

# Crystal Zamora, BSN, RN

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## Objective

Compassionate and dedicated registered nurse currently working the critical care setting, experience includes IMC, ICU, COVID ICU, and Neuro ICU. Constantly seeking new learning opportunities and ways to implement evidence-based practice in nursing practice. Experience precepting student nurses and registered nurses. Capable team player with ability to create a positive and productive work environment.

## Education

### **BACHELOR OF SCIENCE IN NURSING | MAY 2020 | NEW MEXICO STATE UNIVERSITY**

- 3.7 GPA.
- Clinical practice in Medical Surgical, Telemetry, ICU, CVICU, NICU, and the Emergency Department throughout Nursing School.
- Dean's list Fall of 2016

### **HIGH SCHOOL DIPLOMA | MAY 2015 | CHAPARRAL HIGH SCHOOL**

- 3.8 GPA.
- Top 10% of graduating class.

## Experience

### **REGISTERED NURSE | AYA HEALTHCARE | FEBRUARY 2022-PRESENT**

- Travel registered nurse in the ICU and IMC (intermediate care unit). Provide care in a level three trauma center (Mountain View Regional Medical Center-13week contract).
- Experienced in providing 1:1, 1:2, and 1:3 patient ratio in the ICU depending on patient acuity.
- Experienced in providing 1:4 patient ratio in IMC.
- Proficient in MedHost.
- Administer oral, IV, and injections as directed; experienced in titrating drips. Ability to care for ventilated patients.

### **REGISTERED NURSE | LAS PALMAS MEDICAL CENTER | OCTOBER 2020-FEBRUARY 2022**

- Registered nurse in the intensive care unit. Provide care in a busy 34 bed unit, caring for COVID, medical, and neuro patients.
- Experienced in providing 1:1, 1:2, and 1:3 patient care depending on patient acuity.
- Detail oriented, ability to monitor patient closely and use nursing judgment to notify physicians of changes.
- Proficient in MEDITECH.
- Administer oral, IV, and injections as directed; experienced in titrating drips. Ability to care for ventilated patients.

## **BARISTA |DUNKIN' | 2017- 2018**

### **Skills & Abilities**

- Bilingual: Spanish and English
- Time management
- Proficient in MEDITECH charting system
- Interprofessional communication
- Ventilator management
- Ability to initiate and titrate medications

### **Licensure/Certifications/Awards**

- Registered Nurse- New Mexico (compact), #RN61170, expiration 02/29/2024
- ACLS certified, American Heart Association, expiration 10/2022
- BLS certified, American Heart Association, expiration 10/2022
- Crimson Scholar, New Mexico State University, Spring 2016-May 2020
- Dean's List, New Mexico State University, Fall 2017

### **References:**

Roxanne Schumacher, PHD, RN

**COLLEGE ASSISTANCE PROFESSOR**

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