

# MAYRA GARCIA

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## EXPERIENCE

**JANUARY 2022- FEBRUARY 2022**

**ICU RAPID RESPONSE ORDER**

**SHARP MEMORIAL HOSPITAL- SAN DIEGO, CA**

**CRITICAL CARE REGISTERED NURSE AGENCY, GO RN LLC**

Agency contract travel ICU nurse at a county hospital-25 bed ICU providing relief for staffing shortage crisis response in the medical intensive care unit and surgical intensive care unit. Care for 1 to 2 high acuity patients that may be in respiratory failure, post op neurosurgery (EVD monitoring), rapid sequence intubation, arterial lines, swan-ganz catheters, COVID-19, and cardiac arrest. *Cerner EMAR system utilized.*

**NOVEMBER 2021- DECEMBER 2021**

**CRISIS RESPONSE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH**

**RIVERSIDE UNIVERSITY HOSPITAL SYSTEM- MORENO VALLEY, CA**

**CRITICAL CARE REGISTERED NURSE AGENCY, PROLINK STAFFING**

Agency contract travel ICU nurse at a county hospital providing relief for staffing shortage crisis response in the critical care unit and intermediate care unit. Care for 1 to 2 high acuity patients that may be in respiratory failure, post op neurosurgery (EVD monitoring), rapid sequence intubation, arterial lines, and cardiac arrest. *EPIC EMAR system utilized.*

**AUGUST 2021- OCTOBER 2021**

**COVID CRISIS AND DISASTER RELIEF -FEDERAL EMERGENCY MANAGEMENT AGENCY (FEMA)**

**BATON ROUGE GENERAL, MID-CITY- BATON ROUGE, LA**

**CRITICAL CARE REGISTERED NURSE AGENCY, ASPEN MEDICAL INTERNATIONAL (AMI)**

Agency contract travel ICU nurse at a 24-bed ICU community hospital providing relief for COVID - 19 crisis and Hurricane Ida disaster relief in the critical care unit. *Allscripts- Paragon EMAR system utilized.* Care for 1 to 2 high acuity patients that may be in respiratory failure, rapid sequence intubation, arterial lines, and cardiac arrest.

**JANUARY 2010- AUGUST 2021**

**CRITICAL CARE REGISTERED NURSE, ALEXIAN BROTHERS MEDICAL CENTER**

Care for 1 to 2 high acuity patients in a 36-bed ICU, that may be in respiratory failure, renal failure, sepsis, acute myocardial infarction, post op open heart or transcatheter aortic valve replacement, stroke rescue or post craniotomy. *Cerner EMAR system utilized.*

**CARDIOVASCULAR INTENSIVE CARE REGISTERED NURSE, ALEXIAN BROTHERS MEDICAL CENTER**

Care for 1 fresh open-heart patient, 1-2 post-op heart patients. Experience with AV-ECMO, IABP, and impella, PA catheters, arterial lines utilized for patients care.

**RAPID RESPONDER ROLE** to assist with sudden change in status on patients throughout the hospital collaborate with intensivist and facilitate transfer to unit when required.

**CHARGE NURSE** responsibilities to support the staff and facilitate admission and transfers out of the intensive care unit. Educate and assist undergraduate students with skills validation and testing for clinical rotation.

**AUGUST 2018- MAY 2020**

**GRADUATE STUDENT ASSISTANT- SKILLS LAB,** NORTHERN ILLINOIS UNIVERSITY

Educate and assist undergraduate students with skills validation and testing for clinical rotation. Support faculty with simulation lab.

**DECEMBER 2006– DECEMBER 2009**

**CRITICAL CARE PATIENT CARE TECHNICIAN,** ALEXIAN BROTHERS MEDICAL CENTER

Assist nurses with basic patient care, routine hygiene, blood glucose levels, input and output of patients. Prepare rooms for admissions and assist with transfers.

**AUGUST 2004 – NOVEMBER 2006**

**DENTAL ASSISTANT, DR. RONALD FAITH AND ASSOCIATES, DDS**

Assist dentist with routine procedures involving fillings, tooth extractions, crown/denture mold preparation and root canals. Room set up for proper procedures, sterilizing tools, set up of appointments.

## EDUCATION

**CURRENT EDUCATIONAL PROGRAM STARTED AUGUST 2018**

**MASTER'S IN SCIENCE FAMILY NURSE PRACTITIONER, NORTHERN ILLINOIS UNIVERSITY, SCHOOL OF NURSING. DEKALB, IL.**

**JAN 2017- JUNE 2018**

**BACHELORS IN NURSING (COMPLETION),** CAPELLA UNIVERSITY. MINNEAPOLIS, MN.

Program focus: leadership & management, nursing informatics, nursing research, global perspectives of community and public service, Pharmacology Safety, Policy/law/ethics & regulations, and health promotion disease prevention in vulnerable and diverse populations. I was able to complete the program in 14 months. I maintained a 4.0 GPA upon completion of the program.

**AUGUST 2004- OCTOBER 2009**

**ASSOCIATES IN APPLIED SCIENCE OF NURSING,** WILLIAM RAINEY HARPER COLLEGE. PALATINE, IL.

Program focus: The opportunity to gain cutting-edge learning methods with a new simulation lab and multiple clinical site experience. The building blocks of nursing care from fundamentals of nursing practice.

## SKILLS

- Extensive experience as a Cardiovascular/neurology/medical intensive care nurse (mixed ICU).
- Expert in open-heart recovery and management of patients with Extracorporeal membrane oxygenation (ECMO), and Impella.
- Heart failure population with Ventricular assist device (VAD).
- Care for patients with acute respiratory distress, acute renal failure requiring continuous renal replacement therapy (CRRT).
- Stroke Certified Center-capabilities to manage patients with external ventricular drainage and post biplane interventions (for stroke rescue).
- Rapid Response Team member assist with acute issues for patients outside of the ICU and respond to Stroke Alerts.
- Fulfill the role of a Charge Nurse and leadership responsibilities of a 36-bed ICU.

## **CERTIFICATIONS**

Current: ACLS, BLS, and NIH

Additional information:

-Fully vaccinated for COVID-19.

*References available upon request.*