

Simoney Roache

Masters in Nursing

Richmond, TX

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- To contribute to an outstanding healthcare organization in rendering compassionate commitment of quality services within its' community and surpassing clients' expectations.

Authorized to work in the US for any employer

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Work Experience

Staff Nurse (Travel Staff Nurse) - Medical/Surgical/Telemetry Unit

Mercy Hospital at Buffalo - Buffalo, NY

February 2022 to April 2022

Implement patient care for up to 4 patients per section. Monitor post -op vital signs, review post-op orders and orient patients to the unit. Provide supervision for nurse aides. Assist patients with healing and recovery post-op surgery. Monitor cardiac rhythms. Medication/Intravenous administration and dressing changes. Prepare patients for and assist with examination or treatments. Observation for changes in the patient before, during, and after therapies. Draw appropriate labs and perform appropriate tests. Assess patient's status and notify physicians of clinical changes.

Registered Nurse/OB Case Manager(Travel Staff Nurse)

Fort McCoy, Wisconsin (Refugee Camp)

September 2021 to February 2022

Provided care for all ages in an urgent care setting. Implemented mass vaccinations for an at risk, vulnerable population. Collaborated with a communicable disease team to identify infectious outbreaks such as covid and scabies and performed necessary treatments. Provided intervention to reduce and contain these outbreaks. Performed patient education on disease processes. Encouraged lifestyle changes and pleasantly reinforced good health habits in all my patients.

Staff Nurse (Flex Team) - Telemetry Unit

CHI St. Luke's Health-Baylor St. Luke's Medical Center - Houston, TX

April 2018 to September 2021

Implement patient care for up to 6 patients per section. Monitor post -op vital signs, review post-op orders and orient patients to the unit. Provide supervision for Nurse Techs. Assist patients with healing and recovery post-op surgery. Monitor cardiac rhythms. Medication/Intravenous administration and dressing changes. Prepare patients for and assist with examination or treatments. Observation for changes in the patient before, during, and after therapies.

Staff Nurse (Full-Time) - Observation Unit - Full Time

Baylor Scott & White All Saints Medical Center - Fort Worth, TX

September 2017 to April 2018

Implement patient care for up to 5 patients per section. Monitor post -op vital signs, review post-op orders and orient patients to the unit. Provide supervision for Nurse Techs. Precepting of newly hired nurses. Educate patients and family members on health care needs and conditions. Monitor patient's heart due to abnormal heart conditions. Draw appropriate labs and perform appropriate tests. Assess patient's status and notify physicians of clinical changes.

Travel Staff Nurse - Medical/Surgical Unit

TriStar Greenview Regional Hospital

February 2017 to May 2017

Full-Time)

- Implement patient care for up to 5 patients per section. Medication administration and wound care. Assess patient's status and notify physicians of clinical changes. Assist in the orientation of new staff members. Interact with departments regarding patient care. Educate patients and family members on health care needs and conditions. Provide supervision for LPNS and Nurse Techs.

Staff Nurse (Full-Time)/ Charge Nurse Prn - Post Neurosurgery Unit

Memorial Hermann Texas Medical Center - Houston, TX

September 2016 to February 2017

Monitor post -op vital signs, review post-op orders and orient patients to the unit. Assist patients with healing and recovery post-op surgery. Prioritize treatment and evaluate patient care needs. Providing bedside care and clinical documentation. Medication administration and dressing changes. Prepare patients for and assist with examination or treatments. Monitor all aspects of patient care, including diet and physical activity.

Staff Nurse (Full-Time) - Stroke Unit - Full Time

Memorial Hermann Texas Medical Center - Houston, TX

May 2015 to September 2016

Frequent neurologic examination of the patient for neurological changes. Observation for changes in the patient before, during, and after therapies. Blood pressure management within the prescribed goals to prevent secondary complications. Implement patient care for up to 3 patients. Interaction with departments regarding patient care. Education given to patient on how to prevent re occurrence of stroke and how to live with possible permanent disability after stroke.

Staff Nurse (Full-time) - Telemetry Unit

Clearlake Regional Medical Hospital

January 2014 to May 2015

Implement patient care for up to 5 patients per section. Assess patient's status and notify physicians of clinical changes. Assist in the orientation of new staff members. Interact with departments regarding patient care. Educate patients on health care needs and conditions. Provide supervision for LPNS and Nurse Techs. Evaluate staffing requirements including floor assignments.

Staff Nurse

LTAC Unit Morse-Life Nursing Home (PRN)

June 2010 to December 2013

- Sound ability to help, support and resolve the queries and problems of the patients and their families. Working with diverse populations in widely varied socioeconomic conditions. Energetic and positive thinker. Assigned to provide patient care for 20-40 patients.

Staff Nurse (Full Time) - Rehabilitation Unit

Royal Palm Beach Health and Rehabilitation Center

June 2010 to December 2013

Implement patient care for up to 34 patients per section. Assess patient status and notify physicians of clinical changes. Assist in the orientation of new staff members. Interact with departments regarding patient care. Educate patients on health care needs and conditions. Provide supervision for LPNS and CNAs. Evaluate staffing requirements including floor assignments.

LVN Nursing Instructor/ Licensed Nursing Clinical Instructor

Care Hope College - West Palm Beach, FL

February 2012 to November 2013

- Licensed Vocational Nursing Clinical Instructor and Licensed Vocational Nursing Instructor (Full-time)
- Planned, taught, directed, and supervised students learning experiences in the classroom, skills lab, and clinical areas, following the curriculum of the school as approved by the Florida State Board of Nursing.

Staff Nurse (Full-time) - Rehabilitation Unit

The Rehabilitation Center of the Palm Beaches

January 2009 to June 2010

Assigned to provide patient care for 20-30 patients. Performed clinical tasks per nursing home policies. Assisted in the orientation of new staff members. Assessed patient conditions and advised of changes in status. Provided supervision for LPNS and CNAs. Assisted patients and family members in the education of health care needs.

Education

Master's in nursing

Walden University

2020

BSN

University of Texas at Arlington - Arlington, TX

2016

A.S. degree in Nursing

Broward Community College

2003 to 2005

A.A. degree in Biology

Broward Community College

2000 to 2003

Skills

- I am a highly motivated individual that is organized and competent. I provide quality care to patients. I communicate effectively with staff members and doctors regarding patient care. I am enthusiastic about my career in healthcare. I work hard and give the best care possible to my patients.
- Multitasking

- Great Time Management
- Active Listening
- Leadership Skills
- Problem Solving
- EMR Systems

Certifications and Licenses

RN License

LVN

BLS Certification

ACLS Certification