

Briana Gaines.

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9517 Avenel Rd

Silver Spring, Md 20903

CAREER OBJECTIVE

A *Registered Nurse* where my extensive knowledge and experience in patient-centered care, calm disposition, and communication skills will aid in delivering better health care services. Also, devoted to providing compassionate and quality care to all individuals.

EDUCATION

Bachelor of Science in Nursing (BSN)

Bowie State University

May 2020

- Member of Deans Honor Roll
- Invited to join ABC University's chapter of the Golden Key International Honor Society in recognition for being a high achieving student in the top 15% of the program

WORK EXPERIENCE

Registered Nurse: Emergency Room- University of Maryland Baltimore Washington Medical Center

May 2020-Present

- Monitored ER patients, including alerting physicians or charge nurses to changes in patient status, communicating with patients and their family members in a variety of situations.
- Performed medical procedures, such as EKG, venipuncture, covid testing, cardiac monitoring, taking vital signs, urinalysis, UCG testing.
- Manage care for ICU patients such as arterial lines, titrating medications, ETT tubes, daily care
- Provided efficient care to numerous specialty populations across the lifespan including cardiac arrest/resuscitation, airway management/support (CPAP/BiPAP, RSI, ventilator), stroke, poison ingestion and drug overdose.
- Administered IV fluids and medications including antibiotics, packed RBCs, and narcotics while carefully monitoring for side effects or any adverse reactions.

- Provided nursing care for patients with chronic and acute health problems such as MI, arrhythmia, asthma, COPD, and pneumonia.

**Student Nurse: Intensive Care Unit & Emergency Room- University of Maryland
Baltimore Washington Medical Center**

Aug.2019-May 2020

- Performed head to toe and focus assessment on patients.
- Performed and monitor: ECG, pulse oximetry, invasive and non-invasive blood pressure.
- Assist in airway management – suctioning, endotracheal intubation and noninvasive ventilation
- Demonstrate an understanding of mechanical ventilation: modes, lung protective strategies and weaning.
- Establish therapeutic relationship with patients/families within the confines of the ICU environment
- Identify, evaluate and prioritize current ICU patient care needs by participating in daily rounds on critically ill patients.
- Assist the nurse in performing prompt and effective resuscitation for seriously ill or injured patients
- Perform IV insertion and collected blood samples and other laboratory specimens, logged the specimens, and prepared them for testing.
- Assist in medication administration and monitor patient for side effects and change in condition.

Home Health Aide- Adventist Home Health. *Jan.2019- May 2020*

- Preserved patient dignity and minimize discomfort while carrying out duties such as bedpan changes, diapering, emptying drainage bags, and bathing.
- Maintained a safe environment in patient's home.
- Manages to visit caseload productivity within the appropriate expected time frame.

Nurse Extern- Medstar National Rehabilitation Hospital, *June.2019-Aug.2019*

- Assisting patients with their activities of daily living.
- Accurately completes and documents patient vital signs and reports abnormal values to the registered nurse.
- Collecting blood glucose values by glucometer.
- Perform bladder scans and ECG.
- Perform catheterizations to include indwelling and straight.

Certified Nursing Assistant- National Institute of Health. *Feb.2018-March 2019*

- Provides patients' personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.

MEMBERSHIPS AND CERTIFICATIONS

- Registered Nurse License #: R250625. March 2024. Maryland
- Registered Nurse License #: 95284912. April 2024. California
- Basic Life Support Provider, American Heart Association: September. 2023
- Advanced Cardiovascular Life Support: Jan.2024
- NIHSS Stroke Scale: Aug.2022
- Nonviolent Crisis Intervention: Sept. 2022
- PALS: May.2022
- Pinning Ceremony Committee.
- Certified Peer Educator