

Noreen Bernabe BSN, RN

cell#: 650-847-7595

email ad: noreen1113@icloud.com

CAREER PROFILE:

- Proven record of reliability and responsibility.
- Remain calm and professional throughout critical incidents.
- Strong analytical skills, capable of assessing conditions and implementing appropriate nursing interventions.
- Possess special sensitivity to meeting diverse needs in varied situations.
- Develop rapport with patients, family, staff and colleagues.
- Relate well to people from a variety of cultures.
- Exceptional capacity to multitask: manage competing priorities with ease while fostering delivery of superior patient care.
- Recognized as an excellent care provider and patient advocate.

CALIFORNIA RN LICENSE#: 714641 Expires: 11/30/2023

ARIZONA RN LICENSE:# 262871 Expires: 04/01/2026

FLORIDA RN LICENSE:#RN9597039 Expires: 04/30/2023

PROFESSIONAL EXPERIENCE:

Currently working as a Nurse Traveler

**REGISTERED NURSE POSITION AT KAISER PERMANENTE HOSPITAL
FROM JUNE 2007- October 2021**

MEDICAL/SURGICAL/ORTHO STAFF RN II:

- Conducts an individualized patient assessment, prioritizing the data collection based on the adult or elderly patient's immediate condition or needs within timeframe specified by client facility's policies, procedures, or protocols.
 - Conducts ongoing assessments as determined by the adult or elderly patient's condition and/or the client facility's policies, procedures, or protocols and reprioritizes care accordingly.
 - Develops plan of care that is individualized for the adult or elderly patient reflecting collaboration with other members of the health team.
 - Performs appropriate treatments as ordered by the physician in an accurate and timely manner.
 - Performs therapeutic nursing interventions as established by individualized plan of care for the adult or elderly patient and his/her family.
 - Provides individualized patient/family education customized to the adult or elderly patient and his/her family.
 - Documents patient's assessment findings, physical/psychosocial responses to nursing interventions and progress towards problem resolution.
 - Initiates emergency resuscitative measures according to adult resuscitation protocols.
 - Maintains confidentiality in matters related to patient, family, and client facility staff.
 - Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity,

preserving their autonomy, dignity and rights.

- Reports patient's condition to appropriate personnel during each shift.
- Maintains current competency in adult medical surgical and

neurology/telemetry nursing.

ADVICE RN:

- Performs assessment/data collection in an on-going systematic manner, focusing on physiologic, psychosocial, cultural, spiritual and cognitive status; also nutrition, pain, patient/family education, family involvement and patient advocacy.
- Formulates a goal-directed plan of care when and where appropriate to do so.
- Implements care in a thorough, skillful, consistent, and continuous manner.
- Establishes patient care priorities based on essential patient needs and availability of unit resources (time, personnel, equipment, and supplies).
- Identifies patient/family learning needs and acts to meet them. Demonstrates an awareness of and sensitivity to patient/family rights, age specific needs, cultural and ethical beliefs.
- Provides/coordinates care for patients/patient populations.
- Establishes effective working relationships with members of the health care team, patients, and families.
- Acknowledges staff rights and cultural and ethical beliefs.
- Delegates appropriately and coordinates duties/activities of health care team members.
- Evaluates effectiveness of care given by team members.
- Utilizes effective communication methods and skills, following lines of authority, as appropriate.
- Demonstrates knowledge of and applies safety principles as identified by the institution.
- Performs efficiently in emergency situations following established protocols, remaining calm, informing appropriate persons, and documenting events.
- Demonstrates responsibility and accountability for own professional practice.

- Participates regularly in staff development activities for unit and department personnel.
- Demonstrates knowledge of legal issues, including patient confidentiality and risk management in all aspects of patient care and unit functioning.
- Participates in unit and department Performance Improvement activities.
- Participates in nursing research activities as requested.
- Identifies and solves problems effectively.
- Demonstrates a service philosophy in all interactions with patients, families, and all members of the health care team.
- Provides data for staffing decisions and demonstrates flexibility in the resolution of staffing issues; demonstrates flexibility when floating to other units upon requests.
- Demonstrates proficiency in the use of computers and telecommunication modalities in documenting, tracking and conveying information.
- If practicing in a specialty/extended role, fulfills the expectations established for the particular role.
- Perform other related duties as necessary.

HOME HEALTH/PALLIATIVE/HOSPICE RN:

- Provides the initial all system nursing assessment prior to the provision of care.
- Initiates the plan of care and necessary revisions including obtaining written physician orders for changes.
- Provides care and services in accordance with the plan of care.
- Performs assessment/data collection in an on-going systematic manner, focusing on physiologic, psychosocial, cultural, spiritual and cognitive status; also nutrition, pain, patient/family education, family involvement and patient advocacy.

- Provides ongoing periodic all system assessment of the patient and the patient's equipment needs.
- Initiates preventative and rehabilitative nursing procedure (Home Health).
- Initiates timely discharges based on goals.
- Educates and instructs the patient, patient's family or other staff as required.
- Counsels the patient and family in meeting nursing and related needs.
- Supervises and teaches Home Health Aide's as required for patient care.
- Provides nursing care through all phases of care taking into consideration age and developmental needs.
- Documentation and Communication: Documents all care, interventions and care coordination per law, regulation and agency policy.
- Notifies the patient's attending MD, Surgeon, Podiatrist, Physical Therapist, Occupational Therapist, Speech Pathologist, Registered Dietitian, Medical Social Worker, and other professional persons and responsible staff of significant changes in the patient's condition in a timely manner.
- Assists in coordinating all services provided.
- Consults with other health professionals when needed.
- Planning, Organizing and Productivity: Effectively plans and organizes work assignment, manages and sets competitive priorities, and completes work assignments with a minimum of direct supervision per agency policy and within established time frames.

- Adheres to the services policy and principles of the Kaiser Permanente Medical Care Program.
- Supervises Home Health aides according to law, regulation and agency policy.
- Professional Behavior: Behaves in a courteous professional manner with patients, health professionals and maintain patient confidentiality.
- Acts as a patient advocate in utilizing Medicare, MediCal, Health Plan and community resources.
- Participates in Departmental Quality Assurance activities and Utilization Review activities as requested.
- Self-Development: Selects and attends education programs to keep current in area of practice.
- Utilizes new knowledge and skills.
- Participates in in-service programs.
- Annually prepares realistic professional goals and reviews their progress with Supervisor.
- Perform other related duties as necessary.

St. Joseph's Regional Medical Center

Paterson, New Jersey

Medical-Surgical / Neurology /Telemetry Unit

Full Time- Staff Nurse/Charge Nurse

May 2004-June 2007

- Conducts an individualized patient assessment, prioritizing the data collection based on the adult or elderly patient's immediate condition or needs within timeframe specified by client facility's policies, procedures, or protocols.

- Conducts ongoing assessments as determined by the adult or elderly patient's condition and/or the client facility's policies, procedures, or protocols and reprioritizes care accordingly.

- Develops plan of care that is individualized for the adult or elderly patient reflecting collaboration with other members of the health team.

- Performs appropriate treatments as ordered by the physician in an accurate and timely manner.

- Performs therapeutic nursing interventions as established by individualized plan of care for the adult or elderly patient and his/her family.

- Provides individualized patient/family education customized to the adult or elderly patient and his/her family.

- Documents patient's assessment findings, physical/psychosocial responses to nursing interventions and progress towards problem resolution.

- Initiates emergency resuscitative measures according to adult resuscitation protocols.

- Maintains confidentiality in matters related to patient, family, and client facility staff.

- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity,

- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity, preserving their autonomy, dignity and rights.
 - Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity,
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity, preserving their autonomy, dignity and rights.
 - Reports patient's condition to appropriate personnel during each shift.
 - Maintains current competency in adult medical surgical and neurology/telemetry nursing.
 - Takes care of intubated,mechanically-ventilated patients.
 - Takes care of neurology patients .

Hamilton Plaza Nursing and Rehabilitation Center

Passaic , New Jersey

Per diem- Staff Nurse/Charge Nurse

January 2006-June 2007

- Responsible for satisfactorily performing administrative, personnel, safety, staff development, and resident care functions.
- Oversee the day-to-day functions of assigned personnel for the purpose of ensuring that the appropriate nursing services are provided for each resident in accordance with the assigned employees' job descriptions, policies and procedures, and individualized resident care plans.
- Provide direct nursing care carries out a variety of treatments and

procedures to assist in the nursing care of the residents with various illnesses and other conditions.

Chestnut Hill and Convalescent Center

Passaic , New Jersey

Per diem- Staff Nurse/Charge Nurse

March 2006- June 2007

- Makes nursing rounds.
- Supervises assigned personnel, assist in documenting and evaluating selected competencies of assigned staff.
- Periodically monitors assigned personnel to ensure that the residents receive the highest quality of service.
- Provides direct nursing care.
- Administers medications, treatments, and assists with examinations and procedures calling for more specialized physician's care, as necessary.

Bayada Nurses

Hackensack , New Jersey

Per Diem-Private Duty Nurse

December 2005- June 2007

- Contracts independently to render nursing care, to one patient in a private home.
- Administers medications, treatment, dressings, and other nursing

services, according to physician's instructions and condition of patients.

- Observes, evaluates, and records symptoms.
- Applies independent emergency measures to counteract adverse developments and notifies physician of patient's conditions.
- Directs patient in good health habits.
- Gives information to the patient's family in treatment of the patient and maintenance of healthful environment.
- Maintains equipments and supplies.
- Supervises diet in private home.

Philippine General Hospital

Adult and Pediatric Medical Surgical and Orthopedic Unit

Staff Nurse/Charge Nurse

April 27, 2000 up to April 2004

- Assess health status of the patient appropriate to his condition including vital signs and other essential cues for his care.
- Maintain accurate and complete records of nursing care and observation of patient.
- Keep updated of patient's condition and progress at all times.
- Note complaints stated by the patient and patient's relatives accurately regarding his condition and reassess for validation.
- Prioritize care appropriate to patient's condition efficiently, as the need arises.
- Prepare a patient-centered care plan systematically in collaboration with the physician's order and other health team members contributing

to patient's care. Revise nursing care provided, as necessary, in relation to patient's condition.

- Administer medications and intravenous fluids, as ordered, promptly and accurately. Noting any reaction and referring if necessary in accordance to standard protocol.
- Maintain accurate documentation of patient's status, including medication and treatment received.
- Measure patient's intake and output accurately.
- Perform cardio-pulmonary resuscitation to patient in cases of cardio-pulmonary arrest.
- Assist the patient and physician while undergoing treatment, medical examination, diagnostic studies, surgery and other highly specialized procedure(s) in relation to patient care and keep the medical/surgical consultant(s) informed.
- Evaluate patient's response to treatment using nursing process.
- Promote rehabilitation of patient(s) whenever possible, in collaboration with other health team members, as ordered or if necessary.
- Participate actively in research, professional and socio-civic activities in accordance with the changing needs of society, health and nursing in general, in continuing professional education.
- Promote harmonious and professional relationship with patients and other health team members.
 - Assess/classify the overall nursing needs of the clientele.
 - Take the lead in the formulation of the general program of the nursing care based on the assessed needs/priorities of the clientele and within the context of the Nursing Service's prescribed modality of

care.

- Evaluate the efficiency and effectiveness of nursing care delivered
- Direct the performance of nursing functions in my unit consistent with the philosophy, goals, objectives, and standards of care of the Nursing Service.
 - Allocate equitable workload assignment within the context of the modality of care prescribed by the Nursing Service.
 - Tasked with building effective work teams of people to meet or exceed expected standards of performance.
 - Employ individual personnel conferences and counseling techniques to promote positive work attitudes and to motivate the staff to meet/exceed standards of performance.
 - Coordinate/participate in staff development activities.
- Ensure adequacy of facilities/equipment/supplies/material pertinent to meeting the needs of the clientele and personnel through sufficiency justified budget.
- Devise control mechanism to maximize the effectiveness/efficiency of material resources.
- Adequate personnel orientation.
- Assure strict implementation of hospital policies/rules and regulation through adequate interpretation/orientation of personnel/other members of the health team/clientele/public.
- Make periodic reports relevant to the status of material resources/facilities.
- Institute measures for cost-effective and cost efficient utilization of facilities and other material resources.
- Assist nursing student in developing nursing skills and judgement by

demonstration and direct supervision.

EDUCATION AND CERTIFICATIONS:

COLLEGE: Centro Escolar University - Philippines

Course: Bachelor of Science in Nursing

School year 1993-1997

MERIT: Dean's Lister

Scholarship Grantee

HIGHSCHOOL: Lourdes College of Bulacan - Philippines

School year 1989-1993

MERIT: Consistent 1st honor student with Academic Excellence Awards

ELEMENTARY: Lourdes College of Bulacan - Philippines

School year 1983-1989

MERIT: Consistent 1st honor student with Academic Excellence Awards