

JESSE G. STRAND, RN,BSN
920 Saint Andrews Place
Owatonna, MN 55060
512-200-1354
jessegstrand@gmail.com

Professional Experience

Blades Of Turf Artificial Grass

Position: Owner, Safety Liason Officer and Trainer, Injury Manager **2020 to 2022**

- Performing multiple different tasks as a business owner of a company with 10 employees.
- Developing health and safety policies and procedures.
- Training employees on company safety policies and procedures.
- Providing first aid to employees who sustained injuries in the field.

Medtronic, Cardiac and Vascular Group, Cardiac Rhythm and Heart Failure **2014 to 2020**

Position: CRHF Clinical Specialist, Inland Empire District, CA

- Assisting Electrophysiologists and Interventional Cardiologists in the implantation of permanent cardiac pacemakers, defibrillators, cardiac resynchronization therapy systems, and insertable cardiac monitoring by providing the physician with tools and guidance, as well as, testing the leads and system.
- Working closely with the physician in follow-up care and patient management in an office setting.
- Providing training and education to patients, nurses, and physicians on permanent pacemakers, defibrillators, and loop recorders.
- Working with a diverse group of patients, physicians, and staff to provide patient centered cardiac care.
- Contributing to consistently meeting or exceeding district and territory sales plan.
- Part of the 2015 President's Club territory.

Sharp Healthcare, Sharp Memorial Hospital, SICU, San Diego, CA **2013 to 2014**

Position: Critical Care Nurse in a progressive and diverse Surgical Intensive Care Unit.

Critically thinking and providing the highest quality of care to post-surgical patients including open hearts, heart transplants, LVAD placements, trauma surgeries, brain surgeries, head and neck surgeries, spine surgeries, and so on. Also, providing high quality care to neurological and trauma patients.

- Providing care to ventilated patients, managing the ventilator, weaning patients off ventilatory support, and assisting with intubation and extubation.
- Titrating and maintaining vasoactive drips including levophed, neosyneprine, dopamine, dobutamine, vasopressin, nipride, nitroglycerine, and so on.
- Monitoring and assessing hemodynamics in unstable patients and acting accordingly.
- Administering, maintaining, and weaning moderate/deep sedation.
- Assisting physician with placement of arterial, central venous, and Pulmonary Artery Pressure catheters.
- Providing the highest quality of care to trauma patients at a regional trauma center.
- Providing care to neurological patients with brain hemorrhages, hematomas, ischemia, and swelling by performing high quality neuro assessment.

JESSE G. STRAND, RN,BSN
2600 Esperanza Crossing
Unit 4207
Austin, TX 78758
512-200-1354
jessegstrand@gmail.com

Allina Health, Abbott Northwestern Hospital, CV-ICU, Minneapolis, MN **2011 to 2013**
Position: Critical Care Nurse and team member in a progressive Cardiovascular Intensive Care Unit.

Providing the highest level of nursing care to specialty cardiovascular patients in a critical care setting.

- Providing care to ventilated patients, managing the ventilator, and assisting with intubations.
- Titrating and maintaining vasoactive drips in levophed, neosynephrine, dopamine, dobutamine, vasopressin, nipride, nitroglycerine, and so on.
- Administering, maintaining, and weaning moderate/deep sedation.
- Assisting physician with placement of arterial, central venous, and Swan Ganz catheters.
- Measuring CVP, Pulmonary Artery Pressure/PAWP via a Pulmonary Artery Pressure catheter using wave form analysis.
- Performing cardiac output measurements using the fick and thermodilution methods.
- Providing care to therapeutic hypothermia cardiac arrest patients during the initiation, cooling, and re-warming phases using the Arctic Sun and Thermoguard cooling devices.
- Participating in codes and providing CPR/ACLS to patients who are arresting.
- Developing and using critical thinking skills to assess and manage critically ill cardiac patients.

Sharp Healthcare, San Diego, CA **2008 to 2011**
Position: Float Nurse – Providing the highest quality care to diverse patient population, ranging from observation patients, to complex, long-term ventilated patients.

Providing exceptional care on a wide variety of nursing units including Medical-Surgical, Telemetry, PCU, Pre-Procedural area, Cardiac Cath Lab Recovery and Short Stay Telemetry Observation.

- Document patient assessments in Cerner computerized charting system.
- Responsible for assessing and implementing Emergency Standing Orders in life-threatening patient conditions.
- Skills used in providing patient care include vital signs, in-depth patient assessment, IV starts, wound care, moderate sedation, arterial line pulls, patient and family education, blood and platelet administration, peritoneal dialysis, chest tubes and Foley catheters.
- Part of a team of health care professionals, collaborating to provide the best patient care.
- Admitting and discharging patients.
- Meeting the needs of patients and family, sensitive to the diversity of patient populations.
- Maintain the highest code of ethics and confidentiality.
- Managing heparin and insulin drips.
- Providing care to and treating DKA patients following protocol.

PRN Nursing, Inc., San, Diego, CA **2008 to 2009**

JESSE G. STRAND, RN,BSN
2600 Esperanza Crossing
Unit 4207
Austin, TX 78758
jessegstrand@gmail.com

PRN Nursing, Inc., San, Diego, CA **2008 to 2009** **Position: Travel Nurse – Providing the best quality nursing care to patients at Sharp Memorial Hospital on 5 West, PCU, as a contracted traveling Nurse.**

Travel Nurse position and floated to other Telemetry and Medical Surgical units at Sharp Memorial.

- Quickly adapted to different policies and procedures within the Sharp Healthcare System.
- Nursing care for complex ventilated patients.
- Interpret telemetry strips and notifying physician of rhythm changes.
- Implement Emergency Standing orders in life-threatening cardiac rhythms and unstable patients.
- Providing care and adapting to the diverse patient population with a wide variety of cultural backgrounds and being sensitive to patient/family needs on an individual basis.

University of Wisconsin Hospitals and Clinics, Madison, WI **2007 to 2008**
Position: Staff Nurse –Cardiothoracic Surgery Heart and Lung Transplant ICU/PCU.

- Taking vital signs, core health assessments and administering enteral, IV, SQ and IM medications.
- Managing and titrating drips, including insulin, diltiazem, and other post cardiac surgery medications.
- Transfusing blood products, administering TPN, as well as tube feedings.
- Managing care for patients with arterial lines and central venous lines.
- Flushing and administering medications through Dobhoff tubes and PEG tubes.
- Assessing and caring for patients with chest tubes, including Pleurevacs and Jackson Pratts.

Previous Employment

University of Wisconsin Hospitals and Clinics, Madison, WI **2006 to 2007**
Position: Student Nurse Assistant

Pines Three Assisted Living, Duluth, MN **2004**
Position: Home Health Aide

Education

University of Wisconsin-Madison, Madison, WI **2004 to 2007**
Bachelor of Science in Nursing
3.34 GPA

University of Wisconsin Colleges **2007 to 2007**
3.34 GPA

Lake Superior College, Duluth, MN **2003 to 2004**
Certificate, Prerequisites
3.82 GPA