## **Manuel Puentes**

## **Objective**

Graduate OPSU to obtain a bachelor's degree in nursing

**Work Experience** 

June 2017 - PresentQS NursesGreat Bend, KansasNov 2017 - PresentGreeley Co. Health ServicesTribune, Kansas

#### RN (Registered Nurse)

- Observed patients' conditions to provide optimal patient care when health deteriorating
- Recorded details and symptoms of patient medical history and current health
- Prepared patients for exams and treatment
- Administered medications and treatments, then monitoring patients for side effects and reactions
- Delegated and evaluated tasks to licensed practical and vocational nurses, nursing assistants, and nursing students
- Drew blood, urine samples, and other body fluids for lab work
- Educating patients and family members on treatment and care plans, as well as answering their questions

#### Volunteer Work

- Assisted the health dept. and national guard vaccinate the county of Seward
- Raised money and gathered food/hygiene supplies with SCCC nursing dept to donate to Stepping Stones
- Educated Junior High students on social media awareness
- Fundraising every year for SCCC Telephon-a-thon for scholarships (2018-2021)
- Demonstrated how to achieve proper nutrition to K-8 grades
- Distributed food at the Food Pantry every month as well as covid19 relief packages with a church
- Instructed and managed a group of children to learn about the bible, ages 7-10
- Participated in choosing two SCCC advisors on an interview committee
- Volunteered time to help with the Ness County EMS
- Planned a project that raised money and grants approved to get a grocery store in our community

### **Education**

Graduated: May 2016 Southwestern Heights High School Plains, Kansas

GPA: 3.636 Class Rank: 4/45

• Classes Taken: Speech, Spanish I & II, Computer Applications, Web Design, Life Skills

Expected graduation date: May 2023 Oklahoma Panhandle State University Liberal, Kansas

GPA: 3.5 Major: Nursing (bachelor's)

• *Classes Taken:* Medical Terminology, Intermediate Spanish II, Anatomy and Physiology, Leadership/Management studies, RN classes

#### **Activities**

- Student Nurses Association; President (2021-2022)
- SCCC Ambassador for KHE (2018-2019)
- Student Government Association (2016-2017); Senator (2016-2017)
- National Honor Society (2012-2016); Treasurer (2016)
- Scholar's Bowl (2012-2016); Junior Varsity (2012-2014), Varsity (2014-2016)
- Tennis (2013-2016); Junior Varsity (2014-2015), Varsity (2016)
- Student Council (2016); President (2016)

#### Awards/Skills

- BLS/ACLS certified
- NIHSS certified
- Food handler certified
- Honor Roll (2013-2016); Presidents/Deans Honor Roll (2019-2022)
- State FCCLA gold medalist Environmental Ambassador (2016)
- Citizenship Award
- Academic to Access Award

#### References

References are available on request.

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#### References

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