



PC

Prisca Chimedza

REGISTERED NURSE

OBJECTIVE

A seasoned professional nurse with extensive experience in procedural and bedside nursing. Highly motivated and organized with great attention to detail. ·Expertise in infection control and employee safety. Strong skills in communication, multidisciplinary collaboration, and staff education. · Interested in infection prevention, clinical systems improvement, and data analysis to improve patient care and safety, with plans to continue education to obtain a master's in nursing

SKILLS

Conflict resolution · Change management · Excellent verbal and written communication · Excellent computer skills, including proficiency in Microsoft PowerPoint, Word, and Excel

EXPERIENCE

**SURGICAL REGISTERED NURSE • WYOMING MEDICAL CENTER •
JANUARY 2020 – TO DATE
LEVEL II TRAUMA, 189 BEDS, CASPER WY**

- Getting a detailed report from night staff
- Performs head-to-toe assessment on all patients
- Performs neurologic assessment and area specific assessment depending on the case of the patient
- Monitors the hemodynamic status of patient and correctly interpret the results
- Reports changes and concerns to consultants
- Adequately assesses for pain and utilizes appropriate pain management techniques
- Preparing patients for theatre, handing over patients to theatre and receiving patient from theatre
- Administers medication via oral, nasal, optic, ophthalmic, intravenous, rectal, intramuscular and subcutaneous route as per doctor's orders
- IV insertion and lab draw for adults and tracheostomy care
- Administers medication via oral, nasal, optic, ophthalmic, intravenous, rectal, intramuscular and subcutaneous route as per doctor's orders
- IV insertion and lab draw for adults and tracheostomy care
- Oxygen administration via nasal cannula, face mask, non-rebreather mask, venturi mask, tracheal mask and bag valve mask ventilation
- NGT insertion and PEG care, NGT and PEG tube feeding
- Foley catheter insertion – male and female
- Diagnostic studies such as blood glucose taking, electrocardiography taking, urine, stool specimen collection, urine dipstick, ketone strip and pH strip analysis

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TELEPHONE

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and Google Docs · Highly organized and self-motivated · Experience with regulatory reporting and compliance, including OSHA, Patient Centered Medical Home, Joint Commission, and Department of Health · Excellent nursing skills, including IV starts, bedside procedures, and infection control · Epidemiological Surveillance · Infection Prevention · Clinical review for Bariatric procedures · Surgical site infection surveillance ·

- Prepares the patient prior to X-ray, ultrasound, CT scan, CT angiography, MRI, echo, EEG and other diagnostic procedures
- Wound care assessment and management specific to the wound type: burns, abscess, laceration, abrasion, pressure sores and ensuring wound cultures are taken
- Assist physician with ABG collection, nasal swab collection, arterial line insertion, thoracentesis, chest tube insertion, pleural fluid aspiration, central line placement, endotracheal intubation, paracentesis, suturing, incision and drainage, foreign body removal, tracheostomy tube and PEG tube change
- Admitting patients to the unit
- Demonstrates knowledge in cardiac monitoring identifies dysrhythmia and conducts treatment appropriately
- Designs a high-quality nursing care plan for each client and evaluating its efficacy by documenting outcomes
- Provides support and adequate education to the patient and family, including them in formulating plan of care

SENIOR REGISTERED NURSE • WINDHOEK CENTRAL HOSPITAL • DECEMBER 2011 – DECEMBER 2019

Windhoek Central Hospital is the biggest tertiary government hospital in Namibia and it's also a referral hospital for all thirteen regional hospitals in the country. It has over 800 beds and it offers a broad range of in-patient and out-patient general medicine and surgical services. It also has specialized clinics such as ear, nose and throat, cardiac, speech therapy and oncology. The hospital has an Intensive Care Unit, theater and acute care unit. It was recognized as one of the best hospitals in Southern Africa.



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The general surgery unit has a capacity of 36 beds with a nurse patient ratio of 1:6. It caters for both male and female adult patients with ear nose and throat and general surgery cases.

EDUCATION

**ASSOCIATE DEGREE IN GENERAL NURSING • DECEMBER 2003 •
KWEKWE SCHOOL OF NURSING – ZIMBABWE**

**ASSOCIATE DEGREE IN MIDWIFERY • MAY 2009 • GWERU HOSPITAL
SCHOOL OF MIDWIFERY – ZIMBABWE
BACHELOR OF SCIENCE IN NURSING – MAY 2021**

BLS- AMERICAN HEART ASSOCIATION-FEBRUARY 2022

ACLS- AMERICAN HEART ASSOCIATION- FEBRUARY 2022

CURRENT/ONGOING STUDIES

**MASTER OF SCIENCE IN HEALTH INFORMATICS– GRAND CANYON
UNIVERSITY**

REFERENCES

Available on request



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