

# **Tenzin Youtso**

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## **SUMMARY OF QUALIFICATIONS:**

- Four and half years of experience as a certified nursing assistant in a hospital setting and six months of experience in a long-term care facility
- Dependable and responsible healthcare professional who uses therapeutic communication, critical thinking, and problem-solving skills while working with patients as a member of a collaborative interdisciplinary team
- Understanding of the confidentiality of patient information/data and the use of Epic software
- Certifications: CNA; Basic Life Support (BLS); Associate Nursing Degree; Bachelor Science of nursing
- Languages: Tibetan, Hindi, and English

## **HEALTHCARE WORK EXPERIENCE:**

### **Registered Nurse (Travel RN)**

Mayo Clinic hospital

Feb 22- Apr 22

Rochester, MN

- Admission and discharging patients
- Administrating medical surgical patients.
- Head to toe assessment

### **Registered Nurse (Hospital)**

June 21 – Feb 2022

Fairview Southdale Hospital

Edina, MN

- Administrating the medications to the patients on the neuro units.
- Educating the patient during discharge and new admission on the floor.
- Giving comfort care to the hospice patient in terms of pain control, comfortable position and oral care.
- Using evidenced-based practice in patient care.
- Neuro assessment on patient with neurological deficit.

### **Certified Nursing Assistant (Hospital)**

May 2017 – June 21

Fairview Southdale Hospital

Edina, MN

- Check patient's vital sign using clinical observation skills; document information into the database using Epic
- Utilize critical thinking and problem-solving skills while reacting to patients' behavioral or physical changes, reporting immediately any abnormalities to the primary nurse to ensure proper treatment
- Monitor patient's blood glucose using glucometer machine to detect and prevent hyperglycemia and hypoglycemia
- Assist patients with ambulation in the hallway using assistive devices to support balance and maintain safety

### **Certified Nursing Assistant (Long-Term Care)**

January 2017 - May 2017; September 2016 – February 2017

Heritage of Edina

Edina, MN

Golden Living Center

St. Louis Park, MN

- Assisted with patient's activities of daily living activities (ADL) such as feeding, bathing, dressing, brushing teeth, and toiletry using compassionate and therapeutic communication skills to build trust
- Successfully transferred patients from bed to wheelchair using ceiling and Hoyer lifts to prevent falls

## **CLINICAL NURSING EXPERIENCE:**

**Medical/Surgical (Hrs.); Orthopedics (Hrs.) - Hybrid** Hennepin County Medical Center (HCMC): Minneapolis, MN

- Dispensed medications to patients, preventing drug error by checking that the correct medicine and dosage was given to the proper patient
- Changed patient's dressings daily using sterile techniques to prevent wound infections
- Provided discharge education to both patients and family members using effective teaching skills to ensure thorough understanding of patient's care plan

**Oncology (Hrs.); Progressive Care Unit/Step-Down Ventilator (Hrs.)**

HCMC: Minneapolis, MN

- Initiated IV's and assessed patients' PICC lines/central lines for patency utilizing analytical and detail skills to ensure functioning. Collaborated with nursing staff to provide supportive palliative care for patients
- Conducted thorough head-to-toe assessments; provided appropriate tracheostomy care with suctioning; assured proper ventilator settings, and administered medications through PEG/J tubes for progressive care unit patients

**Pediatric-Emergency Room (Hrs.)**

HCMC: Minneapolis, MN

- Conducted head to toe assessments of pediatric patients using attention to detail and observational skills to ensure accurate recording of conditions

**Maternity-Labor and Delivery (Hrs.); Neonatal Intensive Care (Hrs.)**

Fairview Saint John's: Maplewood, MN

- Measured postpartum mother's fundus by palpating the abdomen to prevent excess bleeding after delivery
- Changed neonate's incontinent soiled pad and quantified the output by weighing the soiled pad

**EDUCATION:**

**Associate of Science—Nursing (GPA 3.6/4.0)**  
Minneapolis Community & Technical College

May 2021  
Minneapolis, MN

**Bachelor of Science Nursing.**  
Western Governors of University.

Dec 2022  
City walk, Utah