**UDUAK “JUDY” UDO**

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**Objective:** Looking for an opportunity to work as a nurse for a reputable hospital or home health agency.

**EDUCATIONAL BACKGROUND:**

Oklahoma City Community College, Oklahoma City, OK

Associate of applied Science in Nursing, December, 2017

**WORK EXPERIENCE**:

**Registered Nurse, RN – May, 2019 to Present**

*Cedar Ridge Hospital, 7600 NW 23rd Street, Bethany, OK 73008*

* Provides care for children, adult and geriatric residents.
* Performs physical and behavioral assessments of residents.
* Design and implements residents’ treatment plan.
* Evaluates residents’ response to treatment and provide complete documentation of care.
* Administers medications as prescribed.
* Provides healthcare education for residents and families.
* Collaborates with psychiatrists and therapists for the optimal care of residents.
* Supervises the duties of the Mental Health Techs to ensure that residents are maintained in a safe environment.

**Registered Nurse, RN – March, 2018 to May, 2019**

*OU Medical Center, 700 NE 13th Street, OKC, OK 73104*

* Provides nursing care to a variety of patients with health problems.
* Assesses and monitors all physiological, psychological, and mental status of patients and intervenes when necessary.
* Observes and documents patient responses to prescribed medical treatments and nursing interventions.
* Monitors trends in patients’ vital signs and lab values.
* Administers medication as prescribed including intravenous infusions and blood products.
* Interacts with family and patient in sharing care plan while in hospital and at time of discharge.
* Educates patients on disease process, medications and nursing procedures.
* Makes referrals regarding patient care needs to appropriate personnel.
* Delegates tasks to support staff.

**Care Team Associate / Safety Attendant**– July, 2017 to March, 2018

*OU Medical Center Hospital, 921 NE 13th Street, OKC, OK 73104*

* Takes and records vital signs.
* Perform blood glucose monitoring.
* Sets up and discontinues telemetry monitoring.
* Performs bladder scanning and EKG monitoring.
* Works under direct supervision of the RN in collaboration with the patient and family.
* Continuously monitors the patient’s health status and implements the plan of care.
* Reports symptoms and significant changes in patient’s condition or behavior to RN.
* Keep patient’s room in clean and orderly condition: make beds, replaces soiled linen.
* Assist patients with ADLs and baths.

**Certified Nursing Assistant –** August, 2015 to July,2017

*Gardens @ Rivermont Assisted Living Facility,750 S. Canadian Trails Drive, Norman, Ok 73072*

* Assisted elderly residents with care in assisted living / memory care floors.
* Transferred residents to and from dining room and activities.
* Administered medications and monitored vital signs.
* Ambulated and repositioned residents.
* Provided companionship.

**Certified Nursing Assistant –** January, 2013 to August, 2015

*Medical Park West Rehabilitation & Skilled Care Center,3110 Healthplex Pkwy, Norman, Ok 73072*

* Assisted clients with activities of daily living (ADLs), while rehabilitating to regain function.
* Performed variety of duties that are important to client’s comfort and recovery.
* Monitored vital signs, pain level and changes in health status.
* Used hoist lifts, sit and stand lifts, gait belts to ease the transfer of clients from surface to surface.
* Assisted with feeding of clients.
* Provided companionship and encouragement.

**Nursing Assistant / Home Health Aide** – March, 2011 to December, 2013

*At Home Care Inc., 1901 N. Classen Blvd, Oklahoma City, Ok 73106*

* Assisted clients at home with activities of daily living (ADLS), while encouraging independent tasks.
* Monitored vital signs, mental and physical status.
* Redirected, offered choices, played games and read to clients.
* Used good communication skills to ascertain need for assistance, social and emotional support.
* Maintained hourly documentation and log books.
* Reminded clients to take prescribed medications.
* Prepared meals, assisted in feeding, and did light housekeeping.
* Assisted in transferring clients from wheelchair to chair and to bed.

**Direct Support Personnel (DSP) –** August, 2010 to August, 2012

*Independent Opportunities Inc., 3000 United Founders Blvd, Oklahoma City, OK 73112*

* Provided home health aide services.
* Transported clients to and from work, social events, and hospital appointments.
* Used good conversational skills and sense of humor to lessen client’s aggressiveness.
* Maintained timely and accurate documentation.

**Summary of Qualifications / Skills:**

* Compassionate and caring healthcare personnel with more than ten years’ of experience in a healthcare setting including hospital, community, and home health services.
* Possess a good understanding and the capability of relating with the sick/aged as well as mentally challenged individuals.
* Excellent interpersonal relationship. Work well both independently and as a part of a team.
* Excellent communication skills, organizational skills and detail oriented.
* Able to quickly learn and adapt to new situations and environments.
* Driven to achieve workplace goals and success.

**CERTIFICATIONS:**

Associate Degree in Nursing(ADN)– December, 2017; Oklahoma City Community College, OKC, OK Certified Nursing Assistant (LTC/HHA) – December, 2011; Moore Norman Tech., Oklahoma City, OK

Pharmacy Technician Certificate (CPhT) – March, 2011; Moore Norman Tech., Oklahoma City, OK

Medication Administration Technician (MAT) – September, 2010, Moore Norman Tech., OKC, OK

**COMMUNITY INVOLVEMENT:**

Volunteer for Walk to end Alzheimer – October, 2017

Daily Living Center Adult Day Care Community service – June, 2016

Breast Cancer Awareness Walk – September, 2014

**REFERENCES:**

*Available Upon Request*