

Kristy Welles

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Professional Summary

Initial training as a surgical technician, progressing to RN in the region's Level 1 trauma center-Harborview Medical Center-the majority of an operating room career (approximately 21 years) specializing in surgical trauma nursing. Thirty plus years as an RN in the operating room with a strong trauma background. Ability to provide quality nursing services in trauma/general surgery, orthopedics, sports medicine, neuro, gyn/urology, otolaryngology, vascular, and plastics including craniofacial reconstruction, both scrubbing and circulating. Past ophthalmic experience of three years.

Education

- RN licensure 08/88
- Shoreline Community College: 1984-1988 Associate of Arts Degree in Nursing
- Seattle Central Community College: 1977-1978 - Surgical Technologist Program and Certification
- N. Seattle Community College: 1976 - Emergency Medical Technician Training
- Shoreline Community College: 1974-1976 Associate of Arts Degree with Health Sciences emphasis

Experience

First Hill Surgery Center, Seattle (April 2022-Current)

Virginia Mason Medical Center, Seattle (August 2020- August 2021)

Swedish Medical Center, Edmonds/Seattle (January-February 2020)

Proliance Surgery Center, Kirkland (February 2020)

Covid-19 Shutdown of Surgery Departments March-May 2020

Sound Surgeons Surgery Center, Everett (May-July 2020)

University of Washington, Seattle, WA (03/2019-12/2019)

Skagit Valley Hospital, Mount Vernon, WA (11/2018-2/2019)

Eviva Bariatric Surgery Center, Shoreline, WA (3/2017-10/2018)

Overlake Hospital, Bellevue, WA Inpatient Surgery-Evening Charge RN (9/2017-9/2018), Outpatient Surgery (3/2017-9/2017)

UW Medicine/Northwest Hospital and Medical Center, Seattle, WA Operating Room (11/2013-12/2016)

Providence Medical Center (Colby Campus), Everett, WA Operating Room (10/2012-10/2013) contracted with Cross Country Travel Corps

Swedish Medical Center, Seattle, WA Neurosurgery Operating Room (7/2009-9/2009), General and Multi-Specialties Operating Room (8/2010-6/2011) Endoscopy Center Pre/Post (10/2011-6/2012)

University of Washington Medical Center, Seattle, WA Main Operating Room (1999-2002, 2003-2007), Ambulatory Surgery (2007-2010)

Evergreen Hospital and Medical Center, Kirkland, WA Operating Room (1/2010-6/2010)

Harborview Medical Center, Seattle, WA Operating Room (1988-1999, 2004-2007)

Stevens Hospital, Edmonds, WA Operating Room (2002-2003)

- Skilled to work as part of a interdisciplinary team including physicians, nurses and ancillary staff
- Familiarity with multiple medical/surgical processes, diagnoses, treatment, protocols
- Competent and knowledgeable of surgeons/physicians/staff needs, techniques and requirements
- Proficient using Electronic Medical records/charting in Epic, strong organizational, interpersonal, and written skills
- Selection, preparation and knowledge of equipment, instruments and supplies required for surgical/diagnostic procedures, experienced in scrubbing/circulating a vast spectrum of services
- Pre-op admitting, IV starts

Surgical Technician 06/78

Harborview Medical Center, Seattle, WA Operating Room (1978-1982, 1986-1988)

Cairo, Egypt Operating Room (1982-1984)

Northwest Hospital, Seattle, WA Operating Room (1984-1986)

- Trauma-trained systematic approach to patient care in unpredictable situations
- Anticipating the needs of the team with critical thinking
- First-assisting the surgeon as needed, particularly laparoscopic procedures requiring adept handling of the intra-operative camera

Qualifications/Accomplishments

- Current Washington RN license
- Current BLS/ACLS Certification
- Certified: IV Skills for Nurses

Other Interests

- Adventure through travel and experiencing various cultures
- Enjoy learning languages becoming nearly fluent in Arabic. Worked sixteen months in Cairo, Egypt's hospitals