Shannon Ficker 2413 Star Light Ln Schertz, Texas 78154 (830) 643-4858 Shannon_lanford24@yahoo.com

Objective

Registered Nurse with three years of experience. Dedicated to each of my patients to ensure compassionate, thorough, and quality care. Seeking a position with the medicalsurgical or intermediate care teams with a respected nursing agency. Eager to gain more experience while becoming a more well-rounded and more informed healthcare professional.

Education

Bachelor of Science in Nursing

Graduated December 2018

University of Texas Health Science Center at San Antonio, San Antonio, Texas Dean's List Fall 2017 GPA 3.4

Clinical Experience

- Audie Murphy VA Hospital acute care and intensive care units Spring 2018, Fall 2018
- Child and Family Health, 90 hours, Children's Hospital of San Antonio (Unit rotations: Hem/Onc, Post-surgical, Med-Surg, ED)
- University Hospital
 Emergency department and Intensive care units
 Spring 2018
- Northeast Methodist Hospital medical surgical units
 Spring 2017

Work Experience

Triage Staffing

March 2022-Present

Travel Registered Nurse, Medical-Surgical at Christus Santa Rosa Spohn Shoreline

- Provide compassionate, safe, and higher level of care for six patients.
- Communicating with compassion and empathy to patients, providing education, and reinforcing education.
- Educate patients about how to use equipment, about medication actions and effects, pathophysiology, and discharge instructions.
- Communicate and educate patients' loved ones and ensure that they are involved in the plan of care as well as patient care.
- Communicate with doctors, fellow nurses, and patient care associates to ensure high-level patient care.
- Interpret heart rhythms and notify cardiologists and/or hospitalists of any change in patient's rhythm or rate.
- Manage IV drips (Heparin) chest tubes, oxygen delivery (nasal cannula, simple mask, CPAP/BIPAP, non-rebreather) JP drains, suprapubic/Foley catheters, PEG tubes, NG tubes, hand-held doppler machines, wound vacs, ostomies, tracheostomies, leg immobilizers for amputations, and central lines.
- Accessing and De-accessing implanted ports.
- Obtain blood samples from central lines, midlines, and perform lab draws phlebotomy is unable or during an emergent situation.

- Diligently observe patients throughout shift with hourly rounding, answering call lights promptly, and monitoring heart monitor to assess patient's needs and patient status.
- Notify the MD of any concerning change in patient status and call the rapid response team.
- Prepare patients for procedures and provide post-op care as ordered.
- Precept nursing students as assigned.
- Collaborate with fellow nurses and nursing aids on the unit to help each other.

Methodist Hospital

Surgical

February 2019-March 2022 **Registered Nurse, Intermediate Medical/Intermediate Surgical and General**

- Provide compassionate, safe, and higher level of care for up to four patients.
- Communicating with compassion and empathy to patients, providing education, and reinforcing education.
- Educate patients about how to use equipment, about medication actions, pathophysiology, and discharge instructions.
- Communicate with patients' loved ones and ensure that they are involved in the plan of care.
- Communicate with doctors, fellow nurses, and patient care associates to ensure high-level patient care.
- Interpret heart rhythms and notify cardiologists and/or hospitalists of any change in patient's rhythm or rate.
- Manage IV drips (Heparin, Insulin, Sandostatin, Amiodarone), chest tubes, high-flow nasal cannulas, JP drains, suprapubic/Foley catheters, PEG tubes, NG tubes, hand-held doppler machines, implanted dopplers, wound vacs, ostomies, tracheostomies, and central lines.
- Obtain blood samples from central lines, midlines, and perform lab draws when phlebotomy is unable or during an emergent situation.
- Diligently observe patients throughout shift with hourly rounding, answering call lights promptly, and monitoring heart monitor to assess patient's needs and patient status.
- Notify the MD of any concerning change in patient status and call the rapid response team.
- Prepare patients for procedures and provide post-op care as ordered.
- Precept new nurses as assigned.
- Precept University of Texas Health Nursing School students and interns, precept as a Texas Tech School of Nursing Coach, and precept any other nursing students as assigned.
- Monitor tissue flaps for viability with visual, physical, and instrumental observation.
- Monitor a specialized group of patients who have undergone breast reconstruction surgery with the PRMA plastic surgery team.
- Collaborate with fellow nurses on the unit to help each other.

University Hospital, STARS Float Unit Patient Care Associate

July 2017-January 2019 • Provide basic care to multiple patients and perform one on one patient care to patients requiring a sitter.

- Maintain quality of care in fast paced environment.
- Experience on a variety of floors such as pediatric emergency department, pediatric medical surgical, adult medical surgical, surgical ICU (Intensive Care Unit), adult emergency department, psychology unit, Neuro ICU, and Reeve's Rehabilitation unit.

Cashier, Floral Department Assistant, Produce Assistant

August 2013-July 2017

- Served customers by fulfilling orders in person or by phone.
- Assisted customers in making their own floral arrangements.
- Opened and closed floral department, ordered flowers and merchandise, created floral arrangements, created merchandise displays.
- Provided customer service, informed customers of the latest deals and sales, assisted customers with findings items and

Licenses and Certifications

- Registered Nurse License #958840
- Basic Life Support
- Advanced Cardiac Life Support

Volunteering

2016-2019

- Volunteer and member at MacArthur Park Church of Christ, where I attend church to help in the Children's Ministry every summer and throughout the school year. Children from three years old to 12 years old.
- Lead and assist in anything from arts and crafts, skits, teaching bible verses, singing, to leading and creating games to play that correlate with bible scripture.
- Volunteer- Guadalupe Catholic Charities Community Center
- Volunteer- Haven for Hope
- Volunteer- San Antonio Food Bank

References

Lura Zamora

Director of General Surgical/Orthopedic Unit at Methodist Hospital Phone Number: (210) 542-0797 E-mail: Lura.Zamora@mhshealth.com

• Josephine Garcia

Nurse Manager of General Surgical Unit at Methodist Hospital Phone Number: (210) 318-8318 E-mail: Josie.Garcia@mhshealth.com

Genivy Gomez

Nurse Manager Medical Surgical Unit at Methodist Hospital Phone number: (210) 394-1475 E-mail: <u>Genivy.gomez@mhshealth.com</u>