

# Stephen Coupe

Roanoke, VA

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Adaptable professional with 8 years of experience both in the field and in hospital and a proven knowledge of acute care facility, customer service, and emergency response. Aiming to leverage my skills to successfully fill the Registered Nurse role.

Authorized to work in the US for any employer

## Work Experience

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### **Cardiac/Vascular Preop/PACU**

Carilion Roanoke Memorial Hospital - Roanoke, VA

June 2020 to Present

- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
- Triage patients coming out of surgery
- Equipped patients with tools and knowledge needed for speedy recovery.
- Monitored patient condition, including interpreting and tracking ECG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Facilitated therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom re-occurrence.
- Ensure accuracy of patient charts/chart review

### **Paramedic**

Westchester Emergency Department - Midlothian, VA

August 2016 to February 2020

- Observe, record, and report to physician the patient's condition or injury, the treatment provided, and reactions to drugs or treatment.
- Assess nature and extent of illness or injury to establish and prioritize medical procedures.
- Triage patients on scene and make appropriate treatment determinations based on local protocols.
- Comfort and reassure patients.
- Operate equipment, such as electrocardiograms (EKGs), external defibrillators, or bag valve mask resuscitators, in advanced life support environments.
- Coordinate with treatment center personnel to obtain patients' vital statistics and medical history, to determine the circumstances of the emergency, and to administer emergency treatment.
- Attend training classes to maintain certification licensure, keep abreast of new developments in the field, or maintain existing knowledge.
- Administer drugs, orally or by injection, or perform intravenous procedures under a physician's direction.

## PARAMEDIC

### **Paramedic**

Richmond Volunteer Rescue Squad - Richmond, VA  
September 2014 to August 2018

- Communicate with dispatchers or treatment center personnel to provide information about situation, to arrange reception of victims, or to receive instructions for further treatment.
- Triage patients on scene and make appropriate treatment determinations based on local protocols.
- Operate equipment, such as electrocardiograms (EKGs), external defibrillators, or bag valve mask resuscitators, in advanced life support environments.
- Coordinate work with other emergency medical team members or police or fire department personnel.
- Attend training classes to maintain certification licensure, keep abreast of new developments in the field, or maintain existing knowledge.
- Administer drugs, orally or by injection, or perform intravenous procedures under a physician's direction.
- Administer first aid treatment or life support care to sick or injured persons in prehospital settings.
- Perform emergency diagnostic and treatment procedures, such as stomach suction, airway management, or heart monitoring, during ambulance ride.
- Observe, record, and report to physician the patient's condition or injury, the treatment provided, and reactions to drugs or treatment.
- Immobilize patient for placement on stretcher and ambulance transport, using backboard or other spinal immobilization device.
- Maintain vehicles and medical and communication equipment and replenish first aid equipment and supplies.
- Assess nature and extent of illness or injury to establish and prioritize medical procedures.

### **Emt/paramedic/dispatcher**

Amelia Ambulance Service Inc - HENRICO, VA  
November 2013 to August 2016

- Administer first aid treatment or life support care to sick or injured persons in prehospital settings.
- Triage patients on scene and make appropriate treatment determinations based on local protocols.
- Perform emergency diagnostic and treatment procedures, such as stomach suction, airway management, or heart monitoring, during ambulance ride.
- Observe, record, and report to physician the patient's condition or injury, the treatment provided, and reactions to drugs or treatment.
- Immobilize patient for placement on stretcher and ambulance transport, using backboard or other spinal immobilization device.
- Maintain vehicles and medical and communication equipment and replenish first aid equipment and supplies.
- Assess nature and extent of illness or injury to establish and prioritize medical procedures.
- Communicate with dispatchers or treatment center personnel to provide information about situation, to arrange reception of victims, or to receive instructions for further treatment.
- Decontaminate ambulance interior following treatment of patient with infectious disease and report case to proper authorities.
- Operate equipment, such as electrocardiograms (EKGs), external defibrillators, or bag valve mask resuscitators, in advanced life support environments.

- Drive mobile intensive care unit to specified location, following instructions from emergency medical dispatcher.
- Coordinate with treatment center personnel to obtain patients' vital statistics and medical history, to determine the circumstances of the emergency, and to administer emergency treatment.
- Coordinate work with other emergency medical team members or police or fire department personnel.
- Attend training classes to maintain certification licensure, keep abreast of new developments in the field, or maintain existing knowledge.
- Administer drugs, orally or by injection, or perform intravenous procedures under a physician's direction.

EMT

### **EMT**

Medical College of Virginia Emergency Department - Richmond, VA

January 2012 to January 2014

- Perform emergency diagnostic and treatment procedures, such as stomach suction, airway management, or heart monitoring, during ambulance ride.
- Observe, record, and report to physician the patient's condition or injury, the treatment provided, and reactions to drugs or treatment.
- Triage patients on scene and make appropriate treatment determinations based on local protocols.
- Assess nature and extent of illness or injury to establish and prioritize medical procedures.
- Communicate with dispatchers or treatment center personnel to provide information about situation, to arrange reception of victims, or to receive instructions for further treatment.
- Operate equipment, such as electrocardiograms (EKGs), external defibrillators, or bag valve mask resuscitators, in advanced life support environments.
- Coordinate with treatment center personnel to obtain patients' vital statistics and medical history, to determine the circumstances of the emergency, and to administer emergency treatment.
- Attend training classes to maintain certification licensure, keep abreast of new developments in the field, or maintain existing knowledge.

## Education

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### **Associates in Applied Science in Registered Nurse**

JOHN TYLER COMMUNITY COLLEGE - Chester, VA

September 2018 to May 2020

### **Associates in Applied Science in EMS - Paramedic**

J. SARGEANT REYNOLDS COMMUNITY COLLEGE - Richmond, VA

June 2016

## Nursing Licenses

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### **RN**

Expires: June 2022

State: VA

## Skills

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- Proficient in EPIC/Connect Care  
Proficient in reading ECGs
- Nursing
- EMT Experience
- Medication Administration
- Hospital Experience

## Certifications and Licenses

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### **BLS Certification**

### **ACLS Certification**

### **EMT Certification**

## Assessments

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### **Work Style: Perseverance — Highly Proficient**

May 2020

Staying focused on a long-term goal despite difficulties, valuing productive use of one's time, and striving for excellence

Full results: [Highly Proficient](#)

### **Medical Terminology — Highly Proficient**

May 2020

Understanding and using medical terminology

Full results: [Highly Proficient](#)

### **Electronic Health Records: Best Practices — Highly Proficient**

August 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.