**Madukaife Chinwe Helen**

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Am with 7+ years of experience providing quality care to wide variety of patients. I have a bachelor of nursing science degree from the University of Nigeria and a masters degree in maternal and child health nursing from the same university. Am looking for a suitable position with a responsible employer who will promote the development of my skills.

**PROFESSIONAL EXPERIENCE**

ENUGU STATE UNIVERSITY TEACHING HOSPITAL PARKLANE NIGERIA

Employed to work rotational shifts as part of a multidisciplinary healthcare team that is delivering general medical services to patients. I was first assigned to the General Out Patient Dept, from there i was posted to medical ward and thereafter, theater where I still work till today. Outlined are the duties I carried out in different sections I have worked.

**Theater (Perioperative Nurse)** **June 2016 -December 2021**

My duties in the theater as a perioperative nurse are to:

* Ensures that informed consent is obtained
* Ensure the surgeon explained the surgery very well to the patient
* Talk to the patient to alleviate fear and anxiety
* Ensure all necessary equipment for surgery are ready and sterile
* Make bed in the recovery room to receive patient after the surgery
* Set the instruments for the surgery on a trolley while maintaining a sterile environment
* Ensure a duplicate of each instrument to be used is available incase extra is needed
* Count all instruments to be used before the surgery starts and also before the abdomen is closed.
* Scrub in a surgery with the surgeons and assist them in the surgery by giving them instruments and making sure no instrument is forgotten in the patient’s abdomen.
* Maintain a sterile environment during surgery.
* Clean the patient and ensure the patient is comfortable
* Wash the instruments used and send them to the CSSD for sterilizing
* Record the patients name,age,sex,medical diagnosis, time of surgey in and out, name of surgery, and things used for the surgery appropriately.

**Medical Ward** (about 50 beds**) March 2015 – May 2016**

My duties in the medical ward were to:

* Receive patients admitted into the ward in a well made bed
* Take the vital signs of patients at the appropriate time required and chat it appropriately
* Monitor input and output chat of urine and stool regularly or as prescribed
* Give medications to patients as prescribed by the doctor and on time.
* Turning those patients that are bedridden to avoid bed sores.
* Administer oxygen to patients that needs it like patients with respiratory distress and monitor them regularly.
* Give and monitor iv fluids as prescribed and chat it appropriately
* Give Tube feeding to patients that are on NG tubes like unconscious patients and patients with damaged larynx or trachea.
* Give Bed bathing to patients that are bedridden and patients that are unconscious.
* Write report of all activities carried out on a patient appropriately.
* Prepare patients that are going for surgery by shaving them and dressing them appropriately for theater.
* Give health education to discharged patients and instruct them on how to take their drugs at home to achieve optimum wellness.

**GOPD Section** (about 250 patients daily) **January 2014 – February 2015**

My duties in the GOPD section of the hospital were to:

* Give health talk using visual aids like diagram with illustration and labeling to patients who came to see doctor.
* Prepare consulting trays for doctors and making available different laboratory forms.
* Check blood pressure, pulse, respiration, temperature, weight, and height of patients that came to see doctor and record in their folders.
* Carrying out blood sugar test of patients.
* Distribute patient cards to doctors for consultation
* Assist doctors in consultation especially when a patient of the opposite sex is to be examined
* Assist patients identify what section of the hospital they are referred to. That is for those that are referred to other departments in the hospital.
* Changing of wounds dressings for out-patients coming from home.
* Giving injections and medications to patients that require immediate treatments.
* Recording and keeping statistics of all the patients that were attended to for record purposes

**SKILLS AND COMPETENCES**

Good written and verbal communication skill

Ability to follow instructions

Ability to work under pressure and stress

Physically able to carry out all nursing duties

Good ICT knowledge

Ability to use resources efficiently

Good in observing hygiene codes and good infection control practice

**ACADEMIC QUALIFICATIONS**

UNIVERSITY OF NIGERIA ENUGU CAMPUS

Masters degree in nursing, January 2021

Bachelor of nursing sciences, December 2010

**CERTIFICATION**

Registered nurse, october2010

Registered midwife, January 2012

Registered US nurse (New Mexico Board), July 2019

Registered US nurse (California board) in process

ACLS. February 2022

BLS. February 2022

**REFERENCES** ------------------available on request