

JESSICA GALLARD, RN

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Professional Summary

Motivated and compassionate registered nurse with 2 years of hands-on training in multiple specialties and a solid educational foundation consisting of 625+ hours of clinical experience. Proven skills in acute care, pain management, out-patient surgical care, family education and medication administration along with a proven ability to quickly establish rapport with patients, families and staff to provide excellent patient care that encourages self-sufficiency.

Work History

South Anchorage Surgery Center - Pre-op, Sedation and PACU RN
ANCHORAGE, AK
AUGUST 2020 - CURRENT

- Managed care from admission to discharge, including patient assessments, care planning, health education and discharging support to provide comprehensive care to over 18 patients daily.
- Monitored vital signs, took detailed medical history and initiated IV therapy.
- Performed pre-anesthetic screenings by conducting physical evaluations and thorough patient interviews.
- Prepared patients for conscious sedation, including administering and maintaining anesthesia and confirming proper sedation and pain management.
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.

AA Spine and Pain Clinic - Lead RN
ANCHORAGE, AK
AUGUST 2020 - CURRENT

- Evaluated, adjusted and refilled patient's intrathecal pain pump devices and monitored for adverse effects of intrathecal medication administration.

Skills

- Detail-oriented patient care
 - Planning/Management
 - Post-op/Pre-op care
 - Strong clinical judgment
 - Patient and family advocacy
 - Moderate sedation
 - Organization and planning
 - Privacy and confidentiality
 - Proficient IV setup
 - Multitasking abilities
 - Ability to uphold accreditation standards
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Education

Lone Star College System
Associate of Science Nursing
Spring, Tx
05/2020

Western Governor's University
Bachelors of Science Nursing
Salt Lake City, UT
Expected: 12/2022

Certifications

ACLS Cert.
- Expiring Sept. 2022

BLS CPR Cert.
- Expiring Jan. 2024

Sedation Nurse Cert.
- Expiring October 2022

Alaska Nursing License
- License # 162576

Texas Nursing License
- License # 1071689

- Administered and managed patient care during intravenous ketamine infusions.
- Assessed patient conditions by performing thorough examinations and asking appropriate medical questions.
- Managed care for post-operative patients from initial recovery through discharge.
- Collaborated with physicians and interdisciplinary teams to devise and manage individualized plans of care.
- Managed intrathecal pain pump medication ordering and administration for over 90 patients.
- Overseeing and managing clinical inventory/supply.
- Maintaining and upholding DEA compliance through clinical policy

Clinical Experience

Pediatric Rotation - 48 Contact Hours 01/2020 – 05/2020

- Texas Children's Hospital - The Medical Center , Houston, Tx
- Treated patients in pulmonary and neurological settings.

Medical/Surgical Rotation - 240 Contact Hours 08/2019 – 12/2019

- Methodist Hospital - Continuing Care, Katy, Tx, United States
- Treated patients in a medical/surgical and ICU setting.

Medical/Surgical Rotation - 144 Contact Hours 06/2019 – 08/2019

- Methodist Hospital - Willowbrook, Houston, Tx, United States
- Treated patients in a medical/surgical and observation setting.

Maternal/Newborn Rotation - 48 Contact Hours 06/2019 – 08/2019

- Memorial Hermann - Memorial City, Houston, Tx, United States
- Treated patients and families in the NICU, postpartum, couplet, OR and labor and delivery settings.

Mental Health Rotation - 20 Contact Hours 01/2019 – 05/2019

- West Park Springs - Mental Health Facility, Richmond, Tx, United States
- Treated patients with psychosis, bipolar disorder, schizophrenia, obsessive compulsive disorder, depression, drug/alcohol addiction and suicide ideation within the facility.

Mental Health Rotation - 28 Contact Hours 01/2019 – 05/2019

- The Brookwood Community, Brookshire, Tx, United States
- Managed daily activities of citizens that included people with autism spectrum disorders; intellectual disabilities; developmental disabilities, traumatic brain injury; dual diagnosis; and/or aging care needs.

Medical/Surgical Rotation- 96 Contact Hours 01/2019 – 03/2019

- Cypress Fairbanks Medical Center Hospital, Cypress, Tx, United States
- Treated patients in the OR, Pre-op, PACU, ICU and Med surg settings.