

Christy Andrews

Mattox1982@gmail.com | 228-424-0215 | Mattaponi, VA 23110

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse (RN) with a progressive career history in direct patient care, triage, care coordination, and nursing leadership in a fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude, and excellent customer service. I am a seasoned nurse offering proven clinical knowledge, natural interpersonal strengths, and technical abilities. Knowledgeable about EMR charting, medication administration, and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused and efficiency-driven leader.

WORK HISTORY

VCU Health System. Tappahannock, VA

Registered Nurse, Medical-Surgical Unit Contract | 01/2022 - Current

- Provided direct patient care, stabilized patients, and determined the next course of action.
- Performed emergency medical procedures such as BLS, ACLS, and other condition stabilizing interventions.
- Taught patients how to improve lifestyle choices, dramatically reducing the chance of symptom reoccurrence.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension, and other conditions.
- Collected blood, tissue, and other laboratory specimens and prepared them for lab testing.
- Utilized EPIC and documented data related to patient care such as medications, interventions, and patient responses.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Implemented medication and IV administration, catheter insertion, and airway management.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.

SKILLS

- Preventative Health
- Staff Supervision
- Precepting
- Intravenous Therapy
- Chronic Disease Management
- Infection Control and Aseptic Procedures
- Triageing
- Acute Care Expertise
- Infection Control Measures
- Indirect Patient Care
- Staff Leadership
- Tracheostomy Care
- EMR / EHR
- Oxygen saturation standards
- Patient and family advocacy
- Strong clinical judgment
- Medication Administration
- Patient Care Planning
- Organization and Planning
- Healthcare Administration
- Infection Control
- Treatment Planning
- Postoperative Care
- Removing sutures
- Patient Assessments
- Professional bedside manner
- Managing deadlines
- Proper catheter insertion/removal
- Blood Draw and Sample Collection
- High level of autonomy
- Critical Thinking
- Student Precepting

The Pavilion. Williamsburg, VA

Director of Nursing | 01/2019 - 01/2022

- Daily care for up to 24 patients Daily Assignment for staff Assisted in writing Valuables Policy Assisted with teaching staff 24-hour daily reporting CHRIS Reports.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.
- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients, and determined the next course of action.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to the highest standards of care.
- Audited charts and reviewed clinical documents to verify accuracy.
- Coordinated and implemented in-service educational programs focusing on safety and adherence to protocols.
- Managed nurses and nursing activities in a 66-bed hospital by providing comprehensive nursing guidance and maintaining outstanding patient satisfaction and care standards.
- Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals.
- Participated in management team meetings to discuss resident status, census changes, and resident complaints or concerns.
- Established and monitored infection control programs to provide a safe, sanitary environment to prevent transmission of disease and infection.
- Established new policies and updated existing policies to improve the standard of care for patients.

Richard Kempton. Williamsburg, VA

Registered Nurse | 02/2019 - 07/2019

- Supported personal care needs, shopping for groceries, and cleaning house.
- Traveled to patients' homes on daily basis to assess health conditions and provide a superior level of nursing care.
- Assessed patients' health conditions and asked appropriate questions to better understand current feelings.
- Provided all daily living tasks to enhance the quality of life for elderly patients.
- Responded to patient requests with appropriate clinical and personal assistance.

EDUCATION

South University

12/2021

BSN: Nursing

- Member of ANA and ANA
- Member of Sigma Theta Tau
- Member of National Nurse's Honor Society
- Graduated Magna Cum Laude

Mississippi Gulf Coast

Community College

Jackson, MS

2018

Associate of Arts Degree Pre-BSN

LGH School of Nursing

Lynchburg, VA

2006

Associate Degree: Nursing

Altavista High School

Altavista, VA

2000

Advance Diploma

CERTIFICATIONS

- OSHA Training-Blood Borne Pathogens
- OSHA Training- Hazardous Communication Program
- ACLS Certification
- Handle With Care De-Escalation Training
- BLS for Healthcare Providers

Autumn Care Of Altavista. Altavista, Virginia

Registered Nurse

- Provided direct patient care, stabilized patients, and determined the next course of action.
- Managed care from admission to discharge.
- Taught patients how to improve lifestyle choices, dramatically reducing the chance of symptom reoccurrence.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Collected blood, tissue, and other laboratory specimens and prepared them for lab testing.
- Educated patients, families, and caregivers on diagnosis and prognosis, treatment options, disease process and management, and lifestyle options.

Lynchburg General Hospital. Lynchburg, VA

Registered Nurse, Medical-Surgical Unit | 06/2006 - 07/2009

- Performed emergency medical procedures such as BLS, ACLS, and other condition stabilizing interventions.
- Provided direct patient care, stabilized patients, and determined the next course of action.
- Managed care from admission to discharge.
- Collected blood, tissue, and other laboratory specimens and prepared them for lab testing.
- Monitored patient reactions to drugs and carefully documented findings.
- Taught patients how to improve lifestyle choices, dramatically reducing the chance of symptom reoccurrence.
- Monitored patient vital signs to perform thorough condition assessments.
- Implemented medication and IV administration, catheter insertion, and airway management.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids, and oriented patients to the unit.