

silviaavila36@yahoo.com

2108768530

Dallas, TX 75248

Skills

- Geriatric treatment knowledge
- Ventilator care
- IV drug therapy management
- Chest Tube management
- Diagnostic tools experience
- Computerized charting (EPIC, Meditech)
- Arterial/Venous line management
- Tracheostomy management/care
- Wound Care
- Cardiac Monitors
- Critical thinking
- Bilingual (Spanish)
- EPIC and Meditech Experience, Cerner
- CRRT, ArticSun, Rotoprone bed

Education And Training

05/2004

Associate Of Science:

Nursing

Laredo Community College

Laredo, TX

- Minor in LPN

12/1999

LICENSED PRACTICAL NURSE:

Vocational Nursing

Laredo Community College

Laredo, TX

Practiced as a vocational nurse from 01/2000-05/2004.

Certifications

- Advanced Cardiac Life Support
- Pediatric Advanced Life Support
- Basic Life Support
- NIH

SILVIA AVILA

Summary

Compassionate Critical Care Nurse with 21 years of nursing experience with 16 years in Critical Care settings. Strong crisis management and triage skills to assess and attend to needs of multiple patients. Collaborating with interdisciplinary teams to deliver exceptional quality of care. Expertise in treating patients with various diseases such as but not limited to Sepsis, Heart and Respiratory Failure, Post Operative Care, Stroke, Shock, DKA, liver/kidney transplant, GI Bleeds and Neuro/Trauma patients. LEVEL 1 Trauma/Teaching Facility Experience, CRRT, ArticSun and Rotoprone Bed experience.

Experience

Kaiser Permanente/GQR - ICU Travel Nurse

Fontana, CA

03/2022 - 04/2022

- Performed nursing care following prescribed rules, policies, protocol and procedures.
- Developed and maintained professional relationship with members of health care team, patient and patient's family.
- Monitored patients' respiration activity, blood pressure and blood glucose levels in response to medical administration.
- Established and implemented nursing care plans for each patient through assessment, development, activation and evaluation.
- Completed patient assessments, triaged and recorded patient histories, symptoms and observations.
- Achieved best possible outcomes for nursing sensitive indicators, core measures, HCAPS, patient satisfaction and associate satisfaction.
- Worked with patients and families to provide in-hospital and after-hospital follow-up through teaching and referrals.
- Assisted terminally ill patients with bathing, grooming and dressing.
- Assessed ICU patients each shift to ascertain vitals and key information.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.

Baylor Scott & White - ER Registered Nurse

Dallas, TX

07/2021 - 01/2022

- Responded quickly to codes and coordinated efficient and skilled care.
- Maintained open and clear communication with physicians to coordinate effective patient care.
- Triage and treated high-volume caseload in busy emergency room setting.
- Stabilized patients, determined health needs and provided direct patient care.

- Administered critical IV medications to stabilize patients for assessment and treatment.
- Performed triage on incoming patients and determined severity of injury and illnesses.
- Rendered direct patient care by stabilizing patients and determining course of action based on triage.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care.
- Oversaw ER department and team of multi-disciplinary professionals in high-volume, fast-paced environment.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Performed nursing care foll

Texas Health Presbyterian Hospital - Critical Care Registered Nurse

Plano, TX

11/2020 - 07/2022

- Assessed patients, documented observations and reviewed patient charts to determine care needs.
- Mentored new nurses on practices and procedures to drive patient outcome goals.
- Collaborated with interdisciplinary healthcare professionals to create, implement and adapt individualized care plans.
- Instructed patients, families and caregivers on diagnoses, chronic disease management and medication self-management.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.
- Directed care for patients in ICU, including implementation of treatment plan, monitoring vitals and administering medications.
- Educated patients on treatment plans, medications and aftercare procedures.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.

Cross Country Nurses/ California Pacific Med. Ctr - Traveling ICU Registered Nurse

San Francisco, CA

05/2020 - 08/2020

- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system. Using EPIC.
- Stocked clinical workstations and procedure rooms with necessary supplies.
- Reached out to patients to convey lab results and provide care instructions.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Treated patients by administering various types of medications and therapies.
- Administered scheduled medications and therapies intravenously, rectally,

orally, subcutaneously and via intramuscular injections while overseeing pain management plans.

- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.

Cross Country Staffing/ John Muir Hospital - RN, Critical Care

Walnut Creek, CA

01/2020 - 04/2020

- Provided direct care in critical care units, including Neuro/Trauma ICU, SICU, and MICU units.
- Directed care for patients in ICU, including implementation of treatment plan, monitoring vitals and administering medications.
- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Collaborated with interdisciplinary healthcare professionals to create, implement and adapt individualized plans of care to restore patients' health and drive recovery goals.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Assessed patients, documented observations and reviewed patient charts to determine care needs.
- Inserted and managed central, arterial and PICC lines.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.

Healthtrust/ Tristar Centennial - Registered Nurse, ICU

Nashville, TN

08/2019 - 12/2019

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Delivered high-quality and compassionate treatment to all patients.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Established and implemented nursing care plans for each patient through assessment, development, activation and evaluation.

- Developed and maintained professional relationship with members of health care team, patient and patient's family.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Updated physicians on patient test results and assisted in developing care plans.

Cross Country Staffing/Vanderbilt University Medic - RN, Critical Care

Nashville, TN

06/2019 - 12/2019

- Provided direct care in critical care units, including NeuroICU, MICU, SICU, Transplant, Ortho/Spine Stepdown and Trauma Stepdown units.
- Directed care for patients in ICU, including implementation of treatment plan, monitoring vitals and administering medications.
- Coordinated care for up to 2 patients per shift in busy ICU setting.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Managed all facets of telemetry, including PA catheters and arterials, vasoactive drug administration and titration, thrombolytic therapy, dysrhythmia interpretation and chest tube management.
- Cared for patients recovering from Preventive and diagnostic procedures and provided personalized daily assistance.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.

Healthtrust / Methodist Hospital - Registered Nurse

San Antonio, TX

04/2018 - 12/2019

- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Delivered high-quality nursing care to patients on 20-bed MSICU unit with emphasis on Cardiac, Pulmonary, and Orthopedic post-operative patients.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Acted as patient advocate and implemented total patient care through team nursing process covering 1 to 2 high acuity patients per shift.
- Managed central, arterial and PICC lines.
- Coordinated care for up to 2 patients per shift in busy ICU setting.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Delivered high-quality and compassionate treatment to all patients.

Favorite Healthcare Staffing(Various Hospitals - RN, Critical Care

San Antonio, TX

01/2018 - 05/2018

- Provided direct care in critical care units, including MICU and SICU units.
- Directed care for patients in ICU, including implementation of treatment plan, monitoring vitals and administering medications.
- Coordinated care for up to 2 patients per shift in busy Critical Care setting.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Managed all facets of telemetry, including PA catheters and arterials, vasoactive drug administration and titration, thrombolytic therapy, dysrhythmia interpretation and chest tube management.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.

National Nursing Rehab - RN Staff Nurse

San Antonio, TX

10/2017 - 04/2018

- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.
- Provided skilled direct nursing care to Pediatric patients in the comfort of their home.

San Antonio Behavioral Health - Psychiatric Registered Nurse

San Antonio, TX

03/2017 - 09/2017

- Provided skilled direct nursing care to 20 patients in Adult Psychiatric department.
- Coordinated with healthcare team to establish, enact and evaluate patient care plans.
- Treated patients by administering various types of medications and therapies.
- Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.
- Observed strict safety measures, including checking medication dosages before administration to patients.

- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Coordinated care for up to 20 patients per shift in busy Psychiatric setting.
- Delivered information regarding care and medications to patients and caregivers in comprehensible terminology.

Methodist Specialty And Transplant - RN, Critical Care

San Antonio, TX

06/2016 - 03/2017

- Administered care to Kidney, Spleen, and Liver Transplant patients.
- Inserted and managed central, arterial and PICC lines.
- Instructed patients, families and caregivers on diagnoses, chronic disease management and prevention and medication self-management to maintain continuum of care.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Delivered quality care and comfort to patients with post-op Kidney, Spleen and Liver Transplant.
- Treated patients with broad range of diagnoses ranging from sepsis, renal failure, diabetic ketoacidosis, pulmonary embolism, myocardial infarction, pneumonia, acute respiratory distress syndrome, congestive heart failure and chronic obstructive pulmonary disease.

Favorite Healthcare Staff. /Uvalde Hospital - Registered Nurse, Emergency Department

Uvalde, TX

04/2016 - 06/2016

- Coordinated review, revision and creation of operational policies within emergency department.
- Educated patients and families on treatment strategies and at-home care.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Delivered care to 16 patients per day, including coordinating and evaluating interdisciplinary care.
- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Helped nursing staff provide quality, competent patient care for diverse emergencies.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.

AMN Healthcare Services /Kingwood Medical Center - RN, Emergency Department/Pediatric Nurse

Kingwood, TX

01/2016 - 04/2016

- Performed basic physical assessments of newborns and infants.
- Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.
- Administered medications and therapies as prescribed by physicians.
- Treated patients by administering various types of medications and therapies.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Coordinated care for up to 4 patients per shift in busy Pediatric ER setting.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

National Nursing Rehab - Registered Nurse

San Antonio, TX

08/2015 - 01/2016

- Developed and adapted individualized treatment plans according to patient recovery goals.
- Administered medications, tracked dosages and documented patient conditions.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Educated patients and families on treatment strategies and at-home care.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Communicated with primary care physicians or emergency care providers to relay patient needs.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused treatment plans and manage ongoing care.
- Monitored and managed various treatment and care interventions, including IV administration, wound and ostomy care and catheter insertion.
- Maintained adequate unit supplies to meet expected patient demands.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization due to complications.
- Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.
- Delivered care to 1 patients per day, including coordinating and evaluating interdisciplinary care.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.

**Methodist Children's Hospital - RN, Emergency Department/Pediatrics
Staff Nurse**

San Antonio, TX

01/2015 - 09/2015

- Conducted patient assessments by taking vital signs and interviewing about symptoms.
- Documented health findings and information in patients' charts.
- Assisted with fitting patients for casts, crutches and other medical devices.
- Helped nursing staff provide quality, competent patient care for diverse emergencies.
- Prioritized care based on clinician orders and current patient symptoms to optimize resource utilization.
- Remained level-headed and proactive during emergency situations.
- Provided direct patient care, including stabilizing patients and determining course of action based on triage.
- Demonstrated dedication to providing quality care through continued training and education.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Provided skilled direct nursing care to 4 patients in Pediatric ER department.
- Assessed scenes and prioritized care according to severity of injury or illness.
- Developed strong rapport with other medical professionals to foster quality and efficient patient care.
- Collaborated with team members and other first responders, ensuring consistent communication to maintain order and efficient care delivery.
- Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Favorite Healthcare Staffing(Various Hospitals - Registered Nurse

San Antonio, TX

03/2012 - 12/2014

- Coordinated care for up to 2 patients per shift in busy Critical Care setting.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Treated patients by administering various types of medications and therapies.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Observed strict safety measures, including checking medication dosages before administration to patients.
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Delivered information regarding care and medications to patients and caregivers in comprehensible terminology.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.

Methodist Healthcare System - RN, Emergency Department

*San Antonio, TX
12/2011 - 03/2014*

- Assisted with fitting patients for casts, crutches and other medical devices.
- Helped nursing staff provide quality, competent patient care for diverse emergencies.
- Prioritized care based on clinician orders and current patient symptoms to optimize resource utilization.
- Worked alongside doctors and nurses to provide supplies, instruments and equipment for procedures.
- Remained level-headed and proactive during emergency situations.
- Provided direct patient care, including stabilizing patients and determining course of action based on triage.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Provided skilled direct nursing care to 4 patients in ER department.
- Utilized computerized Resource and Patient Management System (RPMS) and Electronic Health Record (EHR) system.
- Developed strong rapport with other medical professionals to foster quality and efficient patient care.
- Collaborated with team members and other first responders, ensuring consistent communication to maintain order and efficient care delivery.
- Documented all patient information, including condition or injury, treatment and medication administration.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Children's Hospital Of San Antonio - RN, Emergency Department/Pediatric Nurse

*San Antonio, TX
09/2010 - 07/2012*

- Performed basic physical assessments of newborns and infants.
- Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.
- Administered medications and therapies as prescribed by physicians.
- Coordinated care for up to 4 patients per shift in busy Pediatric ER setting.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Evaluated and adjusted life support equipment, tubing and peripheral devices providing critical assistance to fragile patients.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.