

# REGISTERED NURSE

EMELDINE FRI ACHILI

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## PROFILE

Dedicated skilled RN with multiple years of health care experience (4 years) a step down Medical-Surgical setting, telemetry unit, long term care, critical care, neurology, labor and delivery room, HIV/AIDS patients, and psychiatry units. Academic background includes a bachelor's degree in nursing from Grand Canyon university, an Associate degree in Nursing from Florence Nightingale Higher Institute of Health and Biomedical sciences Bamenda -Cameroon, BLS and ACLS certified.

## EDUCATION

- Grand Canyon University- RN to BSN (May 2020- May 2021)
- Florence Nightingale Higher Institute of Health and Biomedical Sciences, Bamenda-Nkwen - Cameroon: Associates degree in Nursing from October 2011 to August 2014
- Trinity Nursing Academy, Frederick MD-CNA/GNA from January 2018 to March 2018
- BLS and ACLS certified (2020).

## SKILLS

- Nurse preceptor and Charge nurse.
- Proficiency in conducting admissions assessments and patient discharge.
- Medication and blood administration with monitoring.
- Monitoring critical Drips and labs; Insulin drips, Heparin, Argatroban, Lidocaine, Ketamine and Hydromorphone drips, Ropivacaine drips.
- Wound dressing, NGT tube insertion, Foley insertion and removal, JP and Acordian drains management, PCA pumps activation and setting, wound Vac change.
- Prioritizing care and patient education.
- Maintaining proper Infection control techniques and fall risk prevention.
- Good team player with good communication and convincing skills
- Fluent in both English and French languages

## EXPERIENCES

- **Essentia Hospital Fargo (Travel Nurse) - December 15, 2021, to present.**

Admission, transfers, and discharges of post operative patients, Ortho, neuro, and GI patients.

Patient education and documentation -Epic, Med Connect, Scorian.

Medication and blood products administration.

Wound dressings and blood draw.

Patient advocacy

Bed bathes, grooming and patient repositioning.

Pain management techniques and infection prevention methods.

- **Sanford Hospital Fargo (Travel Nurse) – From September 2021 to December 2021.**

**RN on Covid floor, Med surg floors, oncology units, Ortho and neuro floors.**

- **-Howard University Hospital (Travel Nurse)- Since January 2021 to August 2021- Crises float Nurse on a COVID-19 unit, IMC and med-surg Tele units.**

- Monitor covid patients, medication administration, documentation, assist with activities of daily living, wound dressing, IV setup and infusions, activating of rapid response, patient education, admissions, transfers, and discharges.

- Admissions and transfers of PUI patients to various units.

- Patient advocacy

- Nurse- physician, patient, family members relationship.

- Charge nurse duties for several different Medical Surgical units.

**-Medstar Washington Hospital Center- Clinical Nurse from July 2019 to January 2<sup>nd</sup>, 2021**

- Crisis nurse on a covid unit.

- Med- Surg nurse on a step-down unit.

- Admission, transfers, and discharges.

- Patient education and documentation -Med Connect, Scorian.

- Medication and blood products administration.

- Wound dressings and blood draw.

- Patient advocacy

- Bed bathes, grooming and patient repositioning.

- Pain management techniques and infection prevention methods.

**Providence Hospital (Cameroon) - June 2016- May 2017- Labor and Delivery nurse**

- Assist in pre-natal visits, medication administration, fetal heart rates, weight monitoring
- Delivery of the fetus naturally and assist during Ceaserian section
- Care of mother and baby post delivery
- Cervical dilatation assessment during labor
- Teaching pre and post delivery
- Management of post partum haemorrhage and complications in pregnancy
- Admission and discharge

**Charting systems: Epic and Cerner**

-SUNRISE SENIOR LIVING, FREDERICK MD-CNA/GNA, SINCE AUGUST 2017 TO MARCH 2018

**Certified Nurse Assistant**

- Manage case load for 8 residents.
- Assisted residents with Activities of daily living like showering, grooming, feeding, ambulating, incontinent care/oral hygiene.
- Update supervisors on any changed noticed in residents
- Assist charge nurse in intake assessments for patients.

-NORTH HAMPTON NURSING HOME AND REHABILITATION CENTRE- Since March 2018 to March 2019

- **Certified Nursing Assistant/Geriatric Nursing assistant**
- Manage case load for 16 residents.
- Assisted residents with Activities of daily living like showering, grooming, feeding, ambulating, incontinent care/oral hygiene.
- Update supervisors on any changed noticed in residents
- Assist charge nurse in intake assessments for patients.
- Manage case load for 16 residents.

-Visiting Angels Home health Agency, Frederick MD -February 2018 to March 2019

**Certified Nursing Assistant/Home health Aide**

Assist clients with ADLs.

Run errands for clients.

Prevent falls in fall risk clients.

Go for medical appointments with clients.

Medication reminders

Vital signs monitoring

- Daniel Muna memorial hospital-Douala- Cameroon from May 2015 to August 2016 as a registered nurse in med-surg department
- Providence clinic -Douala-Cameroon from December 2015 to May 2016 as a nurse midwife
- Baptist hospital Yaounde-Cameroon as a nurse and psychosocial worker for HIV/AIDs patients from September 2016 to May 2017

#### **LANGUAGES**

English and French (100% written and spoken).

