

So Ching Lai

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Work Experience

Staff Nurse

Sinai Hospital - Baltimore, MD
August 2007 to Present

Provide direct nursing care to uncomplicated, low and high risk laboring mothers and newborns

- Provide direct nursing care to patients in High Risk unit with preeclampsia, placental abruption, FDIU, diabetes, preterm labor, and maternal drug addiction.
- Scrub in various surgical procedures such as Cesarean section, cervical cerclage, tubal ligation and D&C
- Admit, circulate and recover patients in Cesarean sections, tubal ligations, cervical cerclage, and D&C
- Triage in coming patients using nursing assessments and clinical skills
- Skilled in IV therapy
- Participate in departmental and hospital performance improvement activities
- Function as a professional role model and resource person for new staffs, medical and nursing students

Obstetric and Fundamental Clinical Instructor

Towson University - Towson, MD
September 2006 to June 2007

Create patient assignments and manage students during their clinical rotations according to hospital policies and protocol

- Grade weekly assignments, case studies, care plans, and assessment tools
- Serve as an resource for students in their clinical area
- Facilitate pre and post conference discussions

Adjunct Clinical Lab Instructor

Towson University - Towson, MD
2006 to 2006

Teach students clinical skills lab, evaluate and grade students during clinical skills check offs

- Develop lab simulation scenarios for students to practice
- Administered weekly skills examinations such as testing student's skills, nursing process, documentation, medication administration and calculations.
- Lab maintenance and readiness before and during simulation scenarios and skills labs.
- Provides technical support during lab simulation

Staff Nurse

GBMC- Labor and Delivery - Towson, MD
March 1999 to September 2005

Provide direct nursing care to laboring low and high risk obstetric patients

- Triage incoming patients with nursing assessments and clinical skills

- Circulate and scrub in OR in various OB/GYN surgical procedures
- Pre-op and post-op teaching for C-sections, cerclage and D&C
- Precept new nurses in areas of patient care, policies, and procedures

Clinical Nurse

Mercy Medical Center - Baltimore, MD

January 1997 to January 2000

Provide total nursing care to skilled patients with orthopedic, surgical and medical diagnosis on an all RN unit

- Skilled in IV therapy, phlebotomy, performing and interpreting basic 12 lead EKG
- Coordinate patient care with an interdisciplinary team such as physical and occupational therapist, social worker, and dialysis nurse
- Participate in routinely scheduled discharge planning meetings with utilization review committee
- Precept newly hired nurses to unit policies and procedures

Education

BSN in Cantonese Chinese

University of Maryland At Baltimore - Baltimore, MD

May 1996

Skills

- Cantonese
- Triage
- Vital Signs
- EMR Systems
- Nursing

Certifications and Licenses

RN

BLS Certification

ACLS Certification

Neonatal Resuscitation Program (NRP)

October 2021 to October 2023