

Michelle Grodsky

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OBJECTIVE: Compassionate, dedicated and service-driven registered nurse seeking to leverage my academic achievement, passion and professional experience in a surgical setting to assist you and your surgical team.

- Highly skilled in all aspects of surgical circulation and instrumentation, including but not limited to, ambulatory, general, orthopedic, plastic, neuro, vascular, ENT, GYN surgery.

- As OR Charge, formulated schedule to provide staff for all procedures .

Assigned qualified and trained staff for each procedure and ensured appropriate supplies and equipment were available for the successful operation of the Surgical Services department.

- As OR Manager, formulate the Policies and Procedures, In-Services, directs the day to day operation of the OR, directly hires OR staff; works directly with CEO with daily operations of the Medical Center and is directly involved in every aspect of the operations of the OR.

- As Director of Surgical Services, I oversee and take on a direct approach to manage on a daily basis PAT, Pre-Op, OR and PACU. Have direct oversight over all surgeries scheduled at Arise. I work closely with all top management from CEO to our various Directors down to all staff to coordinate all surgical procedures at Arise.

- Comprehensive knowledge of therapeutic interventions and collaborative treatment processes.

- Exceptional capacity to multi-task and successfully manage numerous and often competing priorities while providing superior patient care.

- Accountable for surgical team including acting as advocate for patients under anesthesia and ensuring proper adherence to aseptic technique practices and procedures.

- Performs as preceptor for new staff with the responsibility for orientation of preferred routines and procedural styles of surgeons as well as adhering to AORN practices and procedures.

- Demonstrates excellent abilities for accurate patient assessment, critical thinking, and proper delegation of duties.

- Proven ability to communicate effectively with entire surgical team in order to provide optimal patient care.

Work Experience

Registered Nurse

Aya Healthcare - Indianapolis, IN

August 2022 to Present

OR RN- circulate a variety of cases- Ortho, Neuro, Bariatric, General cases. Also, assist Community North with any taste that they need from me while on assignment.

Staff OR RN

Specialty Staffing Solutions (Local Austin Agency) 1. Variety of Local SurgeryCenters in Austin; AB

Staffing Travel Agency: Feb 2022-May 2022 in Tuba City, AZ

January 2022 to Present

Circulate in all services (except open heart) including general, ortho, neuro, GYN, plastics, trauma, ENT, vascular, thoracic, and urology for various hospitals in and around the Austin area.

In Tuba City, AZ - circulated Ortho, General, Endo, Gyn, Arthroscopy cases.

Registered Nurse

Arise Medical Center - Austin, TX

May 2022 to August 2022

PRN Operating Room RN. Circulator for a variety of cases. Ortho, Gen, Plastics, Gender Re-alignment, Arthroscopic, Urology, Neuro cases. This is my home base hospital. I work here when not on a travel assignment.

Registered Nurse (RN)

AB Staffing Solutions - Tuba City, AZ

February 2022 to May 2022

Operating Room RN - circulated on all cases at Tuba City Regional Health Care. General, Orthopedic, arthroscopic, ENT, Endo procedures. Assisted the operating room with many tasks, whatever was needed during my travel assignment.

OR Manager then Director of Surgical Services

Arise Medical Center - Austin, TX

July 2016 to December 2021

(6 OR's)

Manage all cases scheduled and staffing at Arise. Specialties include: spine – neuro and ortho, ortho-arthroscopy (knees, elbows, shoulders, wrists), total joint, hand, foot; Davinci procedures, laparoscopic procedures, urology cases and gyn with an occasional plastic case. Work closely with Lead Tech, CS Manager,

Director of Materials/Purchasing, Manager of Pre-Op and PACU, staff of PAT and

Preop, as well as our CEO to insure all instrumentation, supplies, and reps for various implant/supply vendors are notified and prepared for each case at our facility. Work with staff with additional duties of coordinating each specialty to ensure patients will have an excellent outcome at our facility. Responsible for the hiring of additional staff including RN's and Surgical tech's. Maintaining an environment of community and team work among staff. If needed, to step in as a circulator in the rooms for any and all cases. Assist with turnover times and flow of operating room environment.

RN STAFF NURSE - OR/Spine Coordinator/Charge PRN

Arise Medical Center - Austin, TX

January 2015 to July 2016

(6 OR's)

Circulate all cases scheduled at Arise, concentrating on spine – neuro and ortho.

Additional cases: ortho- arthroscopy (knees, elbows, shoulders, wrists), total joint, hand, foot; Davinci procedures, laparoscopic procedures, urology cases and gyn with an occasional plastic procedure. Spine Coordinator duties include confirming vendors and implants for each spine case, positioning and ordering supplies for all spine cases at Arise. In addition, act as one of the preceptors for new hires to Arise and Charge Nurse/Board Runner for OR one-three days a week: keeping the flow of the day running smoothly, coordinate with OR manager on daily tasks, coordinate with Anesthesia and Pre-Op regarding blocks and

timing of cases, making sure staff has breaks and lunches, work closely with surgeons to make sure we have necessary instruments and implants for their cases.

Interim OR Director/RN STAFF NURSE - OR/Pre-Op/Interim DON

Inspire Surgery Centre - Austin, TX

April 2014 to January 2015

(2ORs, 2 Pre-Op and PACU bays)

Private Plastic Surgery practice: from April until August, assisted surgeons with formulating all of the Policies and Procedures for the center as well as the

Personnel Policies and Procedures, personalized In-services to meet the needs of

Inspire's practice; Credentialed all 30 Anesthesiologists and well as the surgeons of the centre, Developed ALL charting forms utilized by RN's from

Pre-Admission to 23Hour Observation and PACU. As RN once centre opened it's door, worked in all areas of the centre: Pre-Admission, Accounting, Pre-Op, Circulator, PACU.

RN STAFF NURSE - OR/Pre-Op/Interim DON

Stonegate Surgery Center - Austin, TX

November 2011 to April 2014

(3 ORs, 2 PainProcedure Rooms)

Circulate orthopedic cases - arthroscopy (knees, elbows, shoulders, wrists);

Plastic cases; Float to Pre-Op: assist in checking in patients, performing IV's for surgeries and conscious sedation cases; assist with pre-op blocks for post-op pain and complete pre-admission patient interviews in preparation of surgery.

Float to PACU as needed.

RN STAFF NURSE (Agency) - O.R.

Agency-Specialty Staffing - Austin, TX

February 2011 to November 2011

Circulate in all services (except open heart) including general, ortho, neuro,

GYN, plastics, trauma, ENT, vascular, thoracic, and urology for various hospitals in and around the Austin area.

Surgical Services Charge Nurse

The Hospital at Westlake Medical Center - Austin, TX

July 2008 to February 2011

Responsible for the flow of the OR. Assign daily tasks. Contact all the reps for the variety of cases- Ortho, Neuro, General, Plastic to name a few. Assist manager with whatever is needed if me.

Surgical Services Circulating Nurse

The Hospital at Westlake Medical Center - Austin, TX

April 2008 to July 2008

(4 ORs, 27 beds)

Supervised nursing and surgical tech staff of 10 in surgery suite ensuring quality care during surgical procedures in accordance with applicable nursing/standard of care protocols; formulated schedules to provide appropriate staff for all procedures; assisted with development and implementation of policies and procedures; completed staff performance evaluations; assessed, interviewed, educated and documented surgical patients pre-operatively; verified and completed pre-operative checklists; obtained

necessary medications, equipment and positioning aids for each procedure; ensured appropriate supplies and equipment were available for successful operation of the Surgical Services Department.

RN STAFF NURSE (Traveling) - O.R.

Traveler-American Mobile Healthcare - Houston, TX
January 2006 to March 2008

Circulated in all services (except open heart) including general, ortho, neuro, GYN, plastics, trauma, ENT, vascular, thoracic, and urology in the following hospitals averaging 14 ORs and 350 beds: Texas Children's Hospital, Houston, TX;

RN Staff Nurse - o.r.

St. Luke's Episcopal Hospital, Houston, TX; Huntington Memorial Hospital - Santa Monica, CA
May 2004 to January 2006

St. David's Hospital, Austin, Texas (14 ORs, 373 beds)

Upon graduation from ACC, participated in OR training program during first six months of employment. During the first six months, followed circulating preceptor in all services, including cardiovascular, general, ortho, neuro, GYN, plastics, ENT, vascular, thoracic as well as served as pre-operative nurse providing pre-operative care and started patient IVs prior to surgery. Completed OR internship in May. From May 2005 to January 2006, practiced as main circulator in all services mentioned above

Clinical Internship - O.R.

St. David's Hospital - Austin, TX
May 2003 to August 2003

(14 ORs, 373 beds)

While attending Austin Community College, worked side-by-side with clinical preceptor R.N. to provide surgical team with optimal working environment for each surgical case. Followed Intern Preceptor in all surgical services including cardiovascular, general, ortho, neuro, GYN, plastics, ENT, vascular, thoracic, and urology.

Account Executive

Texas American Title Company - Austin, TX
July 2000 to August 2002

Actively prospected, retained and serviced individual Realtors from various real estate agencies for purposes of allowing our company to close their real estate transactions. Worked closely with each Realtor assisting them with creative marketing strategies. Implemented Texas American Title's service strategy with the ultimate goal of closing each client contract.

Account Executive

Entertainment Publications - Austin, TX
March 1999 to July 2000

Prospected, acquired, serviced, and retained qualified schools, community groups, organizations and corporate accounts to sell Entertainment Publications Fund-Raising products for their fund-raising needs. Implemented sales merchandising formula with each account according to division's service strategy. Prepared and provided metrics reports as required by management. Fostered, promoted, and contributed to cohesive team environment throughout company. Recognized and awarded Top 4 in sales in the U. S. for Austin like-sized markets.

Agency RN (Various Agencies)

AB Staffing: 1) Tuba City Regional Health Care Center
(February 14, 2022-May 6, 2022)

Circulate in all services (except open heart) including general, ortho, GYN, trauma, ENT, vascular, c-sections, EGD's, colonoscopies, dental

Director of Surgical Services

October 2019 - December 2021

Arise Medical Center, Austin, Texas (6 OR's)

Manage PAT, Pre-Op, OR, CS, and PACU as well as all cases scheduled at Arise.

Specialties include: spine - neuro and ortho, ortho- arthroscopy (knees, elbows, shoulders, wrists), total joint, hand, foot; Davinci procedures, laparoscopic procedures, urology cases and gyn with an occasional plastic case. Work closely with all of the leads in each department on a daily basis as well as Director of Materials/Purchasing, Manager, Business Development Manager, CNO/COO to insure all instrumentation, supplies, and reps for various implant/supply vendors are notified and prepared for each case at our facility. Work with staff with additional duties of coordinating each specialty to ensure patients will have an excellent outcome at our facility. Responsible for the hiring of additional staff including RN's in each area and Surgical techs, CS techs for the OR. Maintaining an environment of community and team work among staff. If needed, to step in as a circulator in the rooms for any and all cases. Assist with turnover times and flow of operating room environment.

Education

Associate Degree in Nursing

Austin Community College - Austin, TX

May 2004

Certificate

University of Texas Legal Assistants Program

November 1992

Bachelor of Science in Speech

University of Texas at Austin - Austin, TX

May 1990

Skills

- Nextgen
- Allscripts
- MicroSoft Word
- Outlook
- Pisis and Pixis
- Compass/Surgitec
- Meditalk
- Meditech
- EMR Systems

- Epic

Certifications and Licenses

RN License

BLS Certification

ACLS Certification