

# Harjot Singh, RN, BSN, CCRN

Email: hsupall@gmail.com

Phone: (209) 812-5969

Address: 2490 3<sup>rd</sup> St Gilroy, CA 95020

## Education

---

### West Coast University

Graduation: 04/2020

- *Bachelor of Science in Nursing*
- GPA: 3.96/4.0
- Summa Cum Laude/Valedictorian
- 7x Dean's List Nominee
- PALS Student Tutor

## Work Experience

---

### Regional Medical Center San Jose, CA MICU Trauma Level 2

08/2021-Present

- Managed and cared for patients with a diagnosis of COVID-19 pneumonia, ARDS, acute respiratory failure, complications related to liver disease and renal disease, upper and lower gastrointestinal bleeding, drug overdose, post-cardiac arrest management, and different types of shock including cardiogenic and septic.
- Administered and safely titrated intravenous medications including vasopressors, inotropes, paralytics, sedatives, analgesics, and antihypertensive medications in accordance with unit policy and procedure and clinical judgment.
- Monitored and managed patients while on the ventilator, obtained and interpreted ABG results, collaborated with respiratory therapists to make appropriate changes to improve the patient's condition.
- Monitored and interpreted cardiac rhythm monitoring strips and provided intervention as necessary.
- Demonstrated autonomous, expert critical-thinking skills to determine patient care priorities.

### Community Regional Medical Center Fresno, CA NSICU Trauma Level 1

01/2021-08/2021

- Delivered care, but not limited, to patients with the following critical medical conditions: strokes, TBI, anoxic brain injury, status epilepticus, AV malformations, hydrocephalus and meningitis.
- Other responsibilities including managing EVD drain, lumbar drains, measuring intracerebral pressure (ICP), Completing thorough neurological assessments to both conscious and unconscious patients, managing emotional distress with family members, assisting in the end-of-life care and facilitating brain death testing.
- Assist with sterile bedside procedures such as placements of central lines, arterial lines, chest tubes, EVD/Bolt monitors, lumbar puncture, bronchoscopy, and other needs

### Natividad Medical Center Salinas, CA Trauma Level 2

08/2020 – 01/2021

- Worked through various units including Medical-Surgical, Intermediate Care, Telemetry and ICU in order to perform nursing duties in support of patients in different settings. Provided patient care including assessment, planning, implementation, evaluation and proper documentation. Managed patient centered care that is outcome directed to ensure individualized plan of cares were developed and met to restore patient health to maximum potential.

## Professional Enrichment

---

### CRNA/Anesthesiologist Shadowing

07/2021 – Present

- Through collaboration with OR staff members allocated time in order to follow and observe the day-to-day tasks of a CRNA as well as an Anesthesiologist.
- Performed patient assessments to create anesthesia plan focusing on patient medical history, anticipating possible complications, physiological monitoring during the operation and post anesthesia recovery.
- Learned about components of three phases during anesthesia including induction, maintenance, and emergence.

### Line Awareness Management Project

06/2021 – 07/2021

- Launched a unit educational review over importance of labeling IV tubing with correct medication and time the set was initiated to accurately determine need for replacement in order to reduce the amount of colonization present therefore reducing chance of infection in patients.
- Create an organized approach and emphasized of using eye trace method during handoff to ensure each IV line is running with the correct medication/dose to the dedicated site and preventing possibilities of dislodgement with other monitoring lines such as EVD drain tubing, arterial line transducers and CVP lines.

### American Association of Critical Care Nurses

01/2021 - Present

- Partake in seminars in order to be up to date with evidenced-based practice in the clinical setting to apply towards daily care in order to improve patient outcomes.

## Community Experience

---

### Feed My Starving Children

03/2019 – 04/2020

- Volunteered in hand packing nutritious meals specifically designed to assist in reversing and preventing undernutrition in underrepresented global areas. Then assisting in loading packages onto shipping trucks to be distributed to various partnered countries around the world including Mexico, Nigeria, India and many more.

### Khalsa Aid

06/2012 - Present

- Assisted in gathering basic necessities including food, clothing and toiletries to distribute in areas of population with homelessness. Also, coordinated in directing them to free clinics in order to obtain healthcare for underlying and untreated medical illnesses.

## Certifications & Licensure

---

- Registered Nurse: California Board of Nursing (Exp: 12/31/2023)
- CCRN: Score 108/125 (01/2022)
- AHA BLS (Exp: 05/2022)
- AHA ACLS (Exp: 11/2022)
- PALS
- NIHSS (Exp: 04/2023)

