Myra Merritt

Dynamic and engaging nurse professional. Extensive experience, excellent communication skills and the ability to work effectively in high stress situations, seeking a challenging leadership position.

Saint Hedwig, TX 78152 myra1028@yahoo.com

- +1 269 929 3148
- Delivers the highest quality, evidence based, patient centered nursing care.
- Dedicate individual with incomparable work ethic.
- Culturally sensitive with the ability to effectively serve a diverse patient population.
- Readily implement holistic care for patients and staff.
- Proponent for the pillars of a High Reliability Organization.
- Proven record of reliability and responsibility.
- Highly effective change agent.
- Committed to growing the profession through mentorship and preceptorship.

Willing to relocate to: San Antonio, TX - New Braunfels, TX - Austin, TX Authorized to work in the US for any employer

Work Experience

Army Headquarters Child and Youth Services Health Consultant

UA Army - San Antonio, TX January 2021 to Present

• Serves as the HQ IMCOM G9 CYS Health Consultant with responsibility for the implementation of health regulatory guidance, support services, and special needs issues in Army CYS Programs world-wide.

• Advises the IMCOM HQ G9 CYS Division Chief on high-risk medical issues, communicable diseases, and special needs inclusion and accommodation.

• Coordinates with higher-level proponents to recommend and implement health and medical-related policies, standards, and regulations. Works to mitigate outbreaks of communicable disease and to ensure CYS programs follow proper protocol in accordance with Centers for Disease Control (CDC) guidelines.

• Track all cases of reportable communicable diseases in accordance with regulatory requirements.

• Works closely with Army Public Health Command and Department of Army to ensure training is in place for staff, providers, volunteers, and parents on health-related topics. Coordinates, develops, and/ or conducts specialized training for staff responsible for providing services to participants with more complex medical requirements.

• Manages requests for placement of children/youth with high-risk medical conditions/special needs accommodations.

• Provides support and advise the IMCOM Garrison CYS health consultants or designees on health-related issues.

• Performs contract officer representative duties for the IMCOM CYS Nursing Services Contract. Responsible for coordinating placement of contract nurses at garrisons requiring complex medical support. Works closely with the contractor and IMCOM G9 suitability cell to ensure processing of required background checks. • Analyzes and tracks deficiencies identified during internal, higher-headquarters, and monthly health inspections to ensure findings are resolved. Identifies trends and recommends improvements for Army wide efficiencies.

• Conducts Army health inspections and supports other services on health-related issues/inspections as required.

Community Health Nurse

Grafenwoehr Medical Clinic - Grafenwoehr Germany April 2016 to January 2021

• Program Manager for nine Army Public Health Programs assuring compliance with standards, policies and regulations. Evaluate and analyze program effectiveness for a vacillation military population of 8,000 to 15,000 beneficiaries. Building community relationships to support programs. Conduct annual community health assessment and report findings and provide recommendation to leadership

• Supervise monthly health/sanitation inspections and program compliance of six different Child and Youth Services facilities. Presenting findings and recommendations to convey compliance.

• Case Managed, reviewed and created over 600 plans of care for children with a special need for accommodations within those facilities. Review medical records for diagnoses, treatment and compliance to care and treatment plan.

• Program Manager and Lead Educator for U.S. Army Garrison Bavaria's Pregnancy & Postpartum Physical Training program. Analyzing financial information on projects of up to \$500,000, ensure all operations are within budget.

• Led the Public Health Response for COVID-19 pandemic within the Grafenwoehr military community. maintaining all COVID-19 quarantine and isolation guidelines and cases. Create follow up process with staff.

• Planned, executed and supervised three highly successful annual Emergency Preparedness Rapid Immunization community exercises where nearly 4000 active duty Soldiers were vaccinated in less than 60 hours. Managing and oversight of over 100 staff member insure clinical compliance.

• Subject matter expert as part of a multidisciplinary health care team providing evidence-based guidance to medical professionals, military leaders and community leaders. Provide recommendations on maintaining standards of care and policies.

• Educator for patients, staff, and community. Develop and analysis specialized training and in-services to include initial and annual skills. Instruct and analyze staff proficiencies for job performance in a classroom setting.

• Supervise licensed and non-licensed personal. Providing clinical directions, creating daily schedules and assignments, performance evaluations, new staff training and orientation.

• Implement day-to-day activities: patient appointments, classes, in-services, briefing and meetings monthly, community outreach, and process improvement.

• Triage walk-in, referrals, overflow of patients, and manage daily appointments. Maintain calendar for monthly meetings, classes, training, and educational outreach for health promotion.

• Direct patient care, recognizes and reports abnormal test results, changes in symptoms, and the need for follow-up. Perform on-call responsibilities and provide prompt service to patients/families. Perform nursing assessment to categorize and prioritize patient. Develop, implement, evaluate, and update individualized patient care plans.

• Volunteer coordinator, recruitment for nurses and medical support staff. maintaining credentialing and all training.

Public Health Nurse

Blanchfield Army Community Hospital - Fort Campbell, KY

November 2014 to April 2016

• Health consultant for Child Youth Services: conduct monthly and Multidisciplinary Integration Action Team inspections. Develop, review, approve and coordinate initial/annual care plan; manage and update any change in health for children with special needs or who need accommodation to care.

• Monitor referrals and organize holistic care to include multidisciplinary team; patient interviewing and counseling; contact investigation.

• Consolidate health services to assist with complex problems and other support and specialty disciplines (e/g. Social work, psychiatry, chaplain, commanders, medical equipment).

Acts as a liaison with all medical departments, local hospitals, Community Health Department, Army agencies, and serve on readiness committees to include military units and installation prevention team.
Manage communicable disease through care coordination and tracking.

• Organize, plan and conduct prevention, educational health promotion, readiness classes, and briefing to individual, groups, family, and care provider. Participate in annual community needs assessment.

• Identify current evident base literature concerning treatment and prevention

• Advise military commanders in monthly readiness meetings. Providing recommendations to increase individual soldier readiness to 100%.

• Vice-President for Unit Practice Council and served as Nurse Practice Council representative, create, review and update policies.

• Plan, coordinate monthly health promotion community outreach.

• Implement day-to-day activities: patient appointments, classes, in-services, and briefing.

• Following Army regulations and State laws in reporting conditions and communicable disease. Report through Army and State Reportable Medical Events System. Update programs tracking systems.

Public Health Nurse

William Beaumont Army Medical Center - El Paso, TX June 2012 to November 2014

• Plans, Coordinate and implement day-to-day activities involving disease, epidemiology surveillance, HIV detection and control program.

• Organize holistic care with a multidisciplinary team; patient interviewingand counseling; contact investigation; physician and patient care referrals andtransfer patient care.

• Consolidate health services with complex problems and other support in Medical Homes and with specialty disciplines (e/g., social work, psychiatry, chaplain, commanders) to ensure continuity of care.

• Manage individual cases: initial intake, follow up care, discharge and localand state transfers.

• Acts as a liaison with all other departments, hospitals, community (Health Department), Army agencies and educational institutions.

• Equalize patient requirements with the need to be cost-effective.

• Monitor daily lab and morning hospital report to coordinate care

• Teach individual, groups, family, care provider, and health care team, briefing, and preceptor.

• Classes: Sexual responsibility, disease process, breastfeeding, pregnancy program, and self-care.

• Educate on insurance coverage, treatment options, and changes, policies, resources at local, state and military institutions.

• Keep abreast of current literature concerning treatment and prevention.

• Advise military leaders with readiness for communicable disease control, readiness maintenance

• Conduct initial, mid and annual canceling and evaluation for Disease intervention Specialist and Epidemiology technicians.

• A representative for the Unit Practice Council and El Paso Immunization Coalition. Preceptor and assist with health fairs and health awareness events.

- Maintain department composition folder.
- Attend monthly meetings.

• Plan, coordinate and implement day-to-day activities: patient appointments, classes, in-services, and briefing.

- Maintain walk-in overflow.
- Coordinate with high-risk units for teaching and prevention opportunities.
- Maintain supply of condoms at designated locations.
- Maintain calendar for monthly meetings

• Stay current and Following Army regulations and State laws in reporting conditions and communicable disease military and state reporting trackers.

• Create and update policies and procedures.

Triage Nurse

William Beaumont Army Medical Center - El Paso, TX December 2010 to June 2012

• Performs independent, telephone triage and facilitates care coordination through a multidisciplinary approach.

• Provided health care advice related to concerns and queries for evaluation, recommendations, information to prevent disease, encourage wellness, and empower self-care.

- Establish appropriate level of care according to standard triage protocols complemented by nursing knowledge and experience appropriate and cost-effective care.
- Launched Unit Practice Council in unit and clinics.
- Implemented community outreach through health fairs and community awareness and installation events in increase installation knowledge

Charge Nurse Case Manager

Good Shepard Home Health Agency - El Paso, TX June 2008 to December 2010

• Case manager for 30-60 home heath cases, identify the physical, psychosocial and environmental needs.

• Develop, implement, evaluate and update individualized patient care plans for primarily homebound or bed-bound patients. Implement clinical goals and plan to ensure quality of care.

- Supervise and provide clinical directions and patient assignments to licensed and unlicensed staff.
- Provide updated changes to health and support for patient and family during and after hospitalization.
- Consult with multidisciplinary health care team to provide continuum of care.

• Makes psychosocial assessment to identify significant cultural practices, knowledge level, collaborate, expectations of care and coping mechanisms.

- Serve as liaison and advocate between the patient and the health care professionals.
- Monitor assigned cases to ensure compliance with requirements of third-party payer.
- Perform on-call responsibilities and provide service to patients/families.
- Recognizes and reports abnormal test results, changes in symptoms and the need for follow-up.
- Provide support and community resources for patient and family.
- organized and conduct in-services and education licensed and non-licensed personal.
- Implemented preceptor program for new staff.

Charge Nurse

Borgess Nursing Home and Rehab center - Kalamazoo, MI March 2007 to May 2008

- Implement direct patient care for 30-60 patients.
- Complete patient admissions, transfers, and discharge.
- Prepares and administers prescribed medications.
- Consult with multidisciplinary care team on admission and discharge.
- Maintain patient charts and confidential files.
- Interact with departments arraigning patient military services for rehabilitary and holistic care services.
- Educate patients/ families on health care needs.
- Supervise and provide floor assignments for 6-9 nursing assistance.
- Implemented book club reading with local Scouts.

Telephone Triage Nurse, Borgess

ProMed - Kalamazoo, MI

August 2005 to March 2007

- Responsible for telephone triage services up to 150 calls a day.
- Utilize professional knowledge and skills while using standing orders.
- Act as patient/family advocate to obtain necessary care.
- Documents all calls received according to clinic standards of operation.
- Communicate phone advice to facilitate understanding by the caller.
- Perform venipunctures and EKG's.
- Provide teaching to patients, families, and caregivers.
- Schedule referral appointment to specialty clinics.
- Mentor and taught Medical Assistant with skills.
- Respond to emergencies in office.

Education

Master's in Nursing Leadership and Health Care Systems

Grand Canyon University Phoenix - Phoenix, AZ April 2019

Bachelor's in Nursing Honors

Grand Canyon University Phoenix - Phoenix, AZ August 2012

Associate Degree in Applied Science of Nursing

Kellogg Community College Battle Creek - Battle Creek, MI 2006 to May 2008

Associate in General Studies/License Practical Nurse

Central Texas College - Killeen, TX December 1997

High school diploma in High school diploma

Brownwood High School - Brownwood, TX May 1986 to August 1990 RN

Expires: October 2023 State: TX

Skills

- Case Management (8 years)
- Triage (10+ years)
- Experience Administering Injections (10+ years)
- Medication Administration (10+ years)
- Nursing (10+ years)
- Program Management (10+ years)
- Special Needs (6 years)
- Emergency Management (4 years)
- Classroom Experience (6 years)
- Patient Care (10+ years)
- Yoga
- Training & Development
- Employee Orientation
- Hospital Experience
- Laboratory Experience
- Surveillance
- Vital Signs
- Tutoring
- Classroom Management

Awards

Meritorious Public Service Medal June 2020

Order of the Tower June 2020

Dr. Mary E. Walker Award December 2019

Achievement Medal for Civilian Service 2018

Order of Fleur delis

2018

Employee of the Month 2018

Employee of the month 2017

Certificate of Appreciation 2017

Honorable Order of Kentucky Colonels 2014

Order of St. Joan D'Arc Medallion 2011

Commander's Award for Public Service 2008

Certifications and Licenses

Registered Nurse (RN) September 2009 to October 2021

Nurse Licensure Compact

Yoga and Meditation Certified Coach April 2019 to Present

Top Secret Clearance

Publications

"Regionally Aligned Forces: A Public Health Perspective"

December 2019

4th quarter 2019 Army Nurse Corps Newsletter titled, "Regionally Aligned Forces: A Public Health Perspective"