Terri Rutledge

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Registered nurse with experience working in a multiple areas of nursing known for dedication to provide premium patient care with compassion and interpersonal skills.

Authorized to work in the US for any employer

Work Experience

Behavioral Health Registered Nurse

Mercy Jefferson - Festus, MO September 2018 to Present

- · Admit and discharge pts
- perform assessments
- administer medications
- de-escalate any erratic behaviors
- Monitors patient progress and records observations in patient EMR
- Promotes patients' independence by teaching patients about medications and self-care skills

Staff Nurse General Medicine

BJC Missouri Baptist Medical Center - St. Louis, MO October 2017 to August 2018

- -Admitted and discharged pts
- -performed assessments, administered medications, treatments.
- provided exceptional pt care

OR Staff Nurse

Barnes-Jewish Hospital - St. Louis, MO November 2016 to October 2017

- Assessing patients prior to surgery and address any of their concerns.
- Using critical thinking skills to assess and evaluate patient's physical, psychosocial, and emotional needs.
- Gathering and organizing all the supplies and instruments for the procedure.
- Assuming responsibility for keeping the operating room sterilized.
- Position and prepare patient on operating table.
- Pass medical instruments or other objects to the surgeon during the operation.
- Promotes patient safety through using the principles of AORN for safety standards and precautions.
- Assume duties within or out of the sterile field as assigned.

Health Services Manager

JFCAC Head Start - Hillsboro, MO August 2015 to October 2016

Responsibilities

Managed Head Start's Health, Safety, and Nutrition department. Abided by the Head Start Performance Standards, Licensing Regulations, CACFP and Eat Smart guidelines. Ensured that the students had optimal health and nutrition. Ensured students had physicals, dental exams, and sensory screenings. Shopped for food and coded the food receipts. Managed health technicians and cooks.

Accomplishments

Had Eat Smart renewal and had a CACFP review with no findings

Skills Used

Prioritize time efficiently to get all duties done.

Communicated effectively with my staff to ensure all guidelines were being followed.

Self Employed Independent Contractor Home Care Nurse

Confidential Client will have permission to contact for employment verification upon hire - Festus, MO July 2014 to August 2015

Responsibilities

- -Maintained my own clinical records and notes
- -Billing
- -Provided care as needed for client and family.
- -Assessments, vital signs, changed/turned/toileted, AM/PM care, oral care, bed bath, administered medications as scheduled, and proceeded with plan of care, documented, and cleaned equipment.

Staff Nurse Med Surg

Mineral Area REGIONAL MEDICAL CENTER - Farmington, MO March 2013 to July 2015

Admitted and discharged pts

- -performed assessments, administered medications, treatments.
- provided exceptional pt care

RN Nurse Supervisor

Bethesda Southgate - Oakville, MO December 2011 to September 2012

Managed time and organized the daily schedule to meet productivity standards.

• Responsible for the direction and supervision of the nursing staff on the assigned shift. Responsible for making the appropriate administrative decisions based upon the facilities policies. Handled the queries and problems of the patient and their families and resolve them.

RN/LPN

Crystal Oaks - Crystal City, MO 2008 to 2011

Efficient handling of managerial duties (e.g. admitting and discharging patients, maintaining medical charts, managing CNAs, assist family with any situations that may arise)

Demonstrated proficiency in taking patient medical histories and vital signs, assessments, treatments, g-tube feedings, catheters, injections.

LPN

Delmar Gardens - St. Louis, MO 2007 to 2008

Managed heavy daily patient volume, worked with CNAs to provide quality patient care, maintained medical charts with accuracy and patient confidentiality.

Performed assessments, administered medications, and treatments.

Education

Associates

Jefferson College - Hillsboro, MO 2010

Nursing Licenses

RN

Skills

- Home Health
- · Operating Room
- Med Surg
- Nursing
- Documentation review
- Patient assessment
- Nurse Management
- Tube Feeding
- · Behavioral Health
- Medication administration
- Experience administering injections
- Epic
- Medical Records
- EMR Systems
- Vital Signs
- RN
- Supervising Experience
- Patient Care

Certifications and Licenses

Nurse's License

September 2010 to April 2023

Class: RN, State: MO

BLS,

Additional Information

QUALIFICATIONS

- Associates Degree in Applied Science at Jefferson College.
- Certified Registered Nurse since 2010/LPN 2007-2010

Certified in First Aid & CPR

- Strong analytical and problem-solving skills.
- 4 year supervisory experience. (up to 15 employees)
- 10 years of nursing experience

Professional Skills

• Management of CNAs and Nurses.

Administration of medications, treatments, g-tube management, blood glucose monitoring.

• Proficient Documentation, computerized medical records, data entry (45 wpm)

Self-motivated, assertive and can quickly learn new procedures and methods.