

University of Medical science Teaching ,  
Hospital,Trauma Centre Ondo,  
Ondo State, Nigeria.  
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**ADEBIYI OLAYINKA ADEOLA** – Registered Nurse  
Acute And Chronic Medical and Surgical Health Setting 8 Years Of experience  
Total years of Nursing Experience -10

### Professional Experience

(A) University of Medical Science Teaching Hospital ,Trauma Centre

**JANUARY 2017 – PRESENT**

### STAFF NURSE

University of Medical Science Teaching Hospital, Ondo, is a reputable State government tertiary health institution, located in Ondo City of Ondo state. It is the third specialized University of medical science teaching hospital in Africa and Nigeria's first specialized University of medical science teaching hospital to be accredited by the National University commission. This hospital has its headquarter in Ondo town,Ondo State and its annex at Akure, Ondo State. (About 22 miles to the head quarter), The entire hospital headquarter and annex has over 1000 beds for the in patients admission

It treats wide ranges of medical and Surgical Condition.

#### I. Date Of Current deployment: January 2017 to January 2022

**Clinical Setting Position/Tittle:** Nursing Officer

**Hours Of Work Per Week:** 40 hours (Morning or Afternoon duty and 92Hours) when on night duty

**Name Of Facility:** MALE medical surgical ward

**CITY:** Ondo town,Ondo State

**Country:** Nigeria

**Description:** (Male medical surgical ward) It is a male ward of the UNIMEDTH Hospital . It is an inpatient care units for the admission of both acute and chronic conditions. It caters for male clients before they go into surgery and while recuperating from surgery and patient with a variety of diagnoses. For example, a patient awaiting an appendectomy might also be under treatment for cardiac condition and crohn's diseases. We coordinate ,organize and prioritize complex multiple patient assignments; guide patients and their families .through complex health -care systems and advocate for patient needs.The ward is a 100 bedded with ratio of 7 patients to 1 Nurse, attending to 200 patients annually. Work volume is extensive and stressing but coping strength is adaptable.

### TYPES OF PATIENTS

- Open/close femoral and tibio/fibula fracture.

- Hypertension
- Congestive cardiac failure
- Diabetes Mellitus (type I & II)
- Arthritis
- Meningitis
- wounds/ulcers of lower and upper limbs.
- Burns injuries (Chemical, liquid)
- Low back pain , Benign Prostate Hypertrophy, herniorrhaphy
- industrial accident (burns, crush injuries, blast injuries, Trajectory wounds, fall from height resulting in head injury, fractures, e t c
- Chest tube placement
- Septicaemia
- Patient with Haemorrhoid
- Patient with Steven Johnson Syndrome
- Patient with hypersensitivity reaction
- Patient with atelectasis
- Patient with injuries from Assault
- Patient with respiratory distress
- Patient with Cardiac arrest who need resuscitation
- Patient with severe malaria complicated with severe anaemia
- Patient with kidney stone
- Patient with kidney diseases
- Patient with septic wound
- Patient with acute Abdomen
- Patient with accidental tooth extraction
- Patient with peritonitis
- Patient with fecal impaction
- Patient with abdominal obstruction
- Patient with liver cirrhosis
- Patient with traumatic amputation
- Patient with abdominal stab injury
- Patient with pleural effusion
- Patient with syncope attack

### **Role and Responsibilities**

- Collaborate daily with physician and health care team to achieve optimum goal
  - Document the patient's plan of care using identified nursing diagnoses, expected patient outcomes and selecting nursing intervention
  - Administer blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.
  - Administer medications intravenously, intramuscularly, intradermally, subcutaneously, through Naso gastric tube
  - Maintain patient physical and psychosocial health while ensuring their safety and effectiveness of treatment or care.
  - Set up medical equipment and devices as needed by the Doctor and patient.
  - Monitor patients' fluid intake and output to detect emerging problems such as fluid and electrolyte imbalances.
  - Monitor patients for changes in status and indications of conditions such as sepsis or shock and institute appropriate interventions.
  - Assess patients' pain levels and sedation requirement
  - Consistently exceed call of duty by working additional shifts.
  - Assist doctors with procedures such as endotracheal intubation and catheterization
  - Prioritizing of nursing care with the use of nursing care plan and nursing process.
  - Providing patients with personal care, pressure area care, elimination and nutrition assistance and Monitoring blood sugar levels, and taking appropriate actions if patient having hypoglycemic or hyperglycemic episodes.
  - Planning a patients discharges from hospital.
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- Admission of patients into the ward.
  - Checking of vital signs.
  - Administration of prescribed drugs.
  - Assessment of clients' needs, planning of care and evaluation of care rendered to clients.
  - Assessment and management of patients on cast, splint and brace.
  - Assessment and management of patient on skin and skeletal traction.
  - Assessment of patient going for surgery using Nursing process.
  - Proper implementation of Nursing Process in the management of patient and documentation.
  - Evaluation of formulated Nursing Diagnosis.
  - Pre-operative and post-operative management of patient undergoing musculoskeletal surgeries.
  - Wound dressing using aseptic technique and care of patient with chest tube
  - Physical and psychological support of patient on prolong admission.
  - Nutritional education of patient with burns and extensive wound/ulcer.
  - Coordination of ancillary members of staffs on the orderliness and cleanliness of ward environment.
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- Prompt report of medical deviation of symptoms to unit Doctors.

- Monitoring of specimen for investigation and reading of result.
- Writing of report and handing over to the next shift.
- Individualized care for clients.
- Counseling of clients and family members.
- Involvement of family members in the care of the clients.
- Emergency care of patient when necessary.

#### **Equipment Used/Tools**

- Orthopedic beds
- Vital signs apparatus
- Glucometer
- Nebulizer
- Suctioning Machine
- Pulse Oximeter
- Wound dressing equipment
- Traction kits, Bolar browns' frame
- Oxygen Concentrator and ambu bag
- Water beds
- Resuscitation cart
  
- Automated external defibrillator
- Infusion pumps,
- Digital sterilisers.
- Electronics vital signs equipment, including digital multifunctional weighing
- Blood Glucose-meter (Roche)
- Ambu bag
- Cardiac monitor

#### **(B) Hospital management Board trauma and surgical centre Ondo , Nigeria**

**Date of Employment:** July 2013 – Dec 2016

**Clinical Setting Position/Title:** staff Nurse

**Hours Of Work Per Week:** 40 hours during morning or afternoon duty and 92hours when on night duty

**Name of facility:** Trauma and surgical centre

**City:** ondo, Ondo state

**Country:** Nigeria

Trauma and surgical centre is a government owned surgical and medical facility exquisitely laid along laje road, ondo, ondo state, Nigeria.

It is popular for her comprehensive quality health care delivery in terms of medical, surgical, health. It also caters for special cases such as nephronological care , ENT surgery, and Plastic surgery and major surgery.

As a multifunctional facility, it has a recovery room for post-surgery, renal ward, general wards, semi private rooms and private rooms.

This clinic equally has a quality reception for myriads of her out -patients. It is a health institution that enjoys an uncommon patronage from individual, family, workplaces and members of the public whose health insurance facilitators has chosen this clinic. It has 150 beds altogether. It is a mix clinic. Ratio of patients to nurse is 10 patients to a nurse

*July 2013 – September 2016*

*Experience in medical surgical unit in trauma centre(July 2013 –December 2016)*

**TYPES OF PATIENTS:**

- Patient with medical conditions such as: burns patients, diabetic patients, patients with status epilepticus.
- Patient with surgical cases including gun shots, Benign Prostate Hypertrophy, herniorrhaphy e t c
- Patients on pain management
- Pre and post-operative patients
- Pre and Post natal patients
  
- Geriatrics
- Patients on outpatient basis
- Patient with basal head fracture
- Rape victim
- Septicaemia
- Patient with Haemorrhoid
- Patient with steven Johnson Syndrome
- Patient with hypersensitivity reaction
- Patient with atelectasis
- Patient with injuries from Assault
- Patient with respiratory distress
- Patient with Cardiac arrest who need resuscitation j
- Patient with severe malaria complicated with severe anaemia
- Patient with kidney stone
- Patient with kidney diseases

## TYPES OF EQUIPMENT

- Suctioning machines,
- Pulse-oximeter,
- Oxygen machines (O<sub>2</sub> concentrator).
- Infusion pumps,
- Digital sterilisers.
- Electronics vital signs equipment, including digital multifunctional weighing
- Blood Glucose-meter
- Blood warmer
- Defibrillator
- Emergency troughly
- Utility cupboard
- DDA Cupboard
- Cardiac monitor

## Roles and Responsibilities

- Admission of patients with medical/surgical related condition(s)
- Creation of a therapeutic nursing environment for the patients e g epileptic patients, comatose patients
- Ensure the signing of the consent form
- Administration of a pre-medication for the patients undergoing surgery
- Preparation of operation site
- Monitoring of vital signs
- Running of the unit
- Treatment of pressure areas
- Giving bed bath to the confined patients
- Care of central line
- Bladder irrigation
- Care of haematuric catheter
- Opening and monitoring infusion line
- Monitoring input and output chart
- Routine urinalysis using strips, reagents and meter e g Glucometer
- Going for doctors' rounds
- Nursing care of burns patients
- Establishing IV Line
- Assisting doctors with specimen collection e g lumbar punctures
- Health education to the patients and clients on disease prevention, early recognition of infection, health promotion behaviours, health maintenance and rehabilitation of patients
- Giving advice to patients on discharge.
- Effective patients follow up

- General nursing care (bed bath, treatment of pressure area, input & output chart) for confined patients
- Administer medications intravenously, intramuscularly, subcutaneously, intradermally, orally, and through nasogastric tubes.
- Nutrition management, orally or via naso gastric tubes.
- Bowel preparation and bowel management.
- Monitoring of vital signs and providing bedside care for a variety of medical and surgical patient
- Follow up care

## **(B) MED IN SPECIALIST HOSPITAL**

**Date of Employment:** June 2012- April 2013

**Clinical Setting Position/Title:** staff Nurse

**Hours Of Work Per Week:** 40 hours during morning or afternoon duty and 92hours when on night Duty

**Name of facility:** MED IN SPECIALIST HOSPITAL

**City:** Lagos

**Country:** Nigeria

**Description:** Med in specialist hospital is one of the largest private owned clinics in Ogudu metropolis of Lagos. It is known for her unbeatable medical and nursing services in paediatric, obstetrics and gynaecological conditions, as well as medical /surgical cases.

It is a 60 bedded mix wards with competent doctors and nurses in diverse areas of specialties. It has a ratio of 10 patients to 1 nurse. Attended to 45 patients within my period of working

### **TYPES OF PATIENTS:**

- Patient with medical conditions such as: burns patients, diabetic patients, patients with status epilepticus.
- Patient with surgical cases including gun shots, Benign Prostate Hypertrophy, herniorrhaphy e t c
- Patients on pain management
- Septic abortion
- Ectopic pregnancy
- Ante natal, Pre natal and Post natal patients
- Patients on outpatient basis

## **TYPES OF EQUIPMENTS**

- Suction machines,
- Pulse-oximeter,
- Oxygen machines (O<sub>2</sub> concentrator).
- Infusion pumps,
- Digital sterilisers.
- Nebuliser
- Foetoscope
- Electronics vital signs equipment, including digital multifunctional weighing
- Blood Glucose-meter
- Ambu bag Utility cupboard
- Emergency troughly
- Cardiac monitor

## **Roles and responsibilities**

- Admission of patients with medical/surgical related condition(s)
- Creation of a therapeutic nursing environment for the patients e g epileptic patients, comatose patients
- Ensure the signing of the consent form
- Administration of a pre-medication for the patients undergoing surgery
- Preparation of operation site
- Monitoring of vital signs
- Running of the unit
- Treatment of pressure areas
- Giving bed bath to the confined patients
- Administration of medication( orally and parenteral)
- Opening and monitoring of infusion line
- Monitoring input and output chart
- Routine urinalysis using strips, reagents and meter e g Glucometer
- Going for doctors' rounds
- Nursing care of burns patients
- Family planning counseling
- Maternal and child care
- Assisting doctors with specimen collection e g lumber punctures
- Health education to the patients and clients on disease prevention, early recognition of infection, health promotion behaviour, health maintenance and rehabilitation of patients
- Giving advice to patients on discharge.
- Effective patients follow up

## **Educational Background**

Date of Degree: AUGUST 2014 – 2017  
Degree earned: Bachelor in Nursing Science (JUNE 2017 )  
Name of University: Babcock University  
City and Country: ILISHAN REMO, Ogun state, Nigeria

Date of Degree: Oct.2008–Nov.2011  
Degree earned: Registered Nurse  
Name of Institution: Ekiti State University Teaching Hospital School of Nursing  
City and Country: University teaching Hospital (UTH),Ado Ekiti, Ekiti State, Nigeria

### **Licensure & Certificates**

RN License: Nigeria –Registered Nurse 2012 – expiration June 2023  
RN license: Texas – October 2019 – Expiration November 2022,  
(NCLEX was written on 28<sup>th</sup> October,2019)  
Bachelor of Nursing Science:Nigeria-June,2017

Texas Board of Nursing License's Number: 979612  
IELTS: Passed

### **OTHERS**

BLS: 2021 to 2023