

## BETTY LAGAT

**ACCOMPLISHMENTS** Dedicated and compassionate Registered Nurse (RN) for five years with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

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### SKILLS & ABILITIES

- Medical Procedure Preparation
- Patient Assessment
- Attention to Detail
- Safe Patient Transfers
- Microsoft Office
- Wound Care
- Epic charting
- Trach and vents
- Remote telemetry
- Tube feeding TPN, lipids and drips

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### PROFESSIONAL EXPERIENCE

#### REGISTERED NURSE, MEDICAL-SURGICAL UNIT AND REMOTE TELE LOVELACE HEALTH SYSTEM ALBUQUERQUE.

MARCH 2022 - FEB 2022.

- Provided direct patient care, stabilized patients and determined next course of action.
  - Administered medications via oral, IV and intramuscular injections and monitored responses.
  - Managed care from admission to discharge.
  - Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
  - Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
  - Updated patient charts with data such as medications to keep records current and support accurate treatments.
  - I prepare and administer prescribed medication through oral, subcutaneous, intramuscular, topical and PEG tube safely and TPN
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REGISTERED NURSE, MEDICAL-SURGICAL UNIT AND REMOTE TELE | NYC  
HEALTH + HOSPITALS/CONNEY ISLAND NEW YORK, NY

**DECEMBER 2021 - MARCH 2022.**

- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
  
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
  
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Oversaw delivery of care for patients on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Implemented medication and IV administration, catheter insertion and airway management.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma.
- Administered IV fluids, medications and blood products through peripherally inserted central venous catheter to support long-term treatment for infections, cancer or heart and kidney problems and COVID patients
- I monitored the patient's status indicating equipment and make any adjustments as
- requested by the physician to include Ventilators, Nebulizers, Cough Assist and PEG tube
- I prepare and administer prescribed medication through oral, subcutaneous, intramuscular, topical and PEG tube safely and TPN

**REGISTERED NURSE/ GRADUATE NURSE: DIMMIT REGIONAL HOSPITAL**  
**MEDICAL-SURGICAL UNIT**  
**CARRIZO SPRINGS, TX**

**JUNE 2020 - NOVEMBER 2021.**

- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Oversaw delivery of care for patients on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
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**VOCATIONAL NURSE CHARGER NURSE | MERIDIAN CARE AT GRAYSON SQUARE: ACUTE CARE SAN ANTONIO, TX**

**MARCH 2018 - MAY 2020.**

- I participated in team huddles/team meetings with patient care team (RN, Primary Care provider).
- I performed EKGs, SNELL vision tests accuchecks diabetic foot exams and TB test. I reviewed medical histories and performed physical examinations.
- I monitored patients undergoing substance withdrawal.

**VOLUNTEER WORK:**

Volunteered at the Texas Department of Aging and Disability Services assisting patients with limited mobility with cleaning, moving and administering medication.

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**EDUCATION**

**2019 - 2020**  
**REGISTERED NURSING/CAPSCARE ACADEMY, LAKE WORTH, FL**

**2016 - 2017**  
**VOCATIONAL NURSING/ST. PHILIPS COLLEGE, SAN ANTONIO, TX**