**Andrea Caskey**

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**OBJECTIVE**

Obtain a position in nursing care

**EDUCATION**

**University of Mary Hardin Baylor School of Nursing:** Belton, TX 2011-2014

Bachelors of Science in Nursing

**University of Texas: Austin, TX**  2000-2003

Bachelors of Science in Sports Science and Bachelors of Liberal Arts in Spanish

**CLINICAL EXPERIENCE**

CLINICAL LAB EXPERIENCE: Baylor Scott & White, Hillcrest Baptist and Medical Center, McLane Children’s Hospital (2011-2014)

SKILLS: Comprehensive assessment of adults and children, medication administration all routes, sterile dressing changes, tracheal suctioning, 12 lead ECG, foley catheter care, insertion and removal, ostomy care and teaching, obtain lab draws, establish IV therapy, port access, conscious sedations, casting and splinting, and many other skills for a variety of patients whom are treated and stabilized in the ED.

EQUIPMENT: IV pumps, PCD’s, closed chest drainage, glucometer, hemodynamic monitoring, EMR documentation, insulin pumps, ventilation, bladder scanner, Doppler, istat,

**WORK EXPERIENCE**

**SPS ER NURSE, ASCENSION NETWORK** 2019-PRESENT

* Same duties as an ER RN, however, functions as a floating nurse between trained facilities. RN must be able to acclimate to each ER environment and establish rapport with other team members. In a fast paced environment such as the ER, the travel RN must be able to identify critical resources quickly and efficiently. Currently trained at 7 ER’s in the Ascension Network, from rural hospitals to Level II trauma in Central Austin.

**TEXAS HOME HEALTH HOSPICE** 2017-2019

* Nurse performs ongoing evaluations of patients and document their findings in patient charts with detailed observation notes. RN develops and implements care plans for individual patients and adapts to patient’s needs as they change. RN follows plans by administering medications and treatments as outlined. RN collaborates individually with a multi discipline team including nurses, aides, physicians, family and other medical team care members. RN checks vital signs, charts and alerts medical team to outstanding vitals. RN provides support and education to family and other individuals involved in patient care.

**ST. DAVIDS GEORGETOWN EMERGENCY ROOM RN:** 2013- 2018

* Level III trauma, certified Heart and Stroke Center. Specialize in assessing, intervening and stabilizing a variety of trauma and illnesses with decisive action. Knowledgeable about general as well as specific health issues.  RN must prioritize; make quick and accurate assessments about incoming patients, including both physical and mental health conditions. Assist in bedside procedures such as conscious sedation and intubation. Stabilize critical patients and maintain their patient care until transport to ICU, Med/Surg or discharge. Also trained as charge nurse for the ER.

**SANOVA DERMATOLOGY RN:** 2015- 2016

* Assist the Dermatologist in treating wounds, diseases, injuries, managing chronic skin diseases and identifying skin cancers. Assist doctor in biopsies and first assist in Moh’s surgery. Patient teaching in post op and wound care and descriptive charting of patient’s conditions.

**EDWARD’S HOME HEALTH RN:** 2015

* Collaborate with care team in meeting the goals of the patient. RN must have strong assessment skills and interdisciplinary communication in order to meet and identify new goals of care. RN must be compassionate and advocate for patient. Skills include, but not limited to: medication reconciliation, full health intake assessment, assist in specialized care, patient teaching to family and patient, charting and organizational skills, and wound care.

**GEORGETOWN LIVING:** 2013

* Worked with 10 residents that have been diagnosed with at least dementia and/or Alzheimer’s along with other comorbidities. Helped with ADL’s as well as monitoring vital signs, glucose checks, administering medications. It is a 2:10 ratio caregiver to resident. I was responsible for all med administration.

**SWIM LESSONS:** Austin area 1999- Present

* Worked with ages 0-99 teaching all levels of swimming. Worked with developmentally delayed children in addition to competitive swimmers. Developed individual swim plans tailored to client’s expected outcomes/goals and needs. Managed 1:1 ratio up to 1:6 ratio for group learning.

**TRAINER** 2009- Present

* Boot camps, triathlon training, nutrition planning. Worked with all ages and levels of persons ranging from children, weight loss clients, and competitive athletes. Developed client base, work out planning, planned tailored to client’s expected outcomes/goals and needs, incorporated holistic approach and nutrition teaching.
1. **HOUR FITNESS** 2003-2012
* Group fitness instructor including kickboxing, pump, and cycle. Learned required curriculum, certifications and chorography. In charge of attendance growth and client satisfaction. Developed cycle workouts. 1:45 ratio in the group X environment.

**SWIM COACH**  2000-2011

* Head coach of summer leagues, Assistant Head Coach of club swimming, Assistant Head Coach of Master’s swim program. Worked with Board Members, managed coaches and volunteers.

**VOLUNTEERING AND HOBBIES**

* Hospice volunteer, Austin Multi-Sport Kids Tri Training, Livestrong Foundation, Dell’s Children Hospital
* Paddle boarding, weight training, painting, laughing, and anything outdoors.

**CERTIFICATIONS**

* TNCC, ALS, PALS, AHA BLS, ASCA Level Two, Lifeguard Training, Group X certification, FiTOUR Nutrition and Advanced Personal Trainer