

Christopher Sanchez

New Grad Nurse

Citrus Heights, CA 95610

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Authorized to work in the US for any employer

Work Experience

Home Health Aide

El Dorado County - Diamond Springs, CA

October 2019 to Present

Provided direct patient care to a physically disabled person in their own home. This includes ADL care, meal prep, transfers using a hooyer lift, and psychosocial support.

CNA - Certified Nursing Assistant

St Claire's Nursing Home - Sacramento, CA

April 2018 to October 2019

I provided direct patient care and ADL care to geriatric patients in the long term setting. I would take care of up to 8 patients and would monitor vitals, I&O, and assist in wound care.

CNA - Certified Nursing Assistant

Marin Post Acute - San Rafael, CA

April 2016 to March 2018

I provided direct patient care and ADL care to geriatric patients in the long term setting. I would take care of up to 8 patients and would monitor vitals, I&O, and assist in wound care.

Team Member

One Whirld, Inc.

September 2015 to May 2016

Camp Counselor

Boy Scouts of America

June 2010 to August 2012

Education

BSN in Nursing

Chamberlain college of Nursing - Sacramento, CA

July 2019 to April 2022

College Degree in Public Health

Dominican University of California - San Rafael, CA

2014 to April 2018

High school or equivalent

St. Francis High School

Skills

- Basic First aid (6 years)
- Wilderness First aid (3 years)
- Sports Medicine (3 years)
- CPR (7 years)
- Microsoft Office (10+ years)
- Patient Care
- EMR Systems
- Caregiving
- Vital Signs
- Hospital Experience
- Hoyer Lift
- Home Care
- Nursing
- Meal Preparation
- Food Preparation
- Experience Administering Injections
- Medication Administration
- Infection Control Training
- Alzheimer's Care
- Dementia Care
- Hospice Care
- Epic
- Microsoft Word
- English
- Computer Operation

Awards

Eagle Scout

August 2010

I attained the highest rank in Boy Scouts.

Certifications and Licenses

Certified Nursing Assistant (CNA)

October 2015 to April 2018

CPR Certification

Groups

Boy Scouts of America

Present

Sigma Theta Tau

January 2022 to Present

Publications

Do People Who are More Aggressive Sustain More Injuries Than Their Less Aggressive Counterparts: A Study of Participants of Medieval Combat Games in the United States?

<https://doi.org/10.33015/dominican.edu/2018.HONORS.ST.17>

May 2018

Today people are being encouraged to be more active for the sake of their health, but in becoming more active people are getting more sports related injuries. There are many risk factors that may increase the likelihood of a sports related injury. Aggression in particular may be contributing factor to a higher likelihood of injury. The goal of this study is to look at the relationship between aggressive personalities and injury occurrence.