Katina Gilmore

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Dedicated licensed registered nurse committed to providing a safe comfortable environment for patient-focused quality care. Skilled in the rigors of medical-surgical acute care and rehabilitation among Covid-19 positive and post-Covid recovery individuals with a focus on comorbidities. Looking forward to building a career and gaining expertise as a travel nurse working in concert with medical professionals committed to enhancing patient outcomes and optimal comfort through innovative care.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

RN Case Manager (PRN)

Post Acute Medical Rehabilitation Hospital - Webster, TX December 2020 to Present

- Assess, evaluated, and determined psychosocial needs of the patient.
- Updated and revised patient healthcare plans as needed.
- Educated and revised patient healthcare plans and options.
- Accurately documented and submitted medical records to transfer agency and insurance plan for continued stay review.
- Demonstrated knowledge in medical care, such as diagnostic procedures, medication, symptoms, and other treatment-related therapies.
- Facilitated discharge and transfer of patients to safe environments for continuation of care.

Contract Travel Nurse

Loyal Source Agency - New Orleans, LA August 2021 to October 2021

Site: Oschner Hospital , New Orleans, LA

Performed nursing skills on a medical-surgical COVID recovery unit with a 1:5 nurse to patient ratio. Demonstrated an understanding of patient needs, ensuring that each patient feels informed and understood, as well as heard. Provided superior quality care and problem solving to COVID-19 recovery patients.

- Received admissions and/or transfers to the unit.
- Provided initial and ongoing systematic patient assessment.
- Timely and accurately documented using appropriate systems.
- Interpreted assessment/diagnostic data including labs and telemetry.
- Ensured medical orders were transcribed and processed accurately.
- Displayed competence in rapid response and code events.
- Promoted continuous quality improvement.
- Provided education and counseled patients/families.

Contract Travel Nurse

Loyal Source Agency - Orlando, FL September 2020 to November 2020

Site: Select Specialty Hospital, Tallahassee, Fl

Performed nursing skills on a progressive care unit at critical illness recovery hospital with a 1:4 nurse to patient ratio. Demonstrated an understanding of patient needs, ensuring that each patient feels informed and understood, as well as heard. Provided superior quality care and problem solving to COVID-19 recovery patients.

- Received admissions and/or transfers to the unit.
- Provided initial and ongoing systematic patient assessment.
- Timely and accurately documented using appropriate systems.
- Interpreted assessment/diagnostic data including labs and telemetry.
- Ensured medical orders were transcribed and processed accurately.
- Displayed competence in rapid response and code events.
- Promoted continuous quality improvement.
- Provided education and counseled patients/families.

Medical Surgical Registered Nurse

Kindred LTAC Hospital - Webster, TX August 2019 to September 2020

Performs nursing skills in an inpatient long-term acute care setting on a medical/surgical telemetry unit with a 1:6 nurse to patient ratio which involves safely coordinating and administering medication and consulting and delegating appropriately to staff to ensure a proper and interdisciplinary approach to patient's treatment plan.

- Observes patients and actualizes nursing interventions to expedite healing and recovery after surgery.
- Utilizes clinical expertise to remove sutures, administer medications and injections, administer IV therapy, test glucose levels. Performs venipuncture and provides wound care.
- Performs tracheostomy care and urinary catheter care.
- Administers and monitors nasogastric and percutaneous endoscopic gastrostomy tube feedings.
- Assesses and screens for central line associated bloodstream infections and catheter associated urinary tract infections.
- Treats patients with acute conditions including respiratory failure, congestive heart failure, massive trauma, and drug overdose.
- Develops nursing care plan of assigned patient on admission, updates plan of care that is coordinated with patient, family, and other members of the team.

Education

Bachelor of Science in Nursing

UTMB - Galveston, TX September 2019 to Present

Associate in Science (AS) in Nursing

College of the Mainland - Texas City, TX August 2016 to May 2018

Nursing Licenses

RN

RN

State: TX

RN

Expires: February 2023

State: TX

Skills

• Attention to Detail

- Time management
- Infection control
- Communication skills
- Tube Feeding
- Nursing
- Catheter Care
- Critical Care Experience
- Esthetic Laser Treatment
- EMR Systems
- Laboratory Experience
- Medication Administration
- Experience Administering Injections
- Epic
- Medical Imaging
- Vital Signs
- Patient Care
- Case Management
- Phlebotomy
- Hospital Experience
- Venipuncture
- Managed Care
- ICD coding
- Sales
- Care plans
- Botox
- Dermal fillers
- Licensed Esthetician (7 years)

Languages

• English - Expert

Certifications and Licenses

BLS Certification

August 2020 to August 2022

ACLS Certification

October 2021 to October 2023

NIHSS Stroke

July 2021 to July 2023

Group B

Esthetician License

CPR Certification

Compact State Nurse License

Assessments

Clinical judgment — Highly Proficient

February 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: Highly Proficient

Verbal communication — Highly Proficient

May 2019

Speaking clearly, correctly, and concisely

Full results: Highly Proficient

Work style: Reliability — Proficient

May 2019

Measures a candidate's tendency to be dependable and come to work.

Full results: Proficient

Electronic health records: Best practices — Highly Proficient

May 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: Highly Proficient

Medical terminology — Highly Proficient

February 2019

Measures a candidate's ability to understand and appropriately use medical terminology.

Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.