REGINA DUPIGNY

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PROFESSIONAL SUMMARY

Family Nurse Practitioner board certification American Association of Nurse Practitioners.
Committed to practicing medicine using a holistic approach. Act as a patient
advocate as needed. Strong clinical skills enhanced by natural ability to build rapport
with patients and families. Ensure quality of care and open lines of communication
between all members of the health care team. Follow Evidence-based guidelines
blended with clinical experience, personal observation and intuition. Authorized to work
in the US for any employer

WORK HISTORY

Nov 2021 - Current **Travel Nurse IMC**MedStar Montgomery Medical

Center - Olney, MD

- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Documented patient interactions and interventions in FPIC FMR.
- Evaluated patient histories, complaints and current symptoms.
- Collaborated with leadership to devise initiatives for improving nursing satisfaction, retention and morale.
- Advocated for and strived to protect health, safety and rights of patient.
- Quickly responded to situations impacting safety and security to unit, actualizing crisis prevention interventions to control and de-escalate situations.
- Equipped patients with tools and knowledge needed for speedy and sustained recovery.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Educated family members and caregivers on patient care instructions.
- Performed frequent checks on life support equipment and made necessary adjustments to preserve optimal patient conditions.
- Implemented care plans for patient treatment after assessing physician medical regimens.

Jul 2021 - Current

Advanced Practice Registered Nurse

Metropolitan Medical Group -Columbia, MD

- Recorded details regarding therapies to keep patient charts updated.
- Assessed patient conditions by performing thorough examinations and asking appropriate medical questions.
- Ordered lab tests and interpreted test results and maintained patient records.
- Evaluated patient progress and responses to various treatments.
- Recommended medications and other treatments such as physical therapy and inhalers for variety of different health conditions.
- Diagnosed and responded to illnesses and physical conditions through prescription of medication and health counseling and education.
- Delivered high level of care and service to patients through email, video chat and online assessments.
- Evaluated child's response to treatment through phone calls and follow up visits.
- Evaluated patient histories, complaints and current symptoms.
- Discussed care plans with patients and explained test results and proper use of medications.
- Utilized customized patient teaching tools to support patients.
- Explained medications and side effects to patients, family members and caregivers, and thoroughly reviewed physician-ordered tests.
- Recorded patient medical history, applicable test results and vitals into medical records.
- Assists director in providing leadership on unit.
- Fosters climate of mutual respect and customer service.
- Participates in performance improvement, patient safety, and risk management.
- Ensures compliance with policies, and standard of practice, and regulatory, legal, and accrediting standards.
- Promotes customer loyalty.
- Promotes atmosphere supportive of ethical behavior, spirituality and compassionate care.

Jan 2006 - Current **Registered Nurse**

Washington Adventist Hospital -Takoma Park, MD

- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle management.
- Medicated patients intravenously, rectally, orally, subcutaneously and via intramuscular injections while maintaining personalized treatment plans.
- Provided complete care to patients, including physical assessments, medication and IV administration and chronic disease management.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease
- Possess good analytical skills, capable of assessing conditions and implementing appropriate intervention.
- Possess special talents of dealing with different cultural diversity.
- Develop good rapport with patients, family, staffs, and physicians.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Managed nurses and nursing activities on 53 bed hospital med-surg floor by providing comprehensive nursing guidance and ensuring outstanding patient satisfaction and care.
- Prepared patients for surgery, educating patients and family members on surgical procedures.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle management.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other chronic conditions.
- Develop good rapport with patients, family, staffs, and physicians
- Provided complete care to patients, including physical assessments, medication and IV administration and chronic disease management.
- Provided skilled emergency response in critical situations.

Jan 2001 - Current **Registered Nurse**

Doctors Community Hospital -Lanham, MD Jun 2021 - Sep 2021 **Travel Registered Nurse**University Of Maryland

Baltimore Washington Medical

Center - Glenn Burnie, MD

Jul 2019 - Jul 2021

Family Nurse Practitioner

Gonzaga Family Health -

Lavale, MD

- Acted efficiently in patient emergencies such as blue codes and rapid response situations.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Monitored patient reactions to drugs and carefully documented findings.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Implemented medication and IV administration, catheter insertion and airway management.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Provided preventive care such as well-child checks, adult physicals and gynecological examinations.
- Teamed with physicians to provide comprehensive patient care, referrals and high-risk management strategies.
- Educated patients on treatment options, medical needs and non-medical options for treatments and therapy.
- Prescribed appropriate pharmacologic and non-pharmacologic treatment modalities to ensure health and comfort of all patients.
- Assessed, evaluated and cared for neonate and pediatric patients.
- Discussed care plans with patients and explained test results and proper use of medications.
- Provided medical services and care to patients with

chronic and acute conditions

- Coordinated with physicians, specialists and other medical staff to develop treatment plans for chronic conditions, including diabetes and heart disease.
- Completed 2500 hours of clinical work in family practice
- Helped patients manage acute and chronic pain.
- Used medical software to create detailed patient reports on patient's condition status and treatments received.
- See average of 25-30 patient patients per day
- Provided direct patient care, stabilized patients and determined next course of action.
- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Implemented medication and IV administration, catheter insertion and airway management.
- Orchestrated quality-driven, cost-effective care in high-volume trauma center setting.
- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.
- Organized and managed care of patients undergoing various therapies and procedures.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Ensuring that orientation and training is provided to all new personnel according to agency policy and procedures o Administer medications and cater for patient and family
- Aid in investigation of problems, irregularities, policy violations and incidents and implement appropriate corrective measures as follow up as need arises
- Act as liaison officer between patients, families, and healthcare providers
- Managed patient admissions, transfers and discharges

Feb 2021 - May 2021

Travel Registered Nurse

Community Medical Center
TOM's River, New Jersey

Jan 2001 - Jan 2012 **Registered Nurse** NATIONAL QUALITY REVIEW -Riverdale, MD while assigning tasks and handling conflicts or issues.

• Created, maintained and organized patient records.

EDUCATION

Apr 2017

Master of Science: Nursing

Chamberlain College of Nursing | Addison, IL

Sep 2013

Bachelor of Science: Nursing

Chamberlain College of Nursing | Addison, IL

May 2001

Associate of Science: Nursing

Prince George's Community College | Largo, MD

AWARDS

ACADEMIC EXCELLENCE

May 2001 Prince Georges Community College - Dean's List in recognition of academic excellence-2001 Chamberlain College of Nursing - Honor Roll BSN - 2012 Phi Pi Chapter of Sigma Theta Tau International Honor society of Nursing - 2017

CERTIFICATIONS

Family Nurse Practitioner

APRN Certified in State of Maryland License #AP154028

AANP Certified Family Nurse Practitioner #F04180582

Registered Nurse Certified in State of Maryland License #154028

National Provider Identification #1689145096

Controlled Drug Substance certification #N99042

Drug Enforcement Administration #MD5135137,

BLS, ACLS

March 2018 to present

SKILLS

- EXCELLENT COMMUNICATION ABILITIES
- MANAGEMENT SKILLS
- COMPUTER SKILLS
- PROBLEM SOLVING SKILLS

- SOFTWARE (MEDITECH, CERNER)
- TEAM LEADERSHIP
- INTERPERSONAL SKILLS
- EMOTIONAL STABILITY

AFFILIATIONS

American Association of Nurse Practitioners (AANP) American Nurses Association (ANA)