# Kathryn Robles

#### RN, BSN

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I enjoy utilizing my 5 years of Management experience and 25 years in nursing to obtain a rewarding position where my management skills and talents are able to better the lives of clients as well as the organization as a whole.

Authorized to work in the US for any employer

# Work Experience

#### **Travel Nurse ICU**

Maxim Healthcare Group - Knoxville, TN September 2021 to Present

- Neuro/ Cardiac / Surgical ICU
- Titration of critical IV medicine
- COVID-19 isolation
- Proning bed expertise
- Ventilator expertise
- Target temperature management
- Cardiac/Neuro/Trauma/Psych expertise

# ICU team leader/ Infusion clinic coordinator

LaFollette Medical Center - LaFollette, TN February 2021 to September 2021

- ICU Cardiac/Neuro team manager
- Staffing/Unit planning
- Quality improvement
- Compliance audits
- Lead meetings
- Policy development and implementation
- Infusion clinic coordinator

## Registered Nurse Operations/ HOUSE Supervisor/Triage

Valley Presbyterian Hospital - Los Angeles, CA February 2019 to December 2020

Supervised all hospital operations for 200+ bed acute care hospital in Los Angeles.

Facilitated problem-solving process by guiding, counseling, teaching and assisting hospital personnel.

Triage nurse ER as well as telephonic.

Demonstrated experience in customer service and service recovery.

Able to build rapport with clients with an enthusiastic attitude

Solve problems with a keen attention to detail

A "let's work together" approach with open communication, excellence in service, integrity and accountability

Ability to build trust by working as a team member, as well as independently, with minimal supervision

Posses positive and professional demeanor

Ability to multitask and adapt to changes quickly

Excellent written and verbal communication skills

Strong computer skills

Intensive Care Unit Rn -

Registered Nurse Operations/ HOUSE Supervisor Henry Mayo Newhall Hospital

# LVN 5yrs/ RN 5yrs/ Intensive Care Unit RN/ Behavioral health Nurse/ Registered Nurse Operations/ HOUSE Supervisor/ED triage.

Henry Mayo Newhall Hospital May 2015 to February 2019

- Behavioral Health Unit 3 years
- Triage nurse ED 1 Year
- ICU RN 5 years
- Paralyzing agents and Train of Four management
- Arterial line management
- Non Invasive Cardiac Output Monitoring
- Intracranial pressure monitoring
- Ventilator and weaning management
- Post Percutaneous Cardiac Intervention assessment
- Ventriculostomy drain management
- Post TPA administration assessment
- Post CVA care and assessment
- Care of the Trauma Patient
- Rapid response team member
- ACLS trained

# **Definitive Observation Unit Registered Nurse**

Henry Mayo Newhall Hospital June 2014 to May 2015

- ICU cross trained
- Stroke NIHSS assessment
- Care of patient on ventilator
- Take part on care of rapid response situations

- Postoperative and preoperative care
- · Care of patient with high medical acuity

# Oncology Registered Nurse - Henry Mayo Newhall Hospital

Telemetry

May 2010 to June 2014

- 12 Lead EKG interpretation
- Cardiac Monitoring
- Alcohol and drug overdose patient management
- Continuous Bladder Irrigation Management
- Chest Tube management
- Blood products transfusion assessment
- Dialysis post care
- Intravenous, parenteral, blood transfusions care
- Direct patient admission assessment and care
- Patient discharge and education
- IV insertion and care
- Central line care
- Tracheostomy care
- Isolation patient care
- Palliative care
- Psychiatric Nurse
- Ensure medication compliance

#### **Resident Care Director/Wellness Coordinator**

Vintage Senior Living

October 2009 to May 2010

Directed care in 130 bed Assisted Living facility admitting clients with varying states of disability from independent to full care and Alzheimer and dementia care.

Resident Care Director/Wellness Coordinator - Capri retirement Villa RCFE

#### **Licensed Vocational Nurse**

Facey health care corporation October 2004 to May 2007

October 2004 - May 2007

• Managed care for 100 bed Assisted Living facility admitting clients with varying states of disability, from independent to full care and Alzheimer and dementia care.

Licensed Vocational Nurse (Multi-Specialty Clinic) - Facey health care corporation

#### LVN

New Start health care May 2004 to October 2004

back office multi-specialty clinic.

Licensed Vocational Nurse (Private duty nurse) - New Start health care

# **Primary Nurse**

Quadriplegic

September 2003 to February 2004

ventilator dependent ALS patient.

#### **Licensed Vocational Nurse**

Home Care

August 2001 to September 2003

- Managed care of clients in home, school & recreation settings
- Ventilator, GT, Tracheostomy, spinal cord injury care

Licensed Vocational Nurse (Supervisor) - Foothill Mental health & rehab

# **Licensed Vocational Nurse (Charge Nurse)**

Holiday Manor Alzheimer's Facility January 2000 to August 2001

January 2000 - August 2001

• 25 to 30 bed unit in a locked facility admitting clients with varying states of mental instability, psychotic or suicidal ideation with drug and alcohol addiction problems.

Licensed Vocational Nurse (Charge Nurse) - Holiday Manor Alzheimer's Facility

# **Licensed Vocational Nurse (Charge Nurse)**

Kearny Mesa Convalescent Hospital January 1999 to January 2001

April 1998 - May 1999

• Supervised 5 CNAs and care of 30 clients.

# Education

#### **Masters of Science in Nursing**

Carson-Newman University - Jefferson City, TN August 2021 to Present

#### **Bachelor of Science in nursing**

National University - Los Angeles, CA

# **Associates Degree in nursing**

College of the canyons

#### **Licensed Vocational Nursing in Nursing**

Maric ColLege of Medical Careers - San Diego, CA

#### **Medical assistant in Medical Assistant**

Concorde college of medical careers - San Diego, CA

# Skills

 Compassionate and dedicated medical professional with 24 years of hands-on experience in the field of healthcare. Committed to providing patients with outstanding care and support to help improve quality of life. Proven ability to collaborate with colleagues to foster a friendly and caring environment. Demonstrated capability of consulting with diverse family members, ensuring that they, as well as their loved ones are receiving the attention and guidance needed during highly stressful situations.

ACLS-PALS-BLS-NIHSS- MAB- WORKPLACE VIOLENCE TRAINING.

- Alzheimer's Care
- Critical Care Experience
- ICU Experience
- Laboratory Experience
- Medication Administration
- Nurse Management
- Nursing
- Management Experience
- Administrative Experience
- Dementia Care
- Hospice Care
- Epic
- Employee Orientation
- EMR Systems
- Supervising experience
- Management
- Nursing home experience
- Microsoft Excel
- Acute care
- Microsoft Word
- Triage
- Customer service
- Leadership
- Medical terminology
- Time management
- Conflict management
- Cerner
- Caregiving
- Patient Care
- Medical Records
- Phlebotomy
- Vital Signs
- Travel nursing
- Ventilator
- Computer literacy
- · Documentation review
- Microsoft Office
- English
- Hospital experience
- Home care

- Phone triage
- · Motivational interviewing
- Communication skills
- Medical office experience
- Windows
- Computer skills
- Discharge planning
- · Managed care
- Care plans
- Intake
- Case Management
- Venipuncture
- Anatomy Knowledge
- · Crisis Intervention
- Home health
- Infusion
- · Patient monitoring
- Adult education

# Certifications and Licenses

## RN

**BLS Certification** 

**ACLS Certification** 

**Compact State Nurse License** 

**PALS Certification** 

**CPR Certification** 

#### Assessments

# $\label{lem:management & leadership skills: Impact & influence - Highly Proficient \\$

February 2021

Choosing the most effective strategy to inspire and influence others to meet business objectives Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.