Infection control
- Detail-oriented
- Problem solver
- Housekeeping
- CNA
- Cna Certified
- Certified Nursing Assistant
- Vital Signs Experience

Certifications and Licenses

CNA

CPR Certification