

Amanda Exum

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- Highly motivated, goal-oriented nursing professional with over 8 years of progressive bedside nursing and medical/surgical nursing
- Consistently commended by patients and supervisors for delivering patient-centered, quality critical care
- Ability to function autonomously and flexible in a rapidly changing environment
- Ability to re-prioritize in a manner that is safe for patients and staff

Work Experience

Registered Nurse: Definitive Observation Unit

Kaiser Zion Medical Center - San Diego, CA

August 2019 to Present

- Conducted patient assessments and diagnostic tests to provide to physicians with important health information used to create focused treatment plans and manage ongoing care
 - Administered medications, maintained health records and consulted with physicians about patient progression
 - Worked with students one-on-one to boost skills in weak areas and helped to grasp new concepts
- Supervisor: Renee Malachi 619-416-0030

Registered Nurse/Travel Nurse: Definitive Observation Unit

Kaiser Zion Medical Center - San Diego, CA

June 2017 to Present

- Worked closely with doctors and patients to provide care for the critically ill population
 - Administered medications, maintained health records and consulted with physicians about patient progression
 - Floated to medical/surgical units as staff/acuity permits, 25% of time
 - Proficient in the ability to adapt to a new environment in a short period of time and assist where needed
- Supervisor: Renee Malachi 619-416-0030

American Mobile Healthcare Agency

Registered Nurse: Definitive Observation Unit

Kaiser San Diego Medical Center - San Diego, CA

September 2017 to August 2019

- Worked closely with doctors and patients to provide care for the critically ill population
- Proficient with managing ongoing care for critically ill patients admitted with CHF/COPD exacerbation, acute respiratory failures requiring Bipap and ventilators
- Proficient with care of patients admitted for alcohol detox requiring CIWA protocol
- Proficient with care of patients admitted with cardiac arrhythmias requiring cardiac drips, including, but not limited to, diltiazem, amiodarone and dopamine

- Received patients from PACU, monitored post-op vitals, reviewed post-op orders, set up PCA, obtained admission history, oriented patients and families to unit and collected lab specimens as ordered
- Educated patients and families on procedures and treatments, answered questions regarding post-operative care and medication side effects
- Trained and mentored new RNs on best practices, hospital policies and standards of care
- Acted as relief charge when needed

Registered Nurse, PerDiem Med/Surg/IMCU Units

Medstar Washington Hospital Center

December 2015 to July 2017

- Provided patient care on various medical/IMCU units in the hospital

Registered Nurse/Travel RN: Step-down Unit

Kaiser Permanente Medical Center - Los Angeles, CA

October 2016 to January 2017

- Provided care for patients on respiratory ventilators and on bipap/cpap machines
- Floated to medical/surgical/step-down units as staff/acuity permits, 50% of time
- Worked closely with doctors to care for patients post-MI, renal failure, CVA, respiratory failures among other life-threatening illnesses

Supervisor: Ngozi Uwabuai (800) 954-8000

Onward Healthcare Agency

Registered Nurse

Neuroscience Intermediate Care Unit

October 2013 to December 2015

- Provided comprehensive care for neurological patients on a busy 12-bed progressive care unit
- Proficient with patients with various neurological disorders with an emphasis on patients with CVAs, post tPA treatment, treatment for traumatic brain injury, vascular malformations, neurosurgery, spinal cord injury and seizure disorders
- Comprehensive knowledge of NIHSS (National Institutes of Health Stroke Scale), telemetry monitoring, 12 lead EKG placement and interpretation, proficient in the ability to respond to emergent, life-threatening situations
- Administered medications, maintained health records and consulted with physicians about patient progression
- Received patients from PACU, monitored post-op vitals, reviewed post-op orders, set up PCA, obtained admission history, oriented patient to unit and collected lab specimens
- Educated families about patient conditions and provided support as needed

Registered Nurse

Medical/Surgical ENT/Neuroscience Unit

October 2013 to December 2015

Provide comprehensive care on a 17 bed ENT/neuroscience unit

- Proficient with the care for patients with minimally invasive thyroidectomy, parathyroidectomy, treatment of head and neck cancers
- Provided tracheostomy care, educated patients and families on tracheostomy care and suctioning
- Educated patients specific to condition, including complications, side effects of medications and pain management

Pharmacy Technician

Children's National Medical Center - Washington, DC
January 2012 to December 2014

- Answered and screened telephone calls, responded to questions or requests, monitor and replenish Pyxis machines, prepare IV medications, deliver medications and equipment to nursing stations.

Pharmacy Technician/Inventory Technician

Medstar Pharmacy: Washington Hospital Center - Washington, DC
January 2011 to December 2012

- Maintained and ordered stock supplies, assisted in compounding of medications. Developed a strong work ethic and the ability to become the lead technician after 3 months of work.

Pharmacy Technician

Medco Health Solutions - Richmond, VA
January 2009 to December 2011

- Input customer information into database, ordered completion of prescriptions and created prescription labels.

Pharmacy Technician

Kaiser Permanente - Washington, DC
January 2009 to December 2009

- Input customer information into database, ordered completion of prescriptions and created prescription labels.

Pharmacy Technician

Kroger Pharmacy - Richmond, VA
January 2008 to December 2009

- Received, processed and maintained prescription records in database.

American Mobile Healthcare Agency

Registered Nurse/Travel Nurse: Step-down Unit

Kaiser Permanente West Los Angeles Medical Center - CA

- Worked closely with doctors and patients with PNA, sepsis, respiratory failures among other life-threatening illnesses
- Provided care for patients on respiratory ventilators and on bipap/cpap machines
- Floated to medical/surgical units as staff/acuity permits, 25% of time
- Proficient in the ability to adapt to a new environment in a short period of time and assisted where needed
- Served as a preceptor and mentored student nurses

American Mobile Healthcare Agency

Registered Nurse/Travel RN: Oncology Step-down Unit

Johns Hopkins Hospital - Baltimore, MD

- Provided appropriate and specialized care for patients receiving bone marrow transplants and chemotherapy
- Completed PRBCs, platelets, and immunoglobulin infusions, assessing patients' reactions to chemotherapy drugs and blood products with high-risk side effects.

· Provided support and empathy for patients and family
Supervisor: Tracy Douglas (410) 955-5183

Education

Bachelor of Science in Nursing

Drexel University - Philadelphia, PA
September 2012 to September 2013

Bachelor of Science in Biology Track

Virginia Commonwealth University - Richmond, VA
June 2004 to May 2009

Certifications and Licenses

NIHSS Certification

BLS Certification

RN

ACLS Certification

Additional Information

PCCN