

SARAH SILBERMAN RN.BSN.MSN.

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Career Summary

As a Registered Nurse, five year Medical-Surgical-trauma-Orthopedic RN. COVID and Rehab experience. Clinical Instructor for Texas Tech for one year. Open to new experiences to teach, learn, and help others succeed. Advancing myself in my career by keeping my skills up to date, and keeping up with bedside practice. Five year plan: continue to travel nurse and educate students in their clinical setting.

Personal Skills

- | | |
|--------------------------|-------------------------------|
| - Punctual | -Professionalism |
| - Meditech Charting | |
| - Epic Charting | -Microsoft Word |
| -Self-Motivator | -interpersonal communications |
| -Goal Setter | -Positive bed-side mannerism |
| -Productive | -Team player |
| - Enthusiastic caregiver | - Keen learner |
| -High stamina | -Trustworthy |
| -Loyal | -Adaptable |
| -Time Management | -Patient and Student friendly |

Work Experience

RN (Registered Nurse)

AMN travel agency

Covenant Medical Center

Medical-Surgical/Telemetry Floor

Epic charting

02/2022-03/2022

Lubbock, TX.

RN, Clinical Instructor

Texas Tech University School of Nursing

As a clinical instructor, nursing student's success and education are the priority. My role includes: skills check offs, introducing new skills and setting expectations for the students. Collaborate with professors and other clinical instructors to ensure quality education and guidance is being presented. Skills: Foley insertion, IV, and colostomy care. Assist professors with grading clinical prep packs, and being present for students. Group size from 8-10 students. Ensuring the material is being understood and met to proceed with the skills and confidence to learn and excel. Having my BSN.MSN has opened new doors for me to be more independent and confident in my role as an RN and educator.

01/2021-Present

El Paso, TX.

RN (Registered Nurse)

Las Palmas Medical Center

Orthopedic/surgical/trauma/medical floor; orthopedic surgeries, medical surgeries; knee, hip, shoulder, back surgeries, amputations, repairs, I and D. Various medical surgeries ranging from appendectomies, cholecystectomies to cystectomies. Medication distribution and pain control, patient comfort and safety. Constant communication with the interprofessional team. Follow protocols for discharging and admitting patients in a safe and timely manner. Meditech charting. Work as a team member and as a delegator to assure things get done properly for the staff and the patients. Patient advocate.

06/2018-04/2022

El Paso, TX.

**Dietary (Catering Associate)
Morrison**

**05/2016- 06/2018
El Paso, TX.**

Provided guest service to all patients that I attended to by delivering their breakfast, lunch, dinner, and snacks when ordered in a timely manner. Sought to each of my patients were comfortable and satisfied with their food and service I gave during their hospital stay. If an error occurred, I was sure to correct it to the patient's preference. I brought to attention errors in paperwork about known allergies, I verbalized it to the RN on staff, my manager, as well as the dietitians to guarantee a correction to prevent any further error of delivering the wrong food to the patient's rooms.

**Camp Counselor
Camp Kadima**

**06/2006-present
El Paso, TX.**

As a counselor, I provided care to the campers on a daily basis. Assured the campers were safe during their time at the camp, assisted changing diapers, using the restroom, washing hands, serving lunch, changing for swimming or any other activity that required changing. While on field trips, maintained order to assure everyone stayed together and everyone participated in the activities. Motivator for activities such as cooking, dancing, singing, swimming, arts and crafts, horseback riding, etc. Camper's advocate; parent informant. This camp was surely one that got me out of my comfort zone and started the building blocks for communication, and teamwork and punctuality and much more.

**Concession supervisor
Cinemark West**

**05/2008-05/2013
El Paso, TX.**

Started off as an employee; provided guest service and handled cash on a daily basis. Transferred to supervisor, assisted with the hiring process, trained new employees. Guided employees to learn how to provide the best guest service they could give with reaching daily goals and service times. Created contests to make the shifts exciting and enjoyable, printed employee schedules, conducted meetings, and counseling to employees who needed it. Delivered managerial services to guests who did not receive the service they expected. Overall, made sure my team did their job to the fullest and the guests were happy visiting our facility.

Education and Training

**Masters of Science: Nursing
Grand Canyon University**

**2/2019- 12/2021
Phoenix, Arizona**

Attained my MSN in Nursing Education

Bachelor of Science: Nursing

**05/ 2018
El Paso, TX., USA**

University of Texas at El Paso

Attained a Biology minor

Attended multiple community services,

ALS walk, donated to Hurricane survivors, children, and adults

Visited Battered Woman shelters to provide help and screenings

**High School Diploma
Coronado High School**

**2010
El Paso, TX., USA**

Member of Orchestra from 2007-2010

Member of dance class that participated in dance performance

Member of Journalism Club, yearbook associate

Special needs assistant, PRN

Currier for the main office

BCLS Trained

**03/2022
El Paso, TX.**

Del Sol Medical Center

Las Palmas Medical Center

Expires 03/2024

ACLS Trained

Del Sol Medical Center
Las Palmas Medical Center
Expires 03/2024

03/2022
El Paso, TX.

Trauma Nurse Core Course

Emergency Nurses Association
Las Palmas Medical Center
Del Sol Medical Center

08/2020
El Paso, TX., USA

Volunteer Opportunities

TNSA (volunteering)

2016-2018

Attained 68 hours plus in community service
Visited shelters
Donated clothing and time to people in need after disasters
Performed health screening on woman and children
Trained for the Texas 1,2,3 BLS site
Delivered meals to people in need

El Paso Children's Hospital (volunteering)

2015-2016

Assisted in the children's library, reading and restacking books
Assisted RN with cleaning patient's fun rooms
Participated in Halloween parades in the children's unit
Volunteered in fundraising for the hospital