

# JENNY OKEREKE, BS, BSN, RN

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## OBJECTIVE

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Dedicated, passionate, and diligent Progressive Care Nurse seeking a travel nursing opportunity to expand professional experience in new environments.

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## LICENSES AND CERTIFICATIONS

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| • Registered Nurse, <b>Texas Board of Nursing</b> , Exp. 02/28/2023                                      | September 2020-Present |
| • Crisis Intervention Certification (CPI), <b>Crisis Prevention Institute</b> , Exp. 04/20/2023          | April 2022-Present     |
| • NIH Stroke Scale Certification, <b>Apex Innovations</b> , Exp. 04/30/2024                              | April 2022-Present     |
| • Advanced Cardiac Life Support Certification, <b>American Heart Association</b> , Exp. 10/31/2023       | October 2021-Present   |
| • Basic Life Support Certification, <b>American Heart Association</b> , Exp. 10/31/2023                  | October 2021- Present  |
| • Advanced Cardiac Life Support Certification, <b>American Red Cross</b> , Exp. 01/31/2023               | January 2021-Present   |
| • Basic Life Support Certification, <b>American Red Cross</b> , Exp. 06/30/2023                          | July 2019- Present     |
| • Mental Health First Aid Certification, <b>National Council for Behavioral Health</b> , Exp. 01/24/2023 | January 2020-Present   |

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## PROFESSIONAL WORK EXPERIENCE

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### **PARKLAND HEALTH HOSPITAL SYSTEM – Registered Nurse**

**Dallas, TX - April 2022-September 2022**

#### *Orthopedic Medical Surgical Unit, General Medical Surgical Unit*

- Admit, discharge, and maintain general flow of orthopedic and general medical surgical patients.
- Float to Medical Surgical units as per hospital need.
- Manage various chronic and acute diseases related to cardiovascular, respiratory, nervous, digestive, integumentary, immune, musculoskeletal, endocrine, and renal systems.
- Administer oral, subcutaneous, sublingual, and intravenous medications.
- Manage and titrate infusion drips such as heparin, antibiotics, intravenous hydration, blood and blood products, and other medications requiring close monitoring.
- Deliver safe, effective, and age-appropriate care that meets standards of care per hospital policies and procedures.
- Prepare patient pre surgery and perform aftercare post-surgery.
- Recognize life-threatening changes in patients through monitoring of vital signs, drawing and interpreting labs, and reporting changes to providers.
- Communicate effectively with providers, colleagues, other facilities, business offices, and medical records to provide continuity of care for patients.
- Collaborate with multidisciplinary teams to facilitate efficient and effective interdisciplinary care.
- Provide education to patients and family while in hospital and post discharge.

### **CARROLLTON SPRINGS – Registered Nurse**

**Dallas, TX – April 2022-August 2022**

#### *Psychiatric Unit*

- Admit, discharge, and maintain general flow of psychiatric units within hospital.
- Monitor and support well-being of adult patients
- Utilize CPI training skills to deescalate patients in necessary times.
- Observe and help manage patients' behavior to ensure physical safety of patients and supporting staff.
- Prepare and administer medications per patient need
- Coordinate care with multidisciplinary teams to promote progression of patient during stay

- Communicate effectively with providers, social workers, case managers, and nurse assistants
- Provide insight and recommendations towards patient's medication modifications

**MERCY MEDICAL CENTER – COVID Crisis Response Registered Nurse Redding, CA – October 2021-February 2022**  
**COVID Telemetry Intermediate Care Unit, Progressive Care Unit, and Medical Surgical Unit**

- Assess and primarily care for COVID-19 patients
- Manage high-flow oxygen requirements for patients with collaboration of Respiratory Therapists
- Recognize life-threatening changes in patients through monitoring of vital signs, drawing and interpreting labs, and reporting changes to providers.
- Float to Medical Surgical (Ortho and Oncology units), and wherever needed within scope of practice.
- Administer medications via oral, subcutaneous, sublingual, and intravenous routes.
- Communicate effectively with providers, colleagues, other facilities, business offices, and medical records to provide continuity of care for patients.

**MEDICAL CITY HEALTHCARE - Registered Nurse I Dallas, TX - October 2020- October 2021**  
**Progressive Care, COVID-19, and Medical Surgical Unit**

- Admit, discharge, and maintain general flow of patients primarily on Progressive Care unit.
- Float to COVID-19, Medical Surgical/Telemetry, and Oncology units as per hospital need.
- Manage various chronic and acute diseases related to cardiovascular, respiratory, nervous, digestive, integumentary, immune, musculoskeletal, endocrine, and renal systems.
- Administer oral, subcutaneous, sublingual, and intravenous medications.
- Manage and titrate infusion drips such as heparin, antidysrhythmic/antiarrhythmics, furosemide, antibiotics, intravenous hydration, blood and blood products, and other medications requiring close monitoring.
- Deliver safe, effective, and age-appropriate care that meets standards of care per hospital policies and procedures.
- Prepare patient pre surgery and perform aftercare post-surgery.
- Recognize life-threatening changes in patients through monitoring of vital signs, drawing and interpreting labs, and reporting changes to providers.
- Communicate effectively with providers, colleagues, other facilities, business offices, and medical records to provide continuity of care for patients.
- Collaborate with multidisciplinary teams to facilitate efficient and effective interdisciplinary care.
- Provide education to patients and family while in hospital and post discharge.
- Precept new graduate nurse residents and nursing school students.

**TEXAS HEALTH RESOURCES - Certified Pharmacy Technician Fort Worth, TX - March 2019-March 2020**

- Worked closely with Pharmacists and Pyxis MedStation in maintaining medications and narcotics within the hospital.

## EDUCATION

**The University of Texas at El Paso, Master of Science in Nursing** *January 2022-Present*  
*Psychiatric Mental Health Nurse Practitioner Program*

**Texas A&M University of Corpus Christi, Bachelor of Science in Nursing** *Graduated August 2020*  

- **Honors:** Cum Laude, 3.52 GPA

**Stephen F. Austin State University, Bachelor of Science in Health Science** *Graduated December 2017*  
 Minor: Combined Sciences

- **Honors:** Cum Laude, 3.48 GPA

## RELATED SKILLS

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- Proficient in Epic, Cerner, and Meditech charting systems.
  - Proficient in Omnicell and Pyxis MedStation.
  - Exhibits effective leadership skills in a team environment.
  - Educates and teaches nursing interns and student nurses.
  - Establishes strong rapport with patients and families.
  - Able to work efficiently under pressure and communicate with colleagues effectively.
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## UNDERGRADUATE CLINICAL, WORK, AND RELATED EXPERIENCES

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| <b>COMMUNITY HEALTH ACTION CENTER</b>                                      | <i>Alice, TX - Summer 2020</i>                 |
| <b>WOMEN'S CENTER AT BAY AREA</b>  | <i>Corpus Christi, TX - Spring 2020</i>        |
| <b>DRISCOLL CHILDREN'S HOSPITAL, Neonatal Intensive Care Unit</b>          | <i>Corpus Christi, TX - Spring 2020</i>        |
| <b>AMISTAD COMMUNITY HEALTH COMMUNITY CENTER</b>                           | <i>Corpus Christi, TX - Fall 2019</i>          |
| <b>CHRISTUS SPOHN HOSPITAL-SHORELINE, Medical Surgical Unit</b>            | <i>Corpus Christi, TX - Fall 2019</i>          |
| <b>CHRISTUS SPOHN HOSPITAL-SHORELINE, Emergency Department</b>             | <i>Corpus Christi, TX - Fall 2019</i>          |
| <b>COMMUNITY RX HELP -- Community RX Help Intern</b>                       | <i>Nacogdoches, TX - Fall 2017</i>             |
| <b>PHARMACY STUDENT ASSOCIATION -- President</b>                           | <i>Fall 2017</i>                               |
| <b>SFASU RESIDENCE LIFE DEPARTMENT -- Resident Assistant</b>               | <i>Nacogdoches, TX --January 2015-May 2017</i> |
| <b>PHARMACY STUDENT ASSOCIATION -- Member</b>                              | <i>Fall 2015-Fall 2016</i>                     |
| <b>WALMART NEIGHBORHOOD MARKET PHARMACY -- Pharmacy Technician Trainee</b> | <i>Summer 2015</i>                             |