

# Rochelle Mayo

## Licensed Vocational Nurse

Westlake, LA 70601

[rochellemayo3\\_4ro@indeedemail.com](mailto:rochellemayo3_4ro@indeedemail.com)

+1 337 377 9768

Licensed Vocational Nurse skilled in geriatric, rehabilitative, skilled nursing facility, hospice and post-operative care. Capable of providing quality care, based on high standards of professionalism and compassion. Excellent empathy skills and dedication to patient welfare. Efficient communication skills with physicians, co-workers and patient families.

### Ability Summary

Charge Nurse, direct patient care, medication administration and injections, blood sugar/accu-check, medical aseptic technique, bolus feeding, colostomy care, tracheostomy care catheterization, time management, observation of patients and reporting, have a working knowledge of sterile tech, performed care plan monitoring and reassessment, plus patient and family education. I am office and computer proficient, also enjoy working in a fast-paced environment.

Authorized to work in the US for any employer

## Work Experience

---

### LVN Charge Nurse

ShiftKey - Dallas, TX

January 2022 to Present

- Observes, assesses and reports resident condition/changes, along with proper documentation.
- Receive, transcribe, and execute physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### LVN Charge Nurse

Pine Arbor Nursing Home - Silsbee, TX

June 2021 to Present

- Observes, assesses and reports resident condition/changes, along with proper documentation.
- Receive, transcribe, and execute physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### LVN Charge Nurse

Senior Rehabilitation - Port Arthur, TX

March 2019 to Present

- Observes, assesses and reports resident condition/changes, along with proper documentation.

- Receive, transcribe, and execute physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### **LVN Charge Nurse**

Vidor Health and Rehab - Vidor, TX  
May 2018 to May 2019

- Observes, assesses and reports resident condition/changes, along with proper documentation.
- Receive, transcribe, and execute physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### **Phlebotomist**

Lake Charles Memorial Hospital - Lake Charles, LA  
November 2017 to May 2018

### **License Practical Nurse**

Golden Age Of Welsh Llc - Welsh, LA  
March 2015 to May 2017

- Observes, assesses and reports resident condition/changes, along with proper documentation.
- Receive, transcribe, and carry out physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Identify and secure equipment and supplies.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### **Licensed Vocational Nurse (LVN)**

Orange Villa - Orange, TX  
July 2014 to March 2015

- Observes, assesses and reports resident condition/changes, along with proper documentation.
- Receive, transcribe, and carry out physicians orders.
- Oversee/monitor functions and activities of subordinate staff.
- Document and report accidents and incidents.
- Identify and secure equipment and supplies.
- Consult with nurse supervisor, director of nursing, administrator, nurse consultants, related to patient care.

### **Certified Nurses Aide (CNA)**

High Hope Care Center - Sulphur, LA  
March 2006 to June 2014

- Help patients with the activities needed for daily living.
- Provided patients/residents with care and companionship
- Monitored vital signs

- Served meals
- Aided in lifting residents when necessary
- Changed bed linens
- Performed post-mortem care, if needed

### **Fire Attended**

Turner Industries - Sulphur, LA  
April 2001 to February 2006

- Assist with ergonomics assessments, assist in managing HAZMAT and chemical storage programs, and evaluate fire prevention plans.
- Make sure all PPE or equipment is worn on site and workers have knowledge on h2s awareness
- Maintain all documents, worksheets and signs relate to safety procedures, worker policies and OSHA compliance.
- Apply knowledge of OSHA and MHSA safety standards, including fire, electrical, confine spaces, and respiratory safety.
- Perform rescues and administer first aid and CPR.
- Monitor and report the general condition of rig equipment.
- Provide, issue and maintain PPE and air monitoring devices.
- Certify transporting personnel and adhering to refinery traffic laws.
- Prepare various manuals and PowerPoint presentations on forklift and warehouse safety.
- Assist refinery personnel and safety representatives daily, receive jobs from operators and delegate the task to other safety attendants.
- Perform accident investigations, safety/environmental compliance inspections, hazardous material management, consultation and enforcement, and emergency response assistance.
- Keep all files up to date CDL, medical cards, random drug testing.
- Perform when necessary audits on drivers CDL expiration, hazmat endorsement expiration, medical examination/DOT physical expiration.

## Education

---

### **License Practical Nurse in Nursing**

Lamar State College-Orange - Orange, TX  
July 2011 to June 2014

### **High School Diploma in Basic Studies**

Lake Charles Boston High School - Lake Charles, LA  
May 2000 to August 2007

## Nursing Licenses

---

### **PN**

Expires: September 2022

State: TX

## Skills

---

- LVN
- Nursing
- Aseptic Technique
- Transcription
- Medication Administration
- Experience Administering Injections
- Laboratory Experience
- Patient Care
- Tube Feeding
- Hospice Care
- Medical Records

## Certifications and Licenses

---

### **Lvn**

June 2014 to September 2022

### **CPR**

August 2021 to August 2023

### **LPN**

### **BLS Certification**

August 2021 to August 2023

### **Industrial Safety Training**

### **Field Training**

### **OSHA Construction Safety and Health Training**